

Family Page

A SPIRITUAL GROWTH CHART

Here is a project to help your children find out how much they have grown.



- 1 Give a sheet of paper to each child. Assign a "helper" to preschoolers who cannot write yet.
- 2 Write the numbers from one to whatever age the child is now, leaving space after each number to write.
- 3 Now, with your help, each member can write in the numbered lines the things they can do now that they could not do when they were that age (for example, a child of one cannot talk, write, read, or pray).
- 4 Each year, the list will get smaller. By the time they reach their current ages, they will be able to see how much they have learned and how they have changed.
- 5 One evening, take out the family photo album so all can see that their growth has been physical as well as mental and spiritual.
- 6 Talk to your children about your own childhoods: what you did, what you wanted to be when you grew up, what your classes were like, and so forth. It will help the children to realize that their parents did not spring up as full-grown adults, that it took years of learning, growing, and working to become what they are today.



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Answer to Hidden Help: JAR + M - ARM + NEST - N + MOP - TOP - M + BUS - B = JESUS

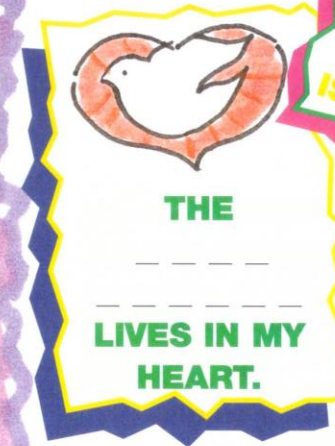
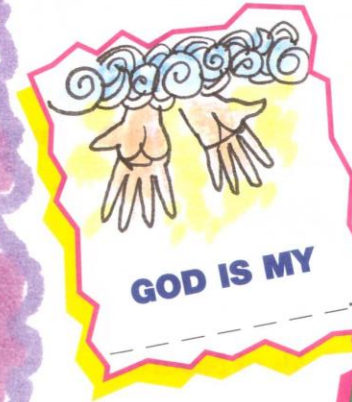


explaining GOD'S WORD

Seventh Sunday in Ordinary Time (A) • Matthew 5:38-48 • February 19, 2023

Growing in Faith

When you were a tiny baby, you didn't know anything about God. Using the words in the word list, fill in the blanks to show how much you have learned.



CREATOR
JESUS
HOLY SPIRIT

Now write down one more thing you have learned about God.

a lot like Jesus!!

When Jesus was just a newborn baby,
 God had a plan for him.
 But first Jesus had to grow up.
 He had to learn about the world.
 He had to learn to be a man.
 He had to learn about people and their needs,
 so he could do his Father's work.

When baby Jesus became a boy,
 he was a lot like you.
 He played in the fields of Nazareth
 and carved wooden boats to sail in the lake
 and went on hikes in the woods with Joseph
 and studied hard in school,
 so he could do his Father's work.

God has work for you to do —
 someday when you are big.
 But first, like Jesus, you will grow up.
 You will play with your friends.
 You will learn about Jesus.
 You will learn about the world.
 You will learn to serve God by serving others,
 so you can do God the Father's work!



Hidden Help

God the Father knows how really good you can be. If you need help to become the best YOU of all, there is Someone who can show you the way. Solve the rebus to see who your Helper is.

