



*Sharing God's gifts,
Serving others,
In Christ's Love*

5020 - 7th Avenue, Regina, Saskatchewan S4T 0S1
Office Phone: 306-545-4051
Office Hours: Monday to Friday: 9:30 am to 3 pm.

Web Site: www.stcecregina.com
Parish Administrator: Father Oliver Inchody, CMI, Ph.D.
Office Coordinator: Amber Gabriel

E-mail: contact@stcecregina.com
Associate Pastor: Father John Weckend
Caretaker: Merv Harrick

St. Cecilia parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak (neh HEY o wuk), Nahkawé (NUK ah way), and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

Fourth Sunday of Lent, March 19, 2023



"Not as man sees does God see, because man sees the appearance but the Lord looks into the heart." 1Samuel 16:7

How often do we invest our time, talent, and treasure in creating an appearance that does not matter at all to God? We strive to impress with our clothing, home, career, possessions, car, and other marks of distinction. But none of these illusions of greatness will impress God.

Instead, He will look into our hearts to see how much we loved Him, how much we loved others and how we showed that love by the way we used our time, talent, and treasure here on earth.

This Week's Masses

Monday	Mar 20	No Mass.
Tuesday	Mar 21	7 pm – RIP Herman Waeyen requested by Maryanne Waeyen. Eucharistic Adoration and Individual Reconciliation after Mass - 7:30 to 8:30.
Wednesday	Mar 22	10 am – RIP Quinto Breda requested by Ines Breda.
Thursday	Mar 23	10 am – Intentions of Htoo Dae Soe Wah Ta requested by the Wah Ta Family.
Friday	Mar 24	10 am – RIP Ben Ferner requested by the St. Cecilia CWL.
Saturday	Mar 25	7 pm.
Sunday	Mar 26	10 am.

Sunday Livestream Mass

If you are not able to join us for Mass in person, join us online at 10 am for our livestream Mass.

Use one of these ways:

- [St. Cecilia YouTube Channel](#).
- St. Cecilia Website stcecregina.com.
- On the YouTube App, search for St Cecilia Regina.

Children's Liturgy

Children's Liturgy of the Word returns as part of the Sunday Mass beginning this weekend March 19.

Weekly Mass at Trinity Manor

Fr. Oliver or Fr. John celebrate Mass in the chapel at Trinity Manor at Westerra (8351 Canola Ave) on Tuesday at 11 am. You are invited to attend. Come early and visit with parishioners and residents of Trinity Manor.

2023 Annual General Meeting (AGM) - Sunday, March 26

The meeting will be in the hall at 11:30 after the 10 am Mass.

The information package of the Agenda, 2022 AGM Minutes, and 2023 Reports was included with the March 12 bulletin email. Paper copies are available in the Welcoming Area.

Baptism Preparation

Two sessions for parents of infants and small children will be held Thursdays, March 23 and April 13 from 7:30 pm to 9. Baptisms will be Sunday, April 16 at 1 pm.

To register, email Cheryl at stcecbaptism@gmail.com or if you do not have email, call Amber in the office 306-545-4051.

Meet Your Father Burns Council Knights – This Weekend



My name is Don Miller. I joined the Knights of Columbus in 1969, so I could participate in the many charitable activities my dad, many of my uncles and cousins, and my grandfather had participated in for many years. The Knights of Columbus also offered a 'for members and families only', Insurance Program, that was very affordable and available without any pressure to participate in. I have been an active member for 54 years.

If you would like to learn more about your Knights of Columbus, chat with us following Saturday and Sunday Mass this weekend and enjoy refreshments and doughnuts. Hope to see you there!

Feeding the Needy



The Father Burns Council of the Knights of Columbus encourages your support to feed the needy of the community. A Regina Food Bank donation bin is in the entrance area of the church.

Non-perishable items only. Most in need are canned meats, vegetables, fish, fruit, beans, soup, healthy cereals, and pasta.

St. Francis School Pre-K and Kindergarten Registration

Registrations for 2023-2024 are available online:

- [Pre-Kindergarten Registration \(Must be 3 years old\).](#)
- [Kindergarten Registration \(5 years old as of December 31\).](#)

Students who are already enrolled at St. Francis in the Pre-K program will automatically be enrolled into kindergarten unless the office has been notified otherwise. Questions - please contact the school at 306-791-7335.

Transcona Park Housing Association 2023 Annual General Meeting

Transcona Parking Housing Association is an affordable housing complex in Rosemont subdivision. It is overseen by a Board of Directors with the help of a management company. St. Cecilia Parish is one of the original partners of this complex and has two seats on the Board.

The Transcona Park Housing Association Annual General Meeting (AGM 2023) will be held on **Thursday, March 30, at 1:00 pm in the St. Cecilia church hall.** Interested parishioners are welcome to attend.

itwewin Corner (itwewin is the Cree word which means 'the word' or 'as it is said...')

Fr. John, Archdiocese of Regina Truth and Reconciliation Healing Committee.

Did you know ... Keeseekoosie First Nation is a Saulteaux nation located near Kamsack, Sk. with a population of approximately 2,500 members who live on and off reserve. Chief Kiishhikouse (Little Sky) signed an adhesion to Treaty 4 in 1875. On February 15, 2022, Chief Ketchemonia announced that 54 unmarked graves were found at Fort Pelly and St. Phillip's Indian Residential Schools sites. Survivors spoke in their Saulteaux language when they told their stories of the abuses they experienced in these institutions. Retrieved on February 17, 2023, [Keeseekoosie First Nation announces discovery of 54 unmarked graves | Regina Leader Post](#)

Lent

Eucharistic Adoration



Tuesday evening, March 21.
7:30 – 8:30 after the 7 pm Mass.

You and Jesus

Experience the closeness of Jesus in Eucharistic Adoration. This is a beautiful experience. Just you and Jesus. There is something powerful about that.

Sacrament of Reconciliation

Tuesday evening, March 21.
7:30 – 8:30 after the 7 pm Mass.



If you wish to receive the Sacrament of Reconciliation other than the above time, please call the office to arrange a time with Fr. Oliver or Fr. John.

Reflect on the Stations of the Cross

Friday evenings, 7 pm. Different reflection each week. The livestream replay of the March 17 reflection, *The Creator's Sacrifice - Meditations on the Passion of Christ from an Indigenous Perspective* is on our [website](#).

Among North American Indigenous peoples, there is the story that, before Europeans arrived on Turtle Island, elders had visions about white people coming from the east with a story from the Creator. In 2002, Indigenous Christian Fellowship (ICF) commissioned Cree artist Ovide Bighetty to depict the vision that an elder had of kisê-manito pakitinasuwin - The Creator's Sacrifice; (the Easter story or the passion of Jesus Christ). In preparation for these paintings, Bert Adema, ICF Director, researched the sequence of the Easter story from the four gospel accounts. From the gospel-based outline, Ovide selected 17 vignettes for his portrayal of Christ the Creator's death and resurrection. Fr. John wrote the meditations for the 17 vignettes.

Join *A Journey With Jesus – Stations of the Cross for School Children* on March 24 led by Sacrament Preparation children and parents. If you cannot attend in person, join the Livestream.

Lenten Prayer Wall

Prayer is one of the 3 pillars of Lent. You are invited to contribute to our community prayer wall located in the Welcoming Area. When we pray for each other, we enter into a deeper communion with each other and God. As we grow closer together, we can share our joys and help one another carry our burdens.



Write

God hears all our prayers.

- Write an intention on the provided slips of paper.
- Roll it up and place it in the prayer wall.
- These intentions will be read, and prayed for, by our community, so please be open and honest, but refrain from using people's names. Instead, use relationships (my mother, my friend, etc.).

Read

We are focusing on becoming a Church that listens. Take some time to read intentions from the wall, roll them back up, and replace them in the wall.

Pray

Carry these intentions in your heart this Lenten season and bring them into prayer in your own way.

Lenten Retreat on Christian Hope - Part 2

Thinking Faith Podcast with Deacon Eric Gurash and Dr. Brett Salkeld

Deacon Eric leads a two-part Lenten retreat with a series of reflections on Pope Benedict XVI's 2007 Encyclical *Spe Salvi* - "On Christian Hope." This week, we reflect on the ways we are called to put our hope into action and incarnate hope in the world.

Show Snippet: "Living in hope and working for justice and peace, is precisely how we bear witness to the power of Christ's resurrection and bring his light to the world." [Listen to the podcast.](#) [Spe Salvi.](#) [Salvifici Doloris.](#)

New Heart. New Spirit.

Holy Trinity Lenten Mission with the Franciscan Friars of the Renewal (CFRs)

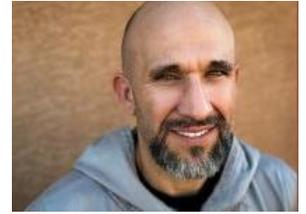
Monday, March 20 to Wednesday, March 22, 7 pm - 8:30. Fr. Roch and Fr. Juan Diego from New Mexico. Holy Trinity Parish, 5020 Sherwood Dr.

- Monday, March 20, The Eucharist: Pledge of Future Glory presented by Fr. Juan Diego.
- Tuesday, March 21, Becoming Eucharistified: The Transformative Power of His Presence presented by Fr. Roch.
- Wednesday, March 22, Forgiveness: The Gift of True Healing presented by Fr. Juan Diego.

Confession will be available each evening.

Free to attend. A collection will be taken each evening, with donations being given to support the CFR's mission of service to the poor and evangelization.

Come for one night or all nights - whatever fits your schedule. A wonderful opportunity to prepare your heart for Easter.



Fr. Roch

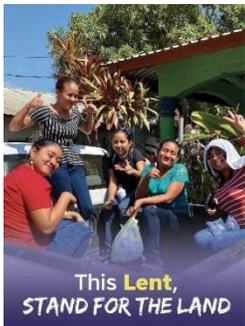


Fr. Juan Diego

Chrism Mass

This year's Chrism Mass is on Monday, March 27 at 2 pm at Holy Rosary Cathedral.

Development and Peace: Standing for the Land in Honduras



Honduras's diverse ecosystems, fertile lands and rich natural resources attract many profiteering enterprises that overexploit the land to no benefit for local communities.

Development and Peace — Caritas Canada supports Equipo de Reflexión, Investigación y Comunicación (ERIC, Reflection, Research and Communication Team), an organization that helps communities in their struggle for land and territory and investigates human rights abuses.

This Lent, meet our solidarity visitor Elvin Hernández, a human rights investigator at ERIC. Learn more at devp.org/lent.

13 Tuesday Devotions in Honour of St. Anthony

These devotions began in 1933, and each year many faithful from around the city seek the intercession of our patron saint. We can turn to St. Anthony to help us find what we've lost, but let's not stop at our car keys or important documents. What about times when we've lost our faith, when we've lost our way or when we've lost all hope? Let us bring these matters to St. Anthony, and we might discover that what we find is even better than what we thought we lost.

Saint Anthony's Roman Catholic Parish (2275 Atkinson Street) invites you to the Thirteen Tuesday Devotions in Honour of Saint Anthony, beginning Tuesday, March 21 at 7 pm.

MyGen Youth Rally - Be Kind: Rewind – March 25

MyGen is an annual youth rally for students in grades 9-12. This year, we'll spend some time reflecting on where we've come from and the lessons we've learned along the way. After all, those lessons are what shaped us into who we are today! [Watch the video](#) on what you can expect at MyGen 2023 and [Register](#).

Camp Monahan AGM

Monday, April 3 at 7 pm. Online. Consider joining the TEAM to help provide a summer camp experience to youth! Email camp-monahan@sasktel.net for the link.

Miller High School Class of 1973 Reunion

The Class of 1973 from Miller Comprehensive High School is having a 50th Reunion for members of the class. The Reunion is on Friday, June 23 and Saturday, June 24. If you would like to attend or need more information, contact miller1973alumni@gmail.com or 306-731-3008. There is also a private Facebook Group for Alumni members to connect at *Miller High School Regina SK 1973 Grads*.



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2023 Annual General Meeting (AGM) - Sunday, March 26

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To meet the needs of our parish community, pastoral and finance council teams need team leaders.

Minimum commitment to lead a team is 1 or 2 years, maximum 4 years.

Please prayerfully consider yourself or someone for these teams.

Deanery Representative – 2 Years

Exchange ideas with other parish deanery representatives. Current leader is Pat Linfoot.

Ecumenism Representative – 2 Years

Participate in the Rosemont Area Churches Ecumenical Association. Current leaders are Reuben and Cecilia Mercado.

Social Justice and Pastoral Care – 2 Years

Support those in need and promote awareness of social issues. Vacant.

Spiritual Life and Education – 1 Year

Assist parishioners in the development of their spiritual life by providing an atmosphere to learn and grow. Current leaders are Carol Anne and Ed Landgraf.

Stewardship – 2 Years

Help each member of the body of Christ share God's gifts of time, talent, and treasure. Current leaders are Amber and Wayne Gabriel.

Finance Council Chair – 2 Years

Strive to make the council active and concerned about its responsibilities. Current leaders are Dale and Janette Richardson.

Buildings and Grounds (Finance Council) – 1 Year

Oversee the maintenance and operation of the parish buildings. Current leader is Clarence Schmidt.

Close date is Wednesday, March 22. After that, you can offer to lead a team at the Annual Meeting.

How to offer to lead a team or suggest someone:

- Quickest and easiest way is from your smartphone, tablet, or computer. Go to stcecregina.com and click Parish Council Nomination 2023. Submissions are anonymous.
- or
- Complete the forms on the flipside and put them in the box in the Welcoming Area.

Please Print (One Name per Form)

I _____ Phone _____ will share my gifts
in service to lead the following team.

Or

I suggest _____ Phone (if known) _____
to lead the following team.

- Deanery Representative
- Stewardship
- Ecumenism Representative
- Finance Council Chair
- Social Justice and Pastoral Care
- Buildings & Grounds (Finance Council)
- Spiritual Life and Education

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