



*Sharing God's gifts,
Serving others,
In Christ's Love*

5020 - 7th Avenue, Regina, Saskatchewan S4T 0S1
Office Phone: 306-545-4051
Office Hours: Monday to Friday: 9:30 am to 3 pm.

Web Site: www.stcecregina.com
Parish Administrator: Father Oliver Inchody, CMI, Ph.D.
Office Coordinator: Amber Gabriel

E-mail: contact@stcecregina.com
Associate Pastor: Father John Weckend
Caretaker: Merv Harrick

St. Cecilia parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak (neh HEY o wuk), Nahkawé (NUK ah way), and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

Third Sunday of Lent, March 12, 2023



"Everyone who drinks this water will be thirsty again." John 4:13

Jesus reminds us that material things, even something as basic as water, can never satisfy us over the long run. When we build our lives around material possessions we will always want more and no amount will ever satisfy our desire.

True joy and peace only comes when we follow Jesus - when we become more "God-centered" and less "self-centered."

This Week's Masses

Monday	Mar 13	No Mass.
Tuesday	Mar 14	7 pm – Special Intention of Greg and Jan. Eucharistic Adoration and Individual Reconciliation after Mass - 7:30 to 8:30.
Wednesday	Mar 15	10 am – Intentions of Anne Chase requested by the St. Cecilia CWL.
Thursday	Mar 16	10 am – Intentions of June and Bob Hoffart requested by "Friends".
Friday	Mar 17	10 am – Intentions of Jame Wah Ta requested by the Wah Ta Family.
Saturday	Mar 18	7 pm.
Sunday	Mar 19	10 am.

Sunday Livestream Mass

If you are not able to join us for Mass in person, join us online at 10 am for our livestream Mass.

Use one of these ways:

- [St. Cecilia YouTube Channel.](#)
- St. Cecilia Website stcecregina.com.
- On the YouTube App, search for St Cecilia Regina.

Spanish Mass

This Sunday, March 12 at 5 pm.

Weekly Mass at Trinity Manor

Fr. Oliver or Fr. John celebrate Mass in the chapel at Trinity Manor at Westerra (8351 Canola Ave) on Tuesday at 11 am. You are invited to attend. Come early and visit with parishioners and residents of Trinity Manor. There is still Mass at St. Cecilia on Tuesday at 7 pm.

2023 Annual General Meeting (AGM) - Sunday, March 26

The meeting will be in the hall at 11:30 after the 10 am Mass.

The information package of the Agenda, 2022 AGM Minutes, and 2023 Reports is included with the bulletin email and paper copies are available in the Welcoming Area.

Baptism Preparation

Two sessions for parents of infants and small children will be held Thursdays, March 23 and April 13 from 7:30 pm to 9. Baptisms will be Sunday, April 16 at 1 pm.

To register, email Cheryl at stcecbaptism@gmail.com or if you do not have email, call Amber in the office 306-545-4051.

Bear Witness to Canada's Past at the Witness Blanket

The Witness Blanket at the RCMP Heritage Centre holds stories of the residential school experiences from survivors across the country. Inspired by a woven blanket, the Witness Blanket is a large-scale work of art. It contains hundreds of items reclaimed from residential schools, churches, government buildings and traditional and cultural structures from across Canada. Bearing witness means taking responsibility for the future, and by visiting the Witness Blanket, you can actively engage in the reconciliation process.



The Witness Blanket exhibit is available until March 15. View the blanket individually or as a group, with or without a tour guide. Admission is free for Indigenous people and survivors. A small fee applies to non-Indigenous visitors. Open 11 am – 5 pm, 7 days a week. Free parking. Bookings with a tour guide can be made through Educational Programming Coordinator Debbie LeDressay at deb.ledressay@rcmphc.com. Learn more at www.witnessblanket.ca.

Meet Your Father Burns Council Knights



My name is Fred Exner. I joined the Knights of Columbus in 1965 to grow in my faith. Helping with the many charitable activities was of interest to me. The purchase of life insurance from the Knights of Columbus, a top-rated life insurance company, was important to me.

My name is Emenike Ezechikwelu. I joined the Knights of Columbus in 2016 at a St. Cecilia Parish membership drive. I joined because it is a means to put my catholic faith in action by helping the community.

If you would like to learn more about your Knights of Columbus, chat with us following Mass on Saturday, March 18 or Sunday, March 19 and enjoy refreshments and doughnuts. Hope to see you there!

Feeding the Needy



The Father Burns Council of the Knights of Columbus encourages your support to feed the needy of the community. A Regina Food Bank donation bin is in the entrance area of the church.

Non-perishable items only. Most in need are canned meats, vegetables, fish, fruit, beans, soup, healthy cereals, and pasta.

Transcona Park Housing Association 2023 Annual General Meeting

Transcona Parking Housing Association is an affordable housing complex in Rosemont subdivision. It is overseen by a Board of Directors with the help of a management company. St. Cecilia Parish is one of the original partners of this complex and has two seats on the Board.

The Transcona Park Housing Association Annual General Meeting (AGM 2023) will be held on **Thursday, March 30, at 1:00 pm in the St. Cecilia church hall.** Interested parishioners are welcome to attend.

Lent

Eucharistic Adoration



Tuesday evening, March 14.
7:30 – 8:30 after the 7 pm Mass.

You and Jesus

Experience the closeness of Jesus in Eucharistic Adoration. This is a beautiful experience. Just you and Jesus. There is something powerful about that.

Sacrament of Reconciliation

Tuesday evening, March 14.
7:30 – 8:30 after the 7 pm Mass.



If you wish to receive the Sacrament of Reconciliation other than the above time, please call the office to arrange a time with Fr. Oliver or Fr. John.

Reflect on the Stations of the Cross

Friday evenings, 7 pm. Different reflection each week. The livestream replay of the March 10 reflection, *Mary's Way of the Cross* is on our [website](#). Mary, the Mother of Jesus, made that first way of the cross. These stations, present that viewpoint. We see through Mary's eyes what Jesus was going through on the way to Calvary. Then we try to make practical applications to our lives.

Join the *Way of the Cross Through the Voices of Victims of Clergy Sexual Abuse* on March 17. Gather together at this service of prayerful solidarity and support. If you cannot attend in person, join the Livestream.

Lenten Prayer Wall

Prayer is one of the 3 pillars of Lent. You are invited to contribute to our community prayer wall located in the Welcoming Area. When we pray for each other, we enter into a deeper communion with each other and God. As we grow closer together, we can share our joys and help one another carry our burdens.



Write

God hears all our prayers.

- Write an intention on the provided slips of paper.
- Roll it up and place it in the prayer wall.
- These intentions will be read, and prayed for, by our community, so please be open and honest, but refrain from using people's names. Instead, use relationships (my mother, my friend, etc.).

Read

We are focusing on becoming a Church that listens. Take some time to read intentions from the wall, roll them back up, and replace them in the wall.

Pray

Carry these intentions in your heart this Lenten season and bring them into prayer in your own way.

itwewin Corner (itwewin is the Cree word which means 'the word' or 'as it is said...')

Fr. John, Archdiocese of Regina Truth and Reconciliation Healing Committee.

Did you know ... Kawacatoose First Nation is a Cree nation located near Raymore and has a population of approximately 3,200. Chief Kawacatoose signed Treaty 4 on September 15, 1874, and two years later received a reserve in the Big Touchwood Hills. The reserve was originally referred to as Poor Man reserve which was incorrectly named as Kawacatoose correctly translated means Lean Man or Skinny Man. Listen to the song [Many Paths](#) written, recorded, and filmed with the youth from Asiniw-Kisik Education Complex, Kawacatoose First Nation..

Chrism Mass

This year's Chrism Mass is on Monday, March 27 at 2 pm at Holy Rosary Cathedral.

MyGen Youth Rally - Be Kind: Rewind – March 25

MyGen is an annual youth rally for students in grades 9-12. This year, we'll spend some time reflecting on where we've come from and the lessons we've learned along the way. After all, those lessons are what shaped us into who we are today! [Watch the video](#) on what you can expect at MyGen 2023 and [Register](#).

Lenten Retreat Christian Hope - Part 1

Thinking Faith Podcast with Deacon Eric Gurash and Dr. Brett Salkeld

Deacon Eric leads a two-part Lenten retreat with a series of reflections on Pope Benedict XVI's 2007 Encyclical Spe Salvi - "On Christian Hope." We'll reflect on the biblical roots of hope, the model of fostering hope found in Israel's approach to salvation history, the fullness of hope revealed in Jesus Christ, and prayer as one of the first and essential schools of hope in our lives.

Show Snippet: "We can try to limit suffering, to fight against it, but we cannot eliminate it. It is when we attempt to avoid suffering by withdrawing from anything that might involve hurt when we try to spare ourselves the effort and pain of pursuing truth, love, and goodness, that we drift into a life of emptiness, in which there may be almost no pain, but the dark sensation of meaninglessness and abandonment is all the greater." Spe Salvi 37

[Listen to the podcast.](#) [Spe Salvi.](#) [Salvifici Doloris.](#)

New Heart. New Spirit.

Holy Trinity Lenten Mission with the Franciscan Friars of the Renewal (CFRs)

March 20 to 22, 7 pm - 8:30. Fr. Roch and Fr. Juan Diego from New Mexico. Holy Trinity Parish, 5020 Sherwood Dr.

- Monday, March 20, The Eucharist: Pledge of Future Glory presented by Fr. Juan Diego.
- Tuesday, March 21, Becoming Eucharistified: The Transformative Power of His Presence presented by Fr. Roch.
- Wednesday, March 22, Forgiveness: The Gift of True Healing presented by Fr. Juan Diego.



Fr. Roch



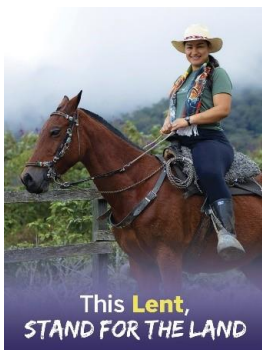
Fr. Juan Diego

Confession will be available each evening.

Free to attend. A collection will be taken each evening, with donations being given to support the CFR's mission of service to the poor and evangelization.

Come for one night or all nights - whatever fits your schedule. A wonderful opportunity to prepare your heart for Easter.

Development and Peace: Colombia: Defence of Land and Territory



Colombia is home to nearly 10 per cent of the planet's biodiversity, yet it is also one of the most dangerous countries for people defending their land and territory against exploitation.

Development and Peace — Caritas Canada's partner, the Asociación Campesina de Antioquia (ACA, Peasant Association of Antioquia) supports peasant communities affected by armed conflict in defending their lives and territories and in building a culture of peace through filmmaking and art.

This Lent, meet our solidarity visitor Raquel Soto, a participant in ACA's documentary filmmaking school. [Learn more..](#)

Arise Ladies Retreat – Put on the Armour of Light

Saturday, March 18, 9 am – 4:30 pm, Christ The King Parish (3239 Garnet Street). Lunch included. Register by March 15. Call or text Angie Ivey, 306-529-9802.

13 Tuesday Devotions in Honour of St. Anthony

These devotions began in 1933, and each year many faithful from around the city seek the intercession of our patron saint. We can turn to St. Anthony to help us find what we've lost, but let's not stop at our car keys or important documents. What about times when we've lost our faith, when we've lost our way or when we've lost all hope? Let us bring these matters to St. Anthony, and we might discover that what we find is even better than what we thought we lost.

Saint Anthony's Roman Catholic Parish (2275 Atkinson Street) invites you to the Thirteen Tuesday Devotions in Honour of Saint Anthony, beginning Tuesday, March 21 at 7 pm.



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To meet the needs of our parish community, pastoral and finance council teams need team leaders.

Minimum commitment to lead a team is 1 or 2 years, maximum 4 years.

Please prayerfully consider yourself or someone for these teams.

Deanery Representative – 2 Years

Exchange ideas with other parish deanery representatives. Current leader is Pat Linfoot.

Ecumenism Representative – 2 Years

Participate in the Rosemont Area Churches Ecumenical Association. Current leaders are Reuben and Cecilia Mercado.

Social Justice and Pastoral Care – 2 Years

Support those in need and promote awareness of social issues. Vacant.

Spiritual Life and Education – 1 Year

Assist parishioners in the development of their spiritual life by providing an atmosphere to learn and grow. Current leaders are Carol Anne and Ed Landgraf.

Stewardship – 2 Years

Help each member of the body of Christ share God's gifts of time, talent, and treasure. Current leaders are Amber and Wayne Gabriel.

Finance Council Chair – 2 Years

Strive to make the council active and concerned about its responsibilities. Current leaders are Dale and Janette Richardson.

Buildings and Grounds (Finance Council) – 1 Year

Oversee the maintenance and operation of the parish buildings. Current leader is Clarence Schmidt.

Close date is Wednesday, March 22. After that, you can offer to lead a team at the Annual Meeting.

How to offer to lead a team or suggest someone:

- Quickest and easiest way is from your smartphone, tablet, or computer. Go to stcecregina.com and click Parish Council Nomination 2023. Submissions are anonymous.
- or
- Complete the forms on the flipside and put them in the box in the Welcoming Area.

Please Print (One Name per Form)

I _____ Phone _____ will share my gifts
in service to lead the following team.

Or

I suggest _____ Phone (if known) _____
to lead the following team.

- | | |
|---|--|
| <input type="checkbox"/> Deanery Representative | <input type="checkbox"/> Stewardship |
| <input type="checkbox"/> Ecumenism Representative | <input type="checkbox"/> Finance Council Chair |
| <input type="checkbox"/> Social Justice and Pastoral Care | <input type="checkbox"/> Buildings & Grounds (Finance Council) |
| <input type="checkbox"/> Spiritual Life and Education | |

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| <input type="checkbox"/> Spiritual Life and Education | |