



*Sharing God's gifts,
Serving others,
In Christ's Love*

5020 - 7th Avenue, Regina, Saskatchewan S4T 0S1
Office Phone: 306-545-4051
Office Hours: Monday to Friday: 9 am to 3 pm.

Web Site: www.stcecregina.com
Parish Administrator: Father Oliver Inchody, CMI, Ph.D.
Office Coordinator: Amber Gabriel

E-mail: contact@stcecregina.com
Associate Pastor: Father John Weckend
Caretaker: Merv Harrick

St. Cecilia parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak (neh HEY o wuk), Nahkawé (NUK ah way), and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

First Sunday of Advent, November 27, 2022



"Therefore, stay awake! For you do not know on which day your Lord will come." Matthew 24:42

People who have had health issues or near-death experiences generally have a greater appreciation for each day being a gift from God. The rest of us usually take for granted that we will be around tomorrow. But when you start to look at each day as a gift, you realize all the little miracles that happen daily, and you begin to see God's active presence in your life. You grow in gratitude, each day for all that we have been given.

This Week's Masses

| | | |
|-----------|--------|---|
| Monday | Nov 28 | No Mass. |
| Tuesday | Nov 29 | 7 pm – Special Intention of Greg and Jan. Eucharistic Adoration & individual Reconciliation after Mass - 7:30 to 8:30. |
| Wednesday | Nov 30 | 10 am – Intentions of Eh Doh Soe Wah Ta requested by the Wah Ta Family. |
| Thursday | Dec 1 | 10 am – RIP Kathy Anne Harte requested by Joanne and Richard Mantyak. |
| Friday | Dec 2 | 10 am – Intentions of Mark and Shannon Gill requested by Greg and Jan. Eucharistic Adoration & individual Reconciliation after Mass - 10:30 to 11:30. |
| Saturday | Dec 3 | 7 pm. |
| Sunday | Dec 4 | 10 am. |

Sunday Livestream Mass

If you are not able to join us for Mass in person, join us online at 10 am for our livestream Mass.

Use one of these ways:

- [St. Cecilia YouTube Channel.](#)
- St. Cecilia Website stcecregina.com.
- On the YouTube App, search for St Cecilia Regina.

Covid Guidelines

Masking is optional in all indoor spaces at St. Cecilia. If you choose to wear a mask, we are committed to being **mask friendly**. You are encouraged to continue mask use for as long as you feel it is necessary, based on your personal risk assessment. Masks are available in the entrance area. The Archdiocese continues to encourage parishes to be cautious and prudent. [These recommendations](#) will continue to be followed at St. Cecilia.

Installation of Father Oliver as Parish Administrator/Pastor

Vicar General, Very Rev. Brian Meredith, will preside at the celebration on Sunday, November 27, 10 am Mass.

Pancake Breakfast

Following the Mass, Father Burns Council of the Knights of Columbus is hosting a Pancake Breakfast. Menu includes eggs, ham, and pancakes. Freewill donation with the proceeds toward St. Francis Community School Nutrition Program.



Stewardship Time and Talent Commitment

The stewardship initiative to commit or re-commit to various Liturgical Ministries, Parish Council Teams, and Parish Organizations continues. If you are **currently serving or interested** in a ministry or member of a parish council team, or organization, please take an information package from the table in the Welcoming Area and return your completed information by December 11.

Your returned commitment form is used to prepare the 2023 Liturgical Ministries schedules.

Sunday Missals for 2022 – 2023 (Only \$5)

Includes weekend readings. Available in the Welcoming Area, or from the office (Monday to Friday 9 am to 3 pm).

Ukrainians New to Canada - Items Needed

Recent arrivals to Regina would be grateful for the following items: single beds or bunk beds, futons or hide-a-beds, kitchenware (pots, pans, fry pans), glasses, etc., used/working vacuum cleaners, hangers, bedding, and size 13/14 shoes or boots. If you can help, call Clarence or Jan 306-545-0192.

Christmas Giving Tree

The Social Justice Team is asking for donations of gift cards. The cards will be given to Sacred Heart and St. Francis Community Schools and others in need in our parish community. There is a need for \$10 gift cards. Multiple cards gratefully received.



If you can help, here are 3 ways to donate:

- Purchase President's Choice (No Frills, Superstore, Jackson's Independent) or Walmart Gift Cards. **At the time of purchase, please ensure gift cards are activated and the activation receipt is included.** Place gift cards in the marked box by the tree in the Welcoming Area or drop off at the office (Monday to Friday 9 am to 3 pm).
- Place cash in an envelope marked **Giving Tree** and the Social Justice Team will purchase gift cards. If you want a receipt, include a note with your name, address, amount, and St. Cecilia envelope number if you have one. Place in the marked box by the tree in the Welcoming Area or drop off at the office (Monday to Friday 9 am to 3 pm).
- **e-Transfer** your donation and the Social Justice Team will purchase gift cards. The e-Transfer money is automatically deposited, and the parish is sent an email with the details. The parish is not charged a transaction fee. For the recipient email address, enter **etransfer@stcecregina.com**. For the Memo or Message, enter **Giving Tree**.

Your generosity is greatly appreciated and especially by those who need a little help during the Christmas Season.

All donations must be received by Sunday, December 11.

Feeding the Needy

The Father Burns Council of the Knights of Columbus encourages your support to feed the needy of the community. A Regina Food Bank donation bin is in the entrance area of the church. **Non-perishable items only.** Most in need are canned meats, vegetables, fish, fruit, beans, and soup as well as healthy cereals and pasta.

Muffins and Personal Hygiene Products Needed for Sacred Heart Students

Sacred Heart Community School would appreciate muffins as breakfast items for students and personal hygiene products.



Muffins must be nut-free. No cupcakes please. If you can help, package the muffins in a container or bag that you do not need returned and bring them to the church during regular office hours.



Hygiene Products: Shampoo ♦ Conditioner ♦ Body Wash ♦ Deodorant ♦ Menstrual Products ♦ Toothbrushes ♦ Toothpaste. If you can help, drop off the items in the container in the entrance area of the Church.

CWL Catholic Inspirations 2023 Calendars

Only \$5. Available in the Welcoming Area, or from the office (Monday to Friday 9 am to 3 pm).

CWL News

Annual Fees

The fees (\$45) for 2023 are due December 31, 2022. Use one of these ways to remit your payment. E-Transfer to cwlstcecilia@gmail.com (please note this is a different email address than the parish donation address). The e-Transfer money is automatically deposited. If you prefer using the CWL yellow donation envelope, place it in the collection container at Mass, drop it off at the Church office Monday to Friday 9 am to 3 pm, or drop it off with your team leader.

Christmas Potluck Social

Tuesday, December 13 after the 6 pm Mass. Everyone welcome. See the poster on the CWL Bulletin Board in the entrance area and indicate your attendance by December 11.

CWL members are encouraged to support the ongoing parish projects including Regina Food Bank and Sacred Heart and St. Francis Community Schools.

Next General Meeting

Tuesday, February 7, after the 7 pm Mass.



Leave No Neighbour Behind – Knights of Columbus

If you have the snow, the K of C have the shovels. The Father Burns Council are shoveling for goodwill donations. If you need assistance with residential snow clearing, contact Tayler, 306-580-2597 or labellet@hotmail.com.

Children's Winter Clothing Needed

St. Francis Community School is seeking gently used boots and snow pants for their emergency clothing bank. 15 pairs of boots and 13 snow pants are needed in these sizes:

- Girl's boots: Sizes 1, 6.5, 7, 7, 8, 8, 9, 9, 9.
- Boy's boots: Sizes 1, 4, 6, 7.
- All sizes of snow pants suitable for children in grades 1 to 8.

If you can help, contact Shane Smith, School Support Specialist, at s.smith@rcsd.ca or 306-530-2724.

Thank you for helping to keep the St. Francis Firebirds warm this winter!

Coats for Kids

Father Burns Council Knights of Columbus are collecting gently used winter clothing items (parkas, ski pants, winter boots, toques, mitts, socks, etc.), specifically for needy students, but will also accept donations for adults. The items will be provided to Community Schools and the needy of our city.

If you can help, please leave the items in the box in the entrance area of the church or package the clothing in bags or boxes, tag them **Coats for Kids**, and drop them off on the steps of the church during regular office hours, Monday to Friday, 9 am to 3 pm.



Sacrament of Reconciliation Preparation for Children

Preparation classes will be held during Lent 2023 for children in Grade 4 and older. Classes will be on Thursdays, March 2 and 16, 2023. Classes begin at 7 pm and a parent is expected to attend with their child. The First Reconciliation celebration will be on Saturday, March 25 at 11 am. To register, email Betty at sacraments@stcecregina.com or if you do not have email, call Amber in the parish office 306-545-4051.

itwewin Corner (itwewin is the Cree word which means 'the word' or 'as it is said...')

Fr. John, Archdiocese of Regina Truth and Reconciliation Healing Committee.

Did you know... The term "Cree" is derived from the French renderings (*Kristineaux*, *Kiristinous*, *Kilistinous*) of the Ojibway term *Kinistino*. The proper term in the Plains Cree language is *nêhiyawak*. The Cree occupy a large area of Saskatchewan, from the northern woodlands areas to the southern plains. While being one people, there is a great variation amongst the different regional groups. One of the main differences is in terms of dialect, of which there are three main ones: "th" Woodlands, "y" Plains, and "n" Swampy Cree. Retrieved from [Cree - Indigenous Saskatchewan Encyclopedia | University of Saskatchewan \(usask.ca\)](https://www.usask.ca/encyclopedia/article.php?id=110622) 11/06/22

The Feast of Christ the King with Brett Fawcett - Part 1

Thinking Faith Podcast with Deacon Eric Gurash and Dr. Brett Salkeld

Thinking Faith welcomes returning guest Brett Fawcett to discuss what has been called the "Crowning Glory of the liturgical year"; the Feast of Christ the King.

Show Snippet "When he (Pope Pius XI) talks about nations and societies and peoples recognizing the Kingship of Christ, it's really important to know what he meant by that and what he didn't mean by that, and one of the things we can see he meant by it is some of the things he recommends for the economy..." [Listen to the podcast.](#)

Archbishop's Appeal



Our parish goal is \$29,310. Current amount donated is \$10,030 – 34%.

We are so grateful for your generous support. In the coming weeks as our Archbishop's Appeal comes to a close, we ask that you prayerfully consider making a one-time donation or consider giving monthly.

Today is the first Sunday of Advent, the time of anticipation to celebrate the birth of Jesus. The readings are full of the language of anticipation. Isaiah's vision shows the coming of the Lord, and challenges us to walk in the light of life. Saint Paul's letter to the Romans shows us that to properly prepare for the coming of Christ is to live in the ways of the Spirit. Jesus tells us in the Gospel that He is indeed coming, and we should have the spirit of awareness and preparation in our lives: aware of our relationship with Christ and preparing our lives in such a way that whenever we see Jesus, we will be ready. The Annual Appeal directly supports catechesis and education. These offices provide resources to parishes and schools to have the skills and tools to prepare us to know Christ deeply and enable us to prepare ourselves in the best way we can. As we prepare to welcome the Child Jesus, let us support the appeal's commitment to education with our contributions. [More information about the appeal and how to donate.](#)

Steve Bell Concert

Friday, December 9, 7:30 – 9:30, Holy Child Parish, 2636 7th Ave E.

Steve will be hosting an evening of story and song, featuring music from his latest album, "Wouldn't You Love to Know," as well as classics and favourites. Tickets \$25. Available at Holy Child Parish (306-789-8276), Burns-Hanley Church Supplies (2727 - 13th Ave), [Online](#), or at the door on concert night.

Write for the Archdiocese of Regina

[Archdiocese of Regina News](#) welcomes article submissions from a variety of sources and locations, with preference given to Saskatchewan voices. We are seeking: Good news stories on parish events and activities ♦ Stories featuring Catholics making a difference in their communities both within and outside of the parish ♦ Stories that help people experience God at work in their lives deepen their spiritual life and broaden people's understanding of sacred scripture ♦ Articles introducing and explaining the richness of our Catholic tradition and faith.

Contact Director of Communications, Deacon Eric Gurash, at egurash@archregina.sk.ca for a copy of our submission guidelines.

Advent

Eucharistic Adoration

Tuesday evenings, 7:30 – 8:30 after the 7 pm Mass. November 29, December 6, and 20.

First Friday of the Month, December 2, 10:30 - 11:30 after the 10 am Mass.

Sacrament of Reconciliation

Tuesday evenings during Eucharistic Adoration, 7:30 – 8:30 after the 7 pm Mass.

Parish Reconciliation Service - Sunday, December 18, 2 pm.

Several priests will be present for individual reconciliation.

If you wish to receive the Sacrament of Reconciliation other than the above times, please call the office to arrange a time with Fr. Oliver or Fr. John.

Little Blue Book - Advent and Christmas Seasons



The Little Book will help you explore the depths of Scripture and deepen your relationship with Christ.

- Use the book anywhere.
- Fits easily in your pocket, purse, or backpack.
- Spend 6 minutes of quiet time with the Lord each day.

Pick up one for yourself, (or more to give to others), in the Welcoming Area, or from the office (Monday to Friday 9 am to 3 pm). Suggested donation \$2 - \$3.

Advent Sing-a-Long – Benson Manor

Join the sing-a-long with the residents of Benson Manor (1333 McIntosh St.) on Monday, December 5 at 7 pm, followed with fellowship, refreshments, and goodies. Hosted by the Rosemont Ecumenical group of churches.

Archdiocese Journey Through Advent

[Sign up](#) for this year's Journey Through Advent weekly Advent reflection email. You will receive an email each Wednesday during Advent. These weekly emails will include reflections from Fr. Christian Lindenbach, the CCCB, music, and other prayer resources to enhance your Advent.

Please note: If you are already signed up to receive the Archdiocese Weekly Report, you do not need to sign up, as you will automatically receive these reflection emails.

Advent Wreath Blessing

Leader: Our help is in the name of the Lord.

All: Who made heaven and earth.

Leader: As we gather around this wreath, we remember God's promise. A reading from the prophet Isaiah: The people who walked in darkness have seen a great light; upon those who dwelt in the land of gloom a light has shone. You have brought them joy and rejoicing.

The word of the Lord.

All: Thanks be to God.

Leader: Let us now pray for God's blessing upon us and this wreath (short silence) Lord our God, we praise you for your child, Jesus Christ: Emmanuel, the hope of all people, the wisdom that teaches and guides us this Advent season. May the wreath and its light be a sign of Christ's promise to bring us salvation. We ask this through Christ our Lord.

All: Amen



Advent Table Prayer Week One

A family member lights the first candle on the Advent Wreath. Alternate prayer leader and candle leader throughout the week.

Come, Lord Jesus! Open our minds and hearts and souls as we wait for you to be born anew in our lives and in our family. Help us to experience your love in our family today.

Family members can each share one way they have experienced the love of the Lord Jesus in their home today.

As we prepare for the coming of your Son, O God, we give you thanks for the love of your son, Jesus, which we have experienced in our home today. We give you thanks for this food and drink as signs of your gracious love. May this meal strengthen us to share your gifts with the hungry and all who look for your justice and mercy. Grant this through Christ our Lord, Amen.

Advent Calendar

Looking for ways to prepare your hearts for Christmas? Let your family journey along this path towards a meaningful Christmas with this year's Advent Calendar and its daily activities. Available in English and French.

[Download](#), share, and print! Remember it's not about the presents, but His presence!

Ecumenical Advent Series: What Are We Waiting For?

As Christmas and the holidays approach, Christians experience the season of Advent as a time of expectant waiting and preparation. This year, there is a special ecumenical series of Advent meditations and conversations on the question: "What are we waiting for?" with Canadian church leaders, including:

- Rev. Dr. Robert Faris, Moderator, The Presbyterian Church of Canada.
- Rev. Susan C. Johnson, National Bishop, Evangelical Lutheran Church of Canada.
- Right Rev. Dr. Carmen Lansdowne, Moderator, The United Church of Canada.
- Most Rev. Linda Nicholls, Primate, Anglican Church of Canada.

On each Thursday in Advent (December 1, 8, 15, and 22), listeners are invited to join a discussion at 6 pm via Zoom, with one of the leaders on that week's Advent theme. Attendees will be able to ask questions during the online conversation. Also, each Monday during Advent, the church leaders will release an ecumenical Advent meditation focused on one of the four Advent themes and will address challenges and opportunities facing the Canadian churches. [Find out more and register](#).

Discovering Light Amidst Darkness

Campion College Campus Ministry is offering a three-session, non-credit, online Advent scripture course called 'Discovering Light Amidst Darkness'. Presented by Professor Fr. Scott Lewis SJ over Zoom on Tuesday mornings from 10 am - 11 from November 29 - December 13. The course is free for Campion students, staff, and faculty. Others: Suggested donation \$20.

To inquire or register, contact: Kelly Bourke at kelly.bourke@uregina.ca or text/call 306-550-5293.

An Advent Dialogue

This Advent, join in a Baptist-Catholic dialogue on Christian experience. Join us on Zoom for this unique ecumenical journey with a series of five small-group theological reflection workshops. In each session, participants from the Canadian Baptists of Atlantic Canada will join with participants from the Roman Catholic Archdiocese of Regina to faithfully explore the experience of sacred Scripture in our daily lives.

So, grab your coffee cup, and let your hair down, and begin a journey with friends old and new this Advent season.

Group 1 - Wednesday evenings 5:30 – 6:30, November 23 - December 21.

or

Group 2 - Friday afternoons Noon - 1, November 25 - December 23.

To register or for further information, contact: lynda.theoworkshops@usask.ca