



*Sharing God's gifts,  
Serving others,  
In Christ's Love*

5020 - 7th Avenue, Regina, Saskatchewan S4T 0S1  
Office Phone: 306-545-4051  
Office Hours: Monday to Friday: 9 am to 3 pm.

Web Site: [www.stcecregina.com](http://www.stcecregina.com)  
Parish Administrator: Father Oliver Inchody, CMI, Ph.D.  
Office Coordinator: Amber Gabriel

E-mail: [contact@stcecregina.com](mailto:contact@stcecregina.com)  
Associate Pastor: Father John Weckend  
Caretaker: Merv Harrick

*St. Cecilia parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak (neh HEY o wuk), Nahkawé (NUK ah way), and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.*

## **Our Lord Jesus Christ, King of the Universe, November 20, 2022**



*"...giving thanks to the Father, who has made you fit to share in the inheritance of the holy ones in light." Colossians 1:12*

God wants us to be happy! Instead of looking at the Ten Commandments as being restrictive and telling us what we can't do, look at them as guides for living a joy-filled and peaceful life.

Most of our problems arise when we put our own needs first or we spend most of our time trying to acquire more stuff. Instead, try putting God first in all things. We were made for God. Open your heart and let Him in!

### **This Week's Masses**

Monday	Nov 21	No Mass.
Tuesday	Nov 22	7 pm – St. Cecilia Feast Day - Special blessing for musicians and singers.
Wednesday	Nov 23	10 am – RIP John Baptist Nguyen Am requested by Diep Nguyen.
Thursday	Nov 24	10 am – RIP Vera Nagal requested by Rita and Carl Knibbs.
Friday	Nov 25	10 am – RIP Velma Van Buekenhout requested by Don McDonald.
Saturday	Nov 26	7 pm.
Sunday	Nov 27	10 am.

### **Sunday Livestream Mass**

If you are not able to join us for Mass in person, join us online at 10 am for our livestream Mass.

Use one of these ways:

- [St. Cecilia YouTube Channel.](#)
- St. Cecilia Website [stcecregina.com](http://stcecregina.com).
- On the YouTube App, search for St Cecilia Regina.

### **Covid Guidelines**

Masking is optional in all indoor spaces at St. Cecilia. If you choose to wear a mask, we are committed to being **mask friendly**. You are encouraged to continue mask use for as long as you feel it is necessary, based on your personal risk assessment. Masks are available in the entrance area. The Archdiocese continues to encourage parishes to be cautious and prudent. [These recommendations](#) will continue to be followed at St. Cecilia.

## Installation of Father Oliver as Parish Administrator/Pastor

Very Rev. Brian Meredith, Vicar General, will preside at the celebration on Sunday, November 27, 10 am Mass.

### Pancake Breakfast

Following the Mass, Father Burns Council of the Knights of Columbus is hosting a Pancake Breakfast. Menu includes eggs, ham, and pancakes. Freewill donation with the proceeds toward St. Francis Community School Nutrition Program.



### Stewardship Time and Talent Commitment

This weekend, the stewardship initiative to commit or re-commit to various Liturgical Ministries, Parish Council Teams, and Parish Organizations begins. If you are **currently serving or interested** in a ministry or member of a parish council team, or organization, please take an information package from the table in the Welcoming Area.

### Little Blue Book - Advent and Christmas Seasons



The Little Book will help you explore the depths of Scripture and deepen your relationship with Christ.

- Use the book anywhere.
- Fits easily in your pocket, purse, or backpack.
- Spend 6 minutes of quiet time with the Lord each day.

Pick up one for yourself, (or more to give to others), in the Welcoming Area, or from the office (Monday to Friday 9 am to 3 pm). Suggested donation \$2 - \$3.

### Sunday Missals for 2022 – 2023 (Only \$5)

Includes weekend readings. Available in the Welcoming Area, or from the office (Monday to Friday 9 am to 3 pm).

### Ukrainians New to Canada - Items Needed

Recent arrivals to Regina would be grateful for the following items: single beds or bunk beds, futons or hide-a-beds, kitchenware (pots, pans, fry pans), glasses, etc., used/working vacuum cleaners, hangers, bedding, and size 13/14 shoes or boots. If you can help, call Clarence or Jan 306-545-0192.

### Christmas Giving Tree

The Social Justice Team is asking for donations of gift cards. The cards will be given to Sacred Heart and St. Francis Community Schools and others in need in our parish community. The Giving Tree will be in the Welcoming Area November 25.

There is a need for \$10 gift cards. Multiple cards gratefully received.

If you can help, here are 3 ways to donate:

- Purchase President's Choice (No Frills, Superstore, Jackson's Independent) or Walmart Gift Cards. **At the time of purchase, please ensure gift cards are activated and the activation receipt is included.** Place gift cards in the marked box by the tree in the Welcoming Area or drop off at the office (Monday to Friday 9 am to 3 pm).
- Place cash in an envelope marked **Giving Tree** and the Social Justice Team will purchase gift cards. If you want a receipt, include a note with your name, address, amount, and St. Cecilia envelope number if you have one. Place in the marked box by the tree in the Welcoming Area or drop off at the office (Monday to Friday 9 am to 3 pm).
- **e-Transfer** your donation and the Social Justice Team will purchase gift cards. The e-Transfer money is automatically deposited, and the parish is sent an email with the details. The parish is not charged a transaction fee. For the recipient email address, enter **etransfer@stcecregina.com**. For the Memo or Message, enter **Giving Tree**.



Your generosity is greatly appreciated and especially by those who need a little help during the Christmas Season.

**All donations must be received by Sunday, December 11.**

## St. Cecilia Feast Day Mass – November 22

We will celebrate our patron saint with a full Mass on Tuesday at 7 pm. St. Cecilia is the patron saint of musicians, so there will be a special blessing for musicians and singers.

## Feeding the Needy

The Father Burns Council of the Knights of Columbus encourages your support to feed the needy of the community. A Regina Food Bank donation bin is in the entrance area of the church. **Non-perishable items only.** Most in need are canned meats, vegetables, fish, fruit, beans, and soup as well as healthy cereals and pasta.

## Muffins and Personal Hygiene Products Needed for Sacred Heart Students

Sacred Heart Community School would appreciate muffins as breakfast items for students and personal hygiene products.

**Muffins must be nut-free.** No cupcakes please. If you can help, package the muffins in a container or bag that you do not need returned and bring them to the church during regular office hours.



Hygiene Products: Shampoo ♦ Conditioner ♦ Body Wash ♦ Deodorant ♦ Menstrual Products ♦ Toothbrushes ♦ Toothpaste. If you can help, drop off the items in the container in the entrance area of the Church.

## CWL Catholic Inspirations 2023 Calendars

Pick up a calendar after weekend Masses or from the office (Monday to Friday 9 am to 3 pm). Only \$5.

## CWL News

### Annual Fees

The fees (\$45) for 2023 are due December 31, 2022. Use one of these ways to remit your payment. E-Transfer to **cwlstcecilia@gmail.com (please note this is a different email address than the parish donation address).** The e-Transfer money is automatically deposited. If you prefer using the CWL yellow donation envelope, place it in the collection container at Mass, drop it off at the Church office Monday to Friday 9 am to 3 pm, or drop it off with your team leader.

### Christmas Potluck Social

Tuesday, December 13 after the 6 pm Mass. Everyone welcome. See the poster on the CWL Bulletin Board in the entrance area and indicate your attendance by December 11.

CWL members are encouraged to support the ongoing parish projects including Regina Food Bank and Sacred Heart and St. Francis Community Schools.

### Next General Meeting

Tuesday, February 7, after the 7 pm Mass.



## Leave No Neighbour Behind – Knights of Columbus

If you have the snow, the K of C have the shovels. The Father Burns Council are shoveling for goodwill donations. If you need assistance with residential snow clearing, contact Tayler, 306-580-2597 or [labellet@hotmail.com](mailto:labellet@hotmail.com).

## Children's Winter Clothing Needed

St. Francis Community School is seeking gently used boots and snow pants for their emergency clothing bank. 15 pairs of boots and 13 snow pants are needed in these sizes:

- Girl's boots: Sizes 1, 6.5, 7, 7, 8, 8, 9, 9, 9.
- Boy's boots: Sizes 1, 4, 6, 7.
- All sizes of snow pants suitable for children in grades 1 to 8.

If you can help, contact Shane Smith, School Support Specialist, at [s.smith@rcsd.ca](mailto:s.smith@rcsd.ca) or 306-530-2724.

Thank you for helping to keep the St. Francis Firebirds warm this winter!

## Sacrament of Reconciliation Preparation for Children

Preparation classes will be held during Lent 2023 for children in Grade 4 and older. Classes will be on Thursdays, March 2 and 16, 2023. Classes begin at 7 pm and a parent is expected to attend with their child. The First Reconciliation celebration will be on Saturday, March 25 at 11 am. To register, email Betty at [sacraments@stcecregina.com](mailto:sacraments@stcecregina.com) or if you do not have email, call Amber in the parish office 306-545-4051.

## itwewin Corner (itwewin is the Cree word which means 'the word' or 'as it is said...')

Fr. John, Archdiocese of Regina Truth and Reconciliation Healing Committee.

Did you know... The proper name for the people commonly known as the Sioux is **Oceti Sakowin**, meaning *Seven Council Fires*. Each of the *Seven Council Fires* was made up of individual bands, which were based on kinship, location, and dialect — Lakota, Dakota, or Nakota. From ancient times, each division of the *Seven Council Fires* had their own lifestyle, traditions, and customs, which developed similar but unique cultures. Retrieved from [Oceti Sakowin — Seven Council Fires - St. Joseph's Indian School \(stjo.org\)](http://Oceti Sakowin — Seven Council Fires - St. Joseph's Indian School (stjo.org) 11/06/22) 11/06/22.

## Reading For Consolation with Dr. Susan Johnston - Part 2

### Thinking Faith Podcast with Deacon Eric Gurash and Dr. Brett Salkeld

Deacon Eric and Dr. Brett visit with University of Regina English Department head Dr. Susan Johnston as we discuss reading for consolation in difficult times.

Show Snippet: "Our faith is a faith for grownups, and we do ourselves, and we do the Church, and we do the faithful a disservice when we want to stay with; and we began talking about that comfort and the restoration of the social order, but we really do betray things if that's where we stay because that is not the way grownups encounter the world." [Listen to the podcast.](#)

## Archbishop's Appeal



Our parish goal is \$29,310. Current amount donated is \$9,786 – 33%.

In this year's Appeal, Archbishop Don reminded us that "when we place our hope in God, who transforms darkness into light and death into life, we learn that all things are possible". As we move through the coming week, let us reflect on a time in our life when God carried us through a seemingly impossible time. Let us consider how our donation to the Appeal can inspire hope in the lives of those around us.

This Sunday is the Solemnity of Our Lord Jesus Christ, King of the Universe. The readings focus on the reality that gift, the inheritance, that Christ the King gives us is the gift of eternal life. The first and second readings explore this in the anointing of King David and Saint Paul's account of the divinity of Christ. Life itself was made through Christ, and it is Christ who reconciles the world back to God. The earthly rulers sneered at Christ on the Cross, not realizing that this was the ultimate act of love and devotion to God. When the criminal asks for eternal life, Jesus says, "today you will be with me in Paradise." This shows us that our inheritance is secure, since only the King of the Universe could make such a promise. The Church works to promote social justice in the world. In keeping government accountable by enacting just legislations, to promoting equity and solidarity among all people, your support to the Annual Appeal directly supports the

office of Social Justice in the ministry of promoting the reality of Christ the King. Please give generously to ensure this work continues. [More information about the appeal and how to donate.](#)

## 2022 Wicihitowin Indigenous Engagement Conference - November 28 and 29

This Conference centres on the Indigenous principle of witnessing or bearing witness. In keeping with the oral traditions of Indigenous Peoples, witnesses are called upon to be the keepers of history when an event of historic significance occurs. This act - one which holds great responsibility - also helps validate, legitimize, and recognize the importance of conducting business in a good way while building and maintaining relationships. Attendees will be asked to retain and care for the teachings they witness and experience and, most importantly, to share it with those within their personal and professional communities.

Listen and learn from Survivors and experts, including the Truth and Reconciliation Commissioners The Honourable Murray Sinclair, Grand Chief Wilton Littlechild, and Dr. Marie Wilson, along with Chief Cadmus Delorme and others who are leading the way in reconciliACTION.

[Sign up today](#)