



*Sharing God's gifts,
Serving others,
In Christ's Love*

5020 - 7th Avenue, Regina, Saskatchewan S4T 0S1
Office Phone: 306-545-4051
Office Hours: Monday to Friday: 9 am to 3 pm.

Web Site: www.stcecregina.com
Parish Administrator: Father Oliver Inchody, CMI, Ph.D.
Office Coordinator: Amber Gabriel

E-mail: contact@stcecregina.com
Associate Pastor: Father John Weckend
Caretaker: Merv Harrick

St. Cecilia parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak (neh HEY o wuk), Nahkawé (NUK ah way), and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

Thirty-third Sunday in Ordinary Time, November 13, 2022



"...Rather, we wanted to present ourselves as a model for you, so that you might imitate us." 2 Thessalonians 3:9

Most people who live a grateful and generous lifestyle don't go around bragging about it. But through their words and actions, others do take notice. They notice because of the joy and peace that results and others desire this in their own life.

Know that the way you live your life may be the only interaction others may have with our Catholic faith.

This Week's Masses

Monday	Nov 14	No Mass.
Tuesday	Nov 15	7 pm – Intentions of Greg and Jan (Special Intention).
Wednesday	Nov 16	10 am – RIP Marion Baiton requested by Paulette Wendler.
Thursday	Nov 17	10 am – Intentions of Ronda and Tim Dumonceaux requested by Marge Appell.
Friday	Nov 18	10 am – RIP Jane Grant requested by Richard and Joanne Mantyak.
Saturday	Nov 19	7 pm.
Sunday	Nov 20	10 am.

Sunday Livestream Mass

If you are not able to join us for Mass in person, join us online at 10 am for our livestream Mass.

Use one of these ways:

- [St. Cecilia YouTube Channel.](#)
- St. Cecilia Website stcecregina.com.
- On the YouTube App, search for St Cecilia Regina.

Covid Guidelines

Masking is optional in all indoor spaces at St. Cecilia. If you choose to wear a mask, we are committed to being **mask friendly**. You are encouraged to continue mask use for as long as you feel it is necessary, based on your personal risk assessment. Masks are available in the entrance area. The Archdiocese continues to encourage parishes to be cautious and prudent. [These recommendations](#) will continue to be followed at St. Cecilia.

Installation of Father Oliver as Pastor

Very Rev. Brian Meredith, Vicar General, will preside at the celebration to install Fr. Oliver as Pastor of St. Cecilia on Sunday, November 27 at the 10 am Mass.

Pancake Breakfast

Following the Mass, Father Burns Council of the Knights of Columbus is hosting a Pancake Breakfast. Menu includes eggs, ham, and pancakes. Freewill donation with the proceeds toward St. Francis Community School Nutrition Program.



Feeding the Needy

The Father Burns Council of the Knights of Columbus encourages your support to feed the needy of the community. A Regina Food Bank donation bin is in the entrance area of the church. **Non-perishable items only.** Most in need are canned meats, vegetables, fish, fruit, beans, and soup as well as healthy cereals and pasta.

Sacred Heart and St. Francis Schools Nutrition Program Needs

Sacred Heart and St. Francis Community Schools are seeking community support to meet students' nutritional needs.

Sacred Heart is asking for muffins as breakfast items for students. **Muffins must be nut-free.** No cupcakes please. If you can help, package the muffins in a container or bag that you do not need returned and bring them to the church during regular office hours.

St. Francis is asking for the following food items they use on a regular basis.

- Granola Bars - Used daily for emergency grab and go breakfasts, snacks, and lunches.
- Snack Bars, Cheese and Crackers, and Fruit Snacks - Used as emergency snacks and in lunches.
- Trail Mix (nut-free) - Used daily as emergency grab and go breakfasts, snacks, and in lunches. Ingredients used for the trail mix. Cheerios, Goldfish Crackers, pretzel sticks, chocolate chips, Ritz Bits.
- Yogurt Tubes - Used in grab and go breakfasts.
- Cheese Strings - Used in grab and go breakfasts and lunches.
- Fruit Cups - Used in lunches.

If you can help with any of the following food items, drop them off in the container in the entrance area of the Church. Every contribution to either of the schools is greatly appreciated!

Personal Hygiene Products Needed

Sacred Heart Community School would appreciate the following items: Shampoo ♦ Conditioner ♦ Body Wash ♦ Deodorant ♦ Menstrual Products ♦ Toothbrushes ♦ Toothpaste.

If you can help, drop off the items in the container in the entrance area of the Church.



CWL News

Grey Cup Party Basket Raffle CWL Fundraiser

Chance to win a basket containing a \$100 gift certificate to the Rider Store, numerous Rider merchandise items along with some other "fun" things. Tickets are 1 for \$5 or 3 for \$10 and available after weekend Masses. Only 300 tickets are available. The draw date is this Sunday, November 13.

Catholic Inspirations 2023 Calendars

Pick up a calendar after weekend Masses. Only \$5.

Annual Fees

The fees (\$45) for 2023 are due December 31, 2022. Use one of these ways to remit your payment. E-Transfer to cwlstcecilia@gmail.com (please note this is a different email address than the parish donation address). The e-Transfer money is automatically deposited. If you prefer using the CWL yellow donation envelope, place it in the collection container at Mass, drop it off at the Church office Monday to Friday 9 am to 3 pm, or drop it off with your team leader.

Upcoming Events

Christmas Social - Tuesday, December 13 after the 6 pm Mass. More details to come.
Next General Meeting - Tuesday, February 7, after the 7 pm Mass.

November...The Month of Remembering

You are invited to write the names of deceased loved ones in the memorial book in the Welcoming Area. The book is carried to the altar during the Masses in November. You can also submit names by email and the names will be included in the book.

remember@stcecregina.com



Leave No Neighbour Behind – Knights of Columbus

If you have the snow, the K of C have the shovels. The Father Burns Council are shoveling for goodwill donations. If you need assistance with residential snow clearing, contact Tayler, 306-580-2597 or labellet@hotmail.com.

Children's Winter Clothing Needed

St. Francis Community School is seeking gently used boots and snow pants for their emergency clothing bank. 15 pairs of boots and 13 snow pants are needed in these sizes:

- Girl's boots: Sizes 1, 6.5, 7, 7, 8, 8, 9, 9, 9.
- Boy's boots: Sizes 1, 4, 6, 7.
- All sizes of snow pants suitable for children in grades 1 to 8.

If you can help, contact Shane Smith, School Support Specialist, at s.smith@rcsd.ca or 306-530-2724.

Thank you for helping to keep the St. Francis Firebirds warm this winter!

Sacrament Preparation for Children 2022-2023



The Sacraments of Confirmation and Holy Eucharist

Register children in Grade 2 and up for preparation classes.

Classes will be on Thursdays: December 1, 2022, February 2, February 16, March 9, March 30, and April 20, 2023. Classes begin at 7 pm and a parent is expected to attend with their child.

Please register by November 17. Email Betty at sacraments@stcecregina.com or if you do not have email, call Amber in the parish office 306-545-4051.



The Sacrament of Reconciliation

Preparation classes for the Sacrament of Reconciliation will be held during Lent 2023 for children in Grade 4 and older.

Classes will be on Thursdays, March 2 and 16, 2023. Classes begin at 7 pm and a parent is expected to attend with their child. The First Reconciliation celebration will be on Saturday, March 25 at 11 am.

To register, email Betty at sacraments@stcecregina.com or if you do not have email, call Amber in the parish office 306-545-4051.

St. Cecilia Feast Day – November 22

We will celebrate our patron saint with a full Mass on Tuesday at 7 pm. St. Cecilia is the patron saint of musicians, so there will be a special blessing for musicians and singers.

itwewin Corner (itwewin is the Cree word which means 'the word' or 'as it is said...')

Fr. John, Archdiocese of Regina Truth and Reconciliation Healing Committee.

Did you know... the TRC's call to action #60 calls upon the four Settlement Agreement churches [Roman Catholic, Anglican, Presbyterian, Methodist] to begin allocating funds for community-based healing and reconciliation projects. In response, the Archdiocese of Regina established a TRC Healing Committee, comprised of Indigenous and non-Indigenous members to seek concrete ways of carrying this out.

Myriam Family of the Prairies Day Retreat

Searching for Light, Let us be Bearers of Hope! Saturday, November 19, 10 am – 4 pm. Including Holy hour, talks and sharing, and lunch, in the beauty of nature and the silence of the countryside at our house of prayer in McLean, 45 km East of Regina. To register and get the directions or to participate online, contact Sr. Stephanie at 306-761-0528 or email pss.prairies@famillemyriam.org.

Reading For Consolation with Dr. Susan Johnston - Part 1

Thinking Faith Podcast with Deacon Eric Gurash and Dr. Brett Salkeld

Deacon Eric and Dr. Brett visit with the University of Regina English Department head, Dr. Susan Johnston as we discuss reading for consolation in difficult times.

Show Snippet: "There is the genuine need for comfort that we all do experience; and what we find comforting should be teaching us something if we are ready to learn it." [Listen to the podcast.](#)

Archbishop's Appeal



Our parish goal is \$29,310. Current amount donated is \$8,700 – 30%.

In the ravages of wars and global crises, it might be tempting to ask the question of whether the end times are happening. As a people of faith, we believe in the second coming of Christ, but until he comes again, what should we do? That is the question posed to Jesus in the Gospel. But Jesus instructs that many people will say the end is coming, but we should be firm in our conviction that to be a people of faith means to be trusting that Jesus knows what he is doing.

We encounter this trusting relationship in our parishes. When we gather for Mass, we listen to the scriptures, encounter and wrestle with the tensions of our lives, and then something miraculous happens: Christ comes to us! When we receive the Eucharist, our souls are nourished, and Christ supports us in our lives until he comes again to the entire world. Your support to the Annual Appeal directly helps parish ministries and the education of clergy and lay people. Please continue to be generous so that our parishes receive the resources and personnel to effectively spread the Good News and support our communities. [More information about the appeal and how to donate.](#)

Grief and Loss Accompaniment Workshop

There are many kinds of Grief and Loss. Loss of relationships, loss of a loved one, ambiguous loss, and shattered assumptions. When people are in the middle of suffering a significant loss, there are many emotions to deal with. We will explore and look at how to accompany someone during this emotional time in their life. The workshop will focus on the language of accompaniment. Please join us on Saturday, November 19 from 1 pm - 5 via zoom. To register, email victimserviceadvocacy@gmail.com.

Becoming a Church of Closeness: The Challenges & Opportunities of Synodality

Catholics around the world want to respond to Pope Francis' vision of becoming a "Church of closeness." But without a clear understanding of what it means, many are unsure what this might look like in a parish. What does Pope Francis mean when calling the Church to become a Church of closeness? What is synodality? What are the challenges and opportunities it presents for a parish living out its evangelizing mission?

Divine Renovation and Alpha invite you to this online event, on Friday, November 18, at Noon. Join in this global conversation with Sr. Nathalie Becquart, Fr. James Mallon, and Dr. Hannah Vaughan-Spruce, where you will:

- Participate in a discussion on synodality and why we're called to become a Church of closeness.
- Learn practical ways you can implement synodality in your parish.
- Connect with Catholics from across the world who share a passion for mission and evangelization.

[Sign up today](#)

2022 Wicahitowin Indigenous Engagement Conference - November 28 and 29

This Conference centres on the Indigenous principle of witnessing or bearing witness. In keeping with the oral traditions of Indigenous Peoples, witnesses are called upon to be the keepers of history when an event of historic significance occurs. This act - one which holds great responsibility - also helps validate, legitimize, and recognize the importance of conducting business in a good way while building and maintaining relationships. Attendees will be asked to retain and care for the teachings they witness and experience and, most importantly, to share it with those within their personal and professional communities.

Listen and learn from Survivors and experts, including the Truth and Reconciliation Commissioners The Honourable Murray Sinclair, Grand Chief Wilton Littlechild, and Dr. Marie Wilson, along with Chief Cadmus Delorme and others who are leading the way in reconciliACTION.

[Sign up today](#)