



*Sharing God's gifts,  
Serving others,  
In Christ's Love*

5020 - 7th Avenue, Regina, Saskatchewan S4T 0S1  
Office Phone: 306-545-4051  
Office Hours: Monday to Friday: 9 am to 3 pm.

Web Site: [www.stcecregina.com](http://www.stcecregina.com)  
Parish Administrator: Father Oliver Inchody, CMI, Ph.D.  
Office Coordinator: Amber Gabriel

E-mail: [contact@stcecregina.com](mailto:contact@stcecregina.com)  
Associate Pastor: Father John Weckend  
Caretaker: Merv Harrick

*St. Cecilia parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak (neh HEY o wuk), Nahkawé (NUK ah way), and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.*

## Thirty-second Sunday in Ordinary Time, November 6, 2022



*"May our Lord Jesus Christ himself and God our Father, who has loved us and given us everlasting encouragement and good hope through his grace, encourage your hearts and strengthen them in every good deed and word." 2 Thessalonians 2:16-17*

There are two important lessons here. First, we are called to be generous with our encouragement and hope with others. As God shows us mercy, we must be merciful to others.

Second, joy is contagious! The joy we receive from doing good works not only strengthens us, it encourages others as well. Share the joy of living your faith whenever you can.

### This Week's Masses

Monday	Nov 7	No Mass.
Tuesday	Nov 8	7 pm – RIP Vera Nagel requested by Sandra and George DeBruyne. Knights of Columbus Father Burns Council Memorial integrated in the Mass.
Wednesday	Nov 9	10 am – RIP Dennis Hughes requested by the Hughes Family.
Thursday	Nov 10	8:30 am – RIP Alice Parkinson requested by Marge Appell. <b>Note the change in time for this week.</b>
Friday	Nov 11	10 am – RIP Frederick Wiest requested by Murray Wiest.
Saturday	Nov 12	7 pm.
Sunday	Nov 13	10 am.

### Sunday Livestream Mass

If you are not able to join us for Mass in person, join us online at 10 am for our livestream Mass.

Use one of these ways:

- [St. Cecilia YouTube Channel](#).
- St. Cecilia Website [stcecregina.com](http://stcecregina.com).
- On the YouTube App, search for St Cecilia Regina.

### Covid Guidelines

Masking is optional in all indoor spaces at St. Cecilia. If you choose to wear a mask, we are committed to being **mask friendly**. You are encouraged to continue mask use for as long as you feel it is necessary, based on your personal risk assessment. Masks are available in the entrance area. The Archdiocese continues to encourage parishes to be cautious and prudent. [These recommendations](#) will continue to be followed at St.

## Father Oliver Commemorative Card

The welcome celebration for Fr. Oliver was last weekend after Saturday and Sunday Masses.

A special card to introduce Fr. Oliver has been prepared. These complimentary cards are available in the Welcoming Area. Pick up one as a reminder to pray for him in his ministry.

## Feeding the Needy

The Father Burns Council of the Knights of Columbus encourages your support to feed the needy of the community. A Regina Food Bank donation bin is in the entrance area of the church. **Non-perishable items only.** Most in need are canned meats, vegetables, fish, fruit, beans, and soup as well as healthy cereals and pasta.

## Sacred Heart and St. Francis Schools Nutrition Program Needs

Sacred Heart and St. Francis Community Schools are seeking community support to meet students' nutritional needs.

Sacred Heart is asking for muffins as breakfast items for students. **Muffins must be nut-free.** No cupcakes please. If you can help, package the muffins in a container or bag that you do not need returned and bring them to the church during regular office hours.

St. Francis is asking for the following food items they use on a regular basis.

- Granola Bars - Used daily for emergency grab and go breakfasts, snacks, and lunches.
- Snack Bars, Cheese and Crackers, and Fruit Snacks - Used as emergency snacks and in lunches.
- Trail Mix (nut-free) - Used daily as emergency grab and go breakfasts, snacks, and in lunches.  
Ingredients used for the trail mix. Cheerios, Goldfish Crackers, pretzel sticks, chocolate chips, Ritz Bits.
- Yogurt Tubes - Used in grab and go breakfasts.
- Cheese Strings - Used in grab and go breakfasts and lunches.
- Fruit Cups - Used in lunches.

If you can help with any of the following food items, drop them off in the container in the entrance area of the Church.

Every contribution to either of the schools is greatly appreciated!

## Personal Hygiene Products Needed

Sacred Heart Community School would appreciate the following items: Shampoo ♦ Conditioner ♦ Body Wash ♦ Deodorant ♦ Menstrual Products ♦ Toothbrushes ♦ Toothpaste.

If you can help, drop off the items in the container in the entrance area of the Church.



## CWL News

### Grey Cup Party Basket Raffle CWL Fundraiser

Chance to win a basket containing a \$100 gift certificate to the Rider Store, numerous Rider merchandise items along with some other "fun" things. Tickets are 1 for \$5 or 3 for \$10 and available after weekend Masses. Only 300 tickets are available. The draw date is next weekend, November 13. Buy your tickets before they are sold out.



### Catholic Inspirations 2023 Calendars

Pick up a calendar after weekend Masses. Only \$5.

### Annual Fees

The fees (\$45) for 2023 are due December 31, 2022. Use one of these ways to remit your payment. E-Transfer to **cwlstceilia@gmail.com (please note this is a different email address than the parish donation address).** The e-Transfer money is automatically deposited. If you prefer using the CWL yellow donation envelope, place it in the collection container at Mass, drop it off at the Church office Monday to Friday 9 am to 3 pm, or drop it off with your team leader.

### Upcoming Events

Christmas Social - Tuesday, December 13 after the 6 pm Mass. More details to come.  
Next General Meeting - Tuesday, February 7, after the 7 pm Mass.

## November...The Month of Remembering

You are invited to write the names of deceased loved ones in the memorial book in the Welcoming Area. The book is carried to the altar during the Masses in November.



You can also submit names by email and the names will be included in the book.  
[remember@stcecregina.com](mailto:remember@stcecregina.com)

## New Holy Water Font

Parishioners who use the elevator to access the Church worship area, suggested we add a font at the doorway connecting the Parish Centre and Welcoming Area.

Thank you to Wayne and Amber Gabriel for sharing their talent to design and craft the font.



## Pancake Breakfast

Father Burns Council of the Knights of Columbus is hosting a Pancake Breakfast on Sunday, November 27 after the 10 am Mass. Menu includes eggs, ham, and pancakes. Freewill donation with the proceeds toward St. Francis Community School Nutrition Program.

## Children's Winter Clothing Needed

St. Francis Community School is seeking gently used boots and snow pants for their emergency clothing bank. 15 pairs of boots and 13 snow pants are needed in these sizes:

- Girl's boots: Sizes 1, 6.5, 7, 7, 8, 8, 9, 9, 9.
- Boy's boots: Sizes 1, 4, 6, 7.
- All sizes of snow pants suitable for children in grades 1 to 8.

If you can help, contact Shane Smith, School Support Specialist, at [s.smith@rcsd.ca](mailto:s.smith@rcsd.ca) or 306-530-2724.

Thank you for helping to keep the St. Francis Firebirds warm this winter!

## Sacrament Preparation for Children 2022-2023



### The Sacraments of Confirmation and Holy Eucharist

Register children in Grade 2 and up for preparation classes.

Classes will be on Thursdays: December 1, 2022, February 2, February 16, March 9, March 30, and April 20, 2023. Classes begin at 7 pm and a parent is expected to attend with their child.

**Please register by November 8.** Email Betty at [sacraments@stcecregina.com](mailto:sacraments@stcecregina.com) or if you do not have email, call Amber in the parish office 306-545-4051.



### The Sacrament of Reconciliation

Preparation classes for the Sacrament of Reconciliation will be held during Lent 2023 for children in Grade 4 and older.

Classes will be on Thursdays, March 2 and 16, 2023. Classes begin at 7 pm and a parent is expected to attend with their child. The First Reconciliation celebration will be on Saturday, March 25 at 11 am.

To register, email Betty at [sacraments@stcecregina.com](mailto:sacraments@stcecregina.com) or if you do not have email, call Amber in the parish office 306-545-4051.

## itwewin Corner (itwewin is the Cree word which means 'the word' or 'as it is said...')

Fr. John, Archdiocese of Regina Truth and Reconciliation Healing Committee.

Did you know... on October 14, Sr. Eva Soloman published her first book; *Come Dance with Me: A Medicine Wheel Practice of Anishinaabe Catholic Interculturation of Faith*. It explores how Indigenous rituals and practices blend with those of western Christianity and how this could illuminate a renewed spirit of reconciliation with Indigenous peoples and the Catholic Church.

## Faith and Grief

### Thinking Faith Podcast with Deacon Eric Gurash and Dr. Brett Salkeld

November is traditionally a month dedicated to remembering and praying for our dearly departed loved ones and friends. It can also be a time when we experience a deepening or resurgence of grief over losses, whether they have been recent or some time ago. Deacon Eric takes time this week to examine ways we might approach the experience of grief from a faith perspective.

"The Church Fathers, many of them, really picked up on this idea of St. Paul's and really discouraged lamenting and grieving publicly in Christians as a sign of a lack of faith in the Resurrection...BUT I did find one notable and quite profound exception that really hits on healthy ways to grieve..." [Listen to the podcast.](#)

## Archbishop's Appeal



Our parish goal is \$29,310. Current amount donated is \$8,100 – 28%.

As disciples of Jesus, we are invited to be stewards of hope in our relationships, families, and communities. But in these uncertain and challenging times, that isn't always easy. The Archbishop's Appeal is a tangible way in which you can foster hope in your parish and wider community. Please, prayerfully consider how you can foster hope by donating to the Archbishop's appeal.

Appeal information donation packages have been mailed out. The package includes a letter, information, and donation gift card. Please put your gift card in the return envelope and use one of these ways to return your gift. Place it in the collection container at Mass, drop it off at the Church office Monday to Friday 9 am to 3 pm, or mail it to the Archdiocesan office.

Eternal Life. What is it? What will it be like? These are the questions the readings are exploring this week in the Mass. The first reading from 2 Maccabees shows the graphic account of the mother and seven brothers who are arrested and tortured. Despite the punishments that they received from their captors, the reason they endure is based on their conviction of eternal life and the Resurrection. Paul encourages us to pray for those who are persecuted so they will be delivered from the pains that those persecuted for the faith endure. [More information about the appeal and how to donate.](#)

## Special Topics in Evangelization and Catechesis

The CCCB Office for Evangelization and Catechesis is offering a webinar series, Special Topics in Evangelization and Catechesis on Tuesdays, October 25 to November 15 from 1:00 pm to 2:30 EST.

This remaining sessions feature the following keynote speakers:

- November 8: Archbishop Donald Bolen, "Charting a Path Forward: The Visit of Pope Francis and Next Steps in Solidarity with Indigenous Peoples".
- November 15: Fr. John McCarthy, SJ, "Creation as a Source of Life and Our Call to Care for It".

[Register for one or both remaining sessions.](#)

## Mother Teresa: No Greater Love Movie

Showing at the Landmark Cinemas until November 9.

Twenty-five years have passed since the death of Mother Teresa of Calcutta, sparking a renewed interest in this spiritual giant of the 20th century. Filmed on 5 continents and featuring unprecedented access to both institutional archives and the apostolates of the Missionaries of Charity, this film reveals not just who Mother Teresa was, but how her singular vision to serve Christ in the poor continues to be realized through the Missionaries of Charity today. The Knights of Columbus produced this feature-length film that is far more than a documentary. It is at once a soaring tribute to a spiritual icon, a powerful witness of authentic Christian charity, and a guidepost for all who seek hope in our turbulent times. Bring your family, friends, and neighbours to see this definitive film on a modern saint and be inspired to put your faith into action. [Watch the trailer.](#) [Check showtimes.](#)

