



*Sharing God's gifts,
Serving others,
In Christ's Love*

5020 - 7th Avenue, Regina, Saskatchewan S4T 0S1
Office Phone: 306-545-4051
Office Hours: Monday to Friday: 9 am to 3 pm.

Web Site: www.stcecregina.com
Parish Administrator: Father Oliver Inchody, CMI, Ph.D.
Office Coordinator: Amber Gabriel

E-mail: contact@stcecregina.com
Associate Pastor: Father John Weckend
Caretaker: Merv Harrick

St. Cecilia parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak (neh HEY o wuk), Nahkawé (NUK ah way), and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

Twenty-eighth Sunday in Ordinary Time, October 9, 2022



"Has none but this foreigner returned to give thanks to God?" Luke 17:18

Most of us live relatively "easy" lives. We have food, shelter, clothing, and money. We go on vacation every year and own a car or two. Most of us take this all for granted.

Did you ever notice that people with the least amount of possessions are usually the most grateful? Shouldn't this be the other way around?

Take time every day and thank God for all He has given you and discern how He is calling you to share your gifts.

This Week's Masses

Monday	Oct 10	No Mass.
Tuesday	Oct 11	No Mass.
Wednesday	Oct 12	No Mass.
Thursday	Oct 13	No Mass.
Friday	Oct 14	No Mass.
Saturday	Oct 15	7 pm.
Sunday	Oct 16	10 am.

The priests of the Archdiocese are meeting this week for their Annual Clergy Study Days.

Please keep them in your prayers.

Sunday Livestream Mass

If you are not able to join us for Mass in person, join us online at 10 am for our livestream Mass.

Use one of these ways:

- [St. Cecilia YouTube Channel](#).
- St. Cecilia Website stcecregina.com.
- On the YouTube App, search for St Cecilia Regina.

Covid Guidelines

Masking is optional in all indoor spaces at St. Cecilia. If you choose to wear a mask, we are committed to being **mask friendly**. You are encouraged to continue mask use for as long as you feel it is necessary, based on your personal risk assessment. Masks are available in the entrance area. The Archdiocese continues to encourage parishes to be cautious and prudent. [These recommendations](#) will continue to be followed at St. Cecilia.

Thank You from Father John

I express my thanks to all who assisted in celebrating my 50 + 1 anniversary of ordination. My special gratitude extends to parishioners who organized the event and the guests who attended. My thanks also to those who generously contributed to Visitation House. It was wonderful to reconnect with many from past parishes where I served over the years. I was happy to welcome Archbishop Don Bolen and my old friend Charlie Farquharson who has been in retirement for some time. May God bless you. *Fr. John*

Fr. John was presented with a gift certificate to the Rider Store on behalf of the parish.

Watch the replay of '[Fr. John: Through the Years](#)' slide show with special greetings from Charlie on the St. Cecilia YouTube Channel.

Special Commemorative Card

A special card of Fr. John's 50 + 1 year service in the Archdiocese has been prepared. These complimentary cards are available in the Welcoming Area. Pick up one as a reminder to pray for him in his ministry.

Visitation House Supported Through Queen City Marathon 2022 – Last Week

Fr. John ran in the first marathon in 2001 and since then has raised over \$170,000 in support of Visitation House, an outreach centre for women in downtown Regina, under the auspices of the Archdiocese of Regina.

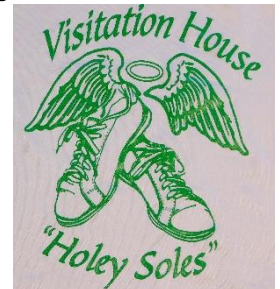
Although Fr. John took a break from running a few years ago, he still organized a team to continue this wonderful work. This year, he has returned to run with the Holey Soles Team.

The team members are not running on race day. Instead, they have chosen the 'Virtual Run' option of choosing a day, time, and location that fits with their schedules. They need to complete their part of the team run by October 12.

Donations of \$10 or more receive a charitable donation receipt from Visitation House.

Ways you can donate:

- Cash or cheque (payable to Visitation House):
Use a marked donation envelope from the table in the Welcoming Area and return it in the collection container at Mass or drop it off at the office during the week.
- Interac e-Transfer through Archdiocese of Regina:
 - For recipient email address, enter **visitationhouse@archregina.sk.ca**
or
 - For recipient email address, enter **myparish@archregina.sk.ca**
For Memo or Message, enter **Visitation House**.
- Mail cheques to Visitation House, 900 - 11th Avenue, Regina S4N 0K7.



Parish Administrator – Father Oliver

We extend a warm welcome to our new Parish Administrator, Fr. Oliver Inchody, CMI (Carmelites of Mary Immaculate), Ph.D.

Fr. Inchody was ordained May 6, 1986. After initial ecclesiastical teaching experience in his Religious Order's Mission Theologate (major seminary where theology is taught), he received his Doctorate in Systematic Theology (Eco-Theology) from Ateneo de Manila University in Manila, Philippines. For the last 25 years, he taught in various theologates as a staff member, in India, Philippines, and Africa. In Namibia, Africa, he also worked as the Director of Catechetical Department and as the Director of Caritas Namibia under the auspices of the Namibian Catholic Bishops' Conference (NCBC). He also worked as the Program Coordinator of National CRI (Conference of Religious in India) in Delhi, India for 3 years. As a Religious Pastor, he worked as the Superior of his community's houses. Apart from being an excellent teacher, Fr. Inchody is also a gifted and experienced retreat preacher and spiritual animator.



Personal Hygiene Products Needed

Sacred Heart Community School would appreciate the following items: Shampoo ♦ Conditioner ♦ Body Wash ♦ Deodorant ♦ Menstrual Products ♦ Toothbrushes ♦ Toothpaste.



If you can help, drop off the items in the container in the entrance area of the Church.

Grey Cup Party Basket Raffle – CWL Fundraiser

Chance to win a basket containing a \$100 gift certificate to the Rider Store, numerous Rider merchandise items along with some other "fun" things.

Tickets are 1 for \$5 or 3 for \$10 and available after weekend Masses. Only 300 tickets are available, so buy yours early before they are sold out. Draw will be on November 13.

Muffin Mondays



Due to Regina Catholic School Division restructuring of school-based Nutrition Programs, Sacred Heart Community School is asking for community donation of muffins to help meet their school's nutritional needs. **Muffins must be nut-free.**

If you can help, package the muffins in a container or bag that you do not need returned and bring them to the church during regular office hours by Monday of each week. Every contribution is greatly appreciated whether it is weekly, every two weeks, or monthly.

Feeding the Needy

The Father Burns Council of the Knights of Columbus encourages your support to feed the needy of the community. A Regina Food Bank donation bin is in the entrance area of the church. The first Sunday of the month will be designated as Food Bank Sunday but donations can be dropped off at your convenience.

Non-perishable items only. Most in need are canned meats, vegetables, fish, fruit, beans, and soup as well as healthy cereals and pasta.



St. Cecilia CWL 75th Anniversary Celebration

Sunday, October 23 after the 10 am Mass. Complimentary Continental Breakfast of muffins, fruit bread, cheese, fresh fruit, and refreshments. Everyone welcome!

Sacrament Preparation for Children 2022-2023

The Sacraments of Confirmation and Holy Eucharist

You may now register your children in Grade 2 and up for preparation classes for the sacraments of Confirmation and Holy Eucharist.

Classes will be held at St. Cecilia Church on Thursdays: December 1, 2022, February 2, February 16, March 9, March 30, and April 20, 2023. Classes begin at 7 pm and a parent is expected to attend with their child.

Please register by November 1. Email Betty at sacraments@stcecregina.com or if you do not have email, call Amber in the parish office 306-545-4051.



The Sacrament of Reconciliation

Preparation classes for the Sacrament of Reconciliation will be held during Lent 2023 for children in Grade 4 and older.

Classes will be held at St. Cecilia Church on Thursdays, March 2 and 16, 2023. Classes begin at 7 pm and a parent is expected to attend with their child. The First Reconciliation celebration will be on Saturday, March 25 at 11 am.

To register, email Betty at sacraments@stcecregina.com or if you do not have email, call Amber in the parish office 306-545-4051.



itwewin Corner (itwewin is the Cree word which means 'the word' or 'as it is said...')

Fr. John, Archdiocese of Regina Truth and Reconciliation Healing Committee.

Did you know...Treaty 4 created obligations and duties for the treaty partners, including the settlers (newcomers) who were represented by the Crown. These obligations are called treaty promises. Treaty 4 is "recognized as a solemn, sacred, and lasting agreement that create legally enforceable obligations on both parties" (p.13). First Nations immediately honoured their treaty promises while the Crown (Canada) has yet to completely fulfill its treaty promises made to First Nations people. (OTC, 2008, We are All Treaty People).

Growing in Hope - Bishop Jim Weisgerber's Congress 2022 Keynote

Thinking Faith Podcast with Deacon Eric Gurash and Dr. Brett Salkeld

Our Archbishop's Annual Appeal kicked off in September with our 2022 Congress featuring a Keynote address by Bishop Jim Weisgerber on "Growing in Hope". This week on Thinking Faith, we invite you to enjoy Bishop Jim's address and to prayerfully consider how you might contribute to this year's Archbishop's Appeal.

Show Snippet: "In English, hope means 'wishing'. "I hope the Roughriders will get a playoff spot..." and, I mean, that's nice, that's part of hope. But not by far the strength, the core, the heart of what hope means...in Latin 'expectare', in French 'esperance', same word. And it means, expectare, it means 'to wait for, and expect...'"

[Listen to the keynote.](#)

Annual Archbishop's Appeal



October 8 marks the beginning of the 23rd Annual Archbishop's Appeal! The theme this year is "Hope: For nothing will be impossible with God". This year's financial goal is \$1.4 million. Let us live as people of Hope, waiting with expectation, knowing we serve a God who is with us always. Let us share that hope with others, and support growth in our Archdiocese through giving generously.

Our parish goal is \$29,310.

The readings at Mass speak to us about healing – both in physical and spiritual ways. We hear the account of Naaman the Syrian being cleansed of his leprosy in the Jordan. When he is healed, his faith is healed as well. The prophet Elisha helps him realize that his healing was a special gift of God, and not something that can be bought. Saint Paul's letter to Timothy tells us that God is faithful to us. Sometimes the world we live in makes it challenging to live out the Gospel, but when we know that God is always with us, even if we reject that relationship, giving us the confidence to respond to His voice in generous and creative ways. When Jesus heals the lepers in the gospel, only the Samaritan gives praise to him. Samaritans were bitter enemies of the Jews, and so it makes the encounter even more powerful. Jesus shows us that the love and healing mercy of God is available to all. With the generous support that the Annual Appeal receives, many ministries of healing can happen. With outreach to the poor, to spiritual care in our healthcare system, your financial support contributes to many people being able to hear the healing words of Christ and experience His love.

Supporting Volunteers Video

"When [you] donate to the [Appeal] it [helps] me to be a catechist." - Cecil Cabahug. Cecil has always been a caregiver. Throughout her childhood in the Philippines and her move to Canada, the love of Christ and desire to serve has encouraged her in many ways. Your generosity helped give Cecil the opportunity to extend this compassion to the young people of Carlyle as a catechist. Your donations to the Archbishop's Appeal support Catechetics and other vital programs that uplift rural parishes. [Watch Cecil's video.](#)

[More information about the appeal and how to donate.](#)

Archdiocese 2021 AGM

The Annual General Meeting for 2021 will be held online on Wednesday, October 26 at 7 pm. Register [online](#) or email mgurash@archregina.sk.ca or call 306-352-1651 ext 6734. The 2021 Annual report can be [read here](#).