



*Sharing God's gifts,
Serving others,
In Christ's Love*

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Office Phone: 306-545-4051
Office Hours: Monday to Friday: 9 am to 3 pm

Web Site: www.stcecregina.com
Pastor: Rev. Brad Fahlman
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Associate Pastor: Rev. John Weckend
Caretaker: Merv Harrick

St. Cecilia parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak (neh HEY o wuk), Nahkawé (NUK ah way), and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

The Solemnity of the Most Holy Trinity, June 12, 2022



"But when he comes, the Spirit of truth, he will guide you to all truth..." (John 16:13)

It has been said that the best gift we can give someone is to teach them how to pray. If you don't talk and more importantly, listen, to God every day, how else will you know what He is calling you to do? Just as you talk to family and friends every day, get in the habit of talking with God every day. Develop a daily prayer routine. Keep your prayers simple and sincere. This is best done in silence, when you can hear His response.

This Week's Masses

Monday	June 13	No Mass.
Tuesday	June 14	7 pm – RIP Jerome Kuntz requested by Paulette Wendler.
Wednesday	June 15	10 am – RIP Donald Toth requested by Gerry Shivak.
Thursday	June 16	10 am – Intentions of Bernadette Warnke requested by St. Cecilia CWL.
Friday	June 17	9 am – RIP Maria Nguyen Ngoc requested by Diep Nguyen.
Saturday	June 18	11 am – Murray Grant Funeral. 7 pm.
Sunday	June 19	10 am.

Livestream Masses

Sunday

If you are not able to join us for Mass in person, join us online at 10 am for our livestream Mass.

Use one of these ways:

- [St. Cecilia YouTube Channel](#).
- St. Cecilia Website stcecregina.com.
- On the YouTube App, search for St Cecilia Regina.

Friday

Mass at 9 am is livestreamed as part of the Archdiocese Weekday Mass schedule.

If not attending, you can watch on the [Archdiocese YouTube Channel](#).

Covid Guidelines

Masking is optional in all indoor spaces at St. Cecilia. If you choose to wear a mask, we are committed to being **mask friendly**. You are encouraged to continue mask use for as long as you feel it is necessary, based on your personal risk assessment. Masks are available in the entrance area. The Archdiocese continues to encourage parishes to be cautious and prudent. [These recommendations](#) will continue to be followed at St. Cecilia.

Melita Stenhouse Retirement Tea This Sunday

You are invited to join in celebrating Melita's years of service to the St. Cecilia Parish Community. Come and Go Tea ♦ Sunday, June 12 ♦ 2 pm to 4 ♦ A short program will begin at 2:45.

August 2021 marked 36 years that Melita Stenhouse had been serving as the St. Cecilia Office Coordinator and cheerfully serving others. After being on medical leave for a few months, Melita decided to retire in November. Due to the Covid situation at that time, a celebration was not possible.

BBQ Dinner Winners

The St. Cecilia CWL congratulates Linda and Lyle Petryna, winners of the Father's Day catered BBQ dinner for 10; graciously donated by Schmitt's Smoked Meats. The members of the CWL are grateful to everyone who participated in their raffle and supported this very successful fundraiser.



Baking for Marian Centre

The Marian Centre welcomes baked goods to serve with the hot meals in their dining room. If you can help with baked goods, package them in a container or bag that you do not need returned and bring them to the church during regular office hours by Friday 9 am.

Needed: Family Fun Day Prizes

The Fun Day is June 26 (see all the details on the last page). If you have new or gently used items suitable for prizes for the kid's games, bring them to the church during regular office hours by June 23.

St. Francis 50/50 Raffle Fundraiser

The St. Francis CSCC (Catholic School Community Council) is fundraising for school initiatives. Tickets were distributed to the families of students. Tickets are also available from Amber in the Church Office. Tickets are \$5 each and if all 1000 are sold the winner will take home \$2500. The CSCC will make the draw at our Family Fun Day on June 26.

itwewin Corner (itwewin is the Cree word which means 'the word' or 'as it is said...')

Fr. John, Archdiocese of Regina Truth and Reconciliation Healing Committee.

Did you know...Gagwe:gih (whose name means 'Everything') of the Onondaga First Nation, was the first Indigenous runner to win the Boston Marathon (1907). He did it in record time. Known around the world as Tom Longboat, he was one of the most celebrated athletes of the early 20th century.

National Indigenous History Month



In June, Canadians will celebrate National Indigenous History Month to honour the history, heritage, and diversity of Indigenous peoples in Canada. The Lifelong Learning Centre (LLC) has planned a series of presentations to learn about the contributions First Nations, Inuit, and Métis people have made in shaping Canada.

You are invited to join LLC and the Aboriginal Grandmothers Support Network for these free presentations on Fridays in June from 10:30 am - 11:30 via Zoom. Thanks to support provided by the SK Seniors Mechanism and SaskLotteries. For more information or to register to attend the series or a single presentation visit www.uregina.ca/cce/lifelong or phone 306-585-5748.

June 17 // First Nations Challenges // Betty Nippi-Albright

Betty Nippi-Albright will speak on being the only First Nations, female MLA in the Province of Saskatchewan. This will include challenges and rewards as well as the racism Ms. Nippi-Albright has faced since being elected. Betty Nippi-Albright is a strong advocate for the rights of all citizens of Saskatchewan and will touch on our province's Duty to Consult policy, MMIWG2S (Missing and Murdered Indigenous Women, Girls and Two-Spirit People), Systemic Racism, and the work she has done in the Legislative Assembly to date. *Biography:* Betty Nippi-Albright, MLA. Betty Nippi-Albright was elected MLA for Saskatoon Centre in 2020. She is the opposition critic for First Nations and Métis Relations, Truth and Reconciliation, and the Public Service Commission. Betty is from Kinistin

Saulteaux Nation. She is a Saulteaux and Cree mother and grandmother. Betty and her husband have three grown children and seven grandchildren.

June 24 // Decade of Indigenous Languages: Indigenous Language Revitalization from Cradle to Grave // Andrea Custer

Andrea works at First Nations University of Canada as a Cree Language Lecturer and Program Coordinator for the Indigenous Languages and Linguistics program in Prince Albert, Saskatchewan. For most of her professional life, Andrea has been focused on teaching Cree language – from elementary school, junior high, high school and now in a university setting. Andrea volunteers as president for the Rock Cree Language Council Inc., as Secretary for the Foundation of Endangered Languages (FEL) Canada Chapter and is the co-host of the podcast “Cree and Coffee with the Crazy Crees” through the [pikiskwēwin project](#) at First Nations University. *Biography*: Andrea Custer, First Nations University of Canada. Andrea Custer comes from a long line of traditional harvesters and land-users in the askihk (uskik) lake and iskwatam lake areas along the māhtāwi-sīpiy (Churchill River) in Northern Saskatchewan. She’s a speaker of the Rock Cree Language and the mother of five beautiful children.

Thinking Faith 300 Throwback: TF01-What is Theology?

Thinking Faith Podcast with Deacon Eric Gurash and Dr. Brett Salkeld

Thinking Faith has officially reached our 300th Episode! In celebration, Eric and Brett have dug into the vault and dusted off their very first recording. Crack open your favorite bubbly brew, sit back, and enjoy the episode that started it all as we ask pointed questions like "What is Theology?" and "Why haven't these guys been canceled yet?" [Listen to the podcast.](#)

The Archdiocese Lay Formation Program

Go Make Disciples! "There is always hope. This community provides strength and a place to share and express where you are at and how you are feeling. There is a range of ages and people involved. I am a young mom among grandparents and although there is this dynamic difference among us, there is compassion and understanding." Farrah Semegen, Holy Child Parish, Regina.

One weekend per month from October until June, Catholics who want to know, love, and serve Christ more deeply come together at Campion College in Regina. Are you ready to fall more deeply in love with Jesus Christ and his Church? We are currently accepting applications for our Fall intake. Please contact Program Coordinator, Deacon Eric Gurash at 306-352-1651 ext 211 or egurash@archregina.sk.ca.

Love in the Kitchen: A Recipe for Holiness

The dinner table and the kitchen aren't just for making memories – they're where saints are created. In celebration of 30 years of international child sponsorship, Chalice is inviting everyone - from aspiring chefs to those who just like to eat (or enjoy a drink!) - to our free online event: Love in the Kitchen: A Recipe for Holiness.

On Corpus Christi weekend, June 18 -19, cook a meal live alongside celebrity chef Fr. Leo Patalinghug and ask author Rita Heikenfeld a question about biblical foods. Through the insights of 20+ renowned Catholic speakers, you'll discover why our Catholic faith should have a place at every meal. Bon Appétit! [Register here.](#)

From Fear to Love: Spiritual Grounding in Anxious Times

We live in trying times. Despite the unbelievable advances in almost every area of life, advances our grandparents would be hard-pressed to even imagine, life is unavoidably anxious, stressful, and unpredictable.

Admittedly, we can't do much to change the ways of the world, but we can offer an amazing new series of 5 practical and profound meditational videos that will help anchor and sustain you during these difficult days. Beginning July 16, the Henri Nouwen Society is delighted to present From Fear to Love: Spiritual Grounding in Anxious Times with Rev. Marjorie J. Thompson. Every week for 5 weeks, we will introduce a free video on our [HNS YouTube channel](#). Each video is designed to offer you insights and practices on how to enrich, deepen, and strengthen your spiritual life, and how to better cope with the stresses that threaten to erode your physical, mental, and spiritual wellbeing. An invaluable and much-needed resource for these challenging times! There will be support materials to accompany the videos available as free PDF downloads. To access these materials, you will need to [register here](#).

Archdiocese Bulletin

[Read the online bulletin](#) for more events and activities including Medieval Madness Leadership Camp, Catholic Summer Camps, and Philomena Walking Pilgrimage.

Family Fun Day

**St. Cecilia Church Parking Lot
5020 – 7th Avenue**

**Sunday, June 26
1 - 3 pm**

- Games for all ages.
- The more you play, the more chances to win prizes.
- Face-painting.
- Food concession (burgers, hotdogs, samosas, empanadas, pop, bottled water).
Free will offering.
- View and order hand-crafted leather goods. Proceeds to the Ukraine emergency.
- Table of free camping gear items courtesy of Fr. John.
- Bring a lawn chair to watch the fun and visit.

**Fun!
Games!
Prizes!
Food!**

**Great time for
photos and
memories with
children and
grandchildren**

