



*Sharing God's gifts,
Serving others,
In Christ's Love*

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Office Phone: 306-545-4051
Office Hours: Monday to Friday: 9 am to 3 pm

Web Site: www.stcecregina.com
Pastor: Rev. Brad Fahlman
Office Coordinator: Amber Gabriel

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Associate Pastor: Rev. John Weckend
Caretaker: Merv Harrick

St. Cecilia parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak (neh HEY o wuk), Nahkawé (NUK ah way), and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

Pentecost, June 5, 2022



"The Advocate, the Holy Spirit whom the Father will send in my name, will teach you everything and remind you of all that I told you." (John 14:26)

The materialism of our society lures us to concentrate more on what we want than on what God wants for us. The relativism of our world tells us that we should be tolerant of all things, that there is no absolute truth.

Pray to the Holy Spirit to transform our lives and to guide our thoughts, words, and actions. What you put in your head, heart and mind affect your actions. Put good things in and good things will come out.

This Week's Masses

Monday	June 6	11 am - Jerome Kuntz Funeral.
Tuesday	June 7	7 pm – Intentions of Hser Gay Paw & Jame Wah Ta requested by the Wah Ta Family.
Wednesday	June 8	10 am – RIP Patricia Kalenchuk requested by Fr. John Weckend.
Thursday	June 9	10 am – Souls of the Faithfully Departed requested by Diep Nguyen.
Friday	June 10	9 am – RIP Marlene Fahlman requested by the Buchko and Braun Families.
Saturday	June 11	7 pm.
Sunday	June 12	10 am.

Livestream Masses

Sunday

If you are not able to join us for Mass in person, join us online at 10 am for our livestream Mass.

Use one of these ways:

- [St. Cecilia YouTube Channel](#).
- St. Cecilia Website stcecregina.com.
- On the YouTube App, search for St Cecilia Regina.

Friday

Mass at 9 am is livestreamed as part of the Archdiocese Weekday Mass schedule.

If not attending, you can watch on the [Archdiocese YouTube Channel](#).

Covid Guidelines

Masking is optional in all indoor spaces at St. Cecilia. If you choose to wear a mask, we are committed to being **mask friendly**. You are encouraged to continue mask use for as long as you feel it is necessary, based on your personal risk assessment. Masks are available in the entrance area. The Archdiocese continues to encourage parishes to be cautious and prudent. [These recommendations](#) will continue to be followed at St. Cecilia.

Melita Stenhouse Retirement

You are invited to join in celebrating Melita's years of service to the St. Cecilia Parish Community. Come and Go Tea ♦ Sunday, June 12 ♦ 2 pm to 4 ♦ A short program will begin at 2:45.

August 2021 marked 36 years that Melita Stenhouse had been serving as the St. Cecilia Office Coordinator and cheerfully serving others. After being on medical leave for a few months, Melita decided to retire in November. Due to the Covid situation at that time, a celebration was not possible.

If you are unable to convey your thanks in person at the tea and wish to acknowledge the occasion, cards may be dropped off in the Welcoming Area or the Church office. If you wish to contribute to a gift from the parish, print **Melita Retirement** on an envelope and place in the weekly collection container in the Welcoming Area.



Family Fun Day

Sunday, June 26. Stop by the Church parking lot for games, specialty food, and fun for all ages. Check the bulletin for more information in the coming weeks.

Baking for Marian Centre

The Marian Centre welcomes baked goods to serve with the hot meals in their dining room. If you can help with baked goods, package them in a container or bag that you do not need returned and bring them to the church during regular office hours by Friday 9 am.

Special Collection

Catholic Missions in Canada – June 5

Catholic Missions in Canada seeks to sustain and extend the Catholic Faith in isolated, poor, and hard-to-reach mission areas in Canada. These are communities where diocesan resources are insufficient to keep the Church alive. Catholic Missions promotes national awareness on the needs of our Canadian missions and raises funds to sustain the work of evangelization. For more information, [click here](#).

Ways To Contribute:

- Envelope. Use the blue offertory envelope in your box or an envelope with cash or cheque (Payable to St. Cecilia Parish). Indicate on the envelope or cheque **Catholic Missions in Canada**.
- e-Transfer. For the recipient email address, enter etransfer@stcecregina.com. For the Memo or Message, enter **Catholic Missions in Canada**.
- Canada Helps. Go to [St. Cecilia Canada Helps](#). From the Fund drop-down list, choose **Catholic Missions in Canada** and enter your donation information.

itwewin Corner (itwewin is the Cree word which means 'the word' or 'as it is said...')

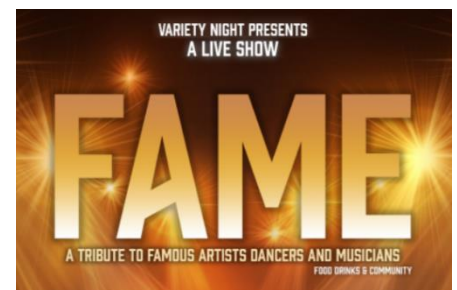
Fr. John, Archdiocese of Regina Truth and Reconciliation Healing Committee.

Did you know... "The pipe is a sacred object among First Nations' people. The pipe is a means of communication with the Creator... An individual who has been gifted with a Pipe is referred to as a Pipe carrier. Respect, self-discipline, and humility are needed to be a carrier of the Pipe. If you use the Pipe, you must worship in truth; you have to answer for those things that may not be right."

Variety Night

This year's show is entitled "FAME" and will feature tributes to famous singers, dancers, and performers. Please consider supporting the Office of Youth and Young Adult Ministry by joining us for the first variety night performance in 3 years! And it will have been worth the wait! Please join us for an absolutely delightful night of music, drama, dance, and comedy.

The show runs June 3 - 6 and is being hosted this year at Christ the King Parish Hall, 3239 Garnet St. Tickets are only \$12 and can be purchased at Christ the King Parish Office or [online here](#).



National Indigenous History Month



In June, Canadians will celebrate National Indigenous History Month to honour the history, heritage, and diversity of Indigenous peoples in Canada. The Lifelong Learning Centre (LLC) has planned a series of presentations to learn about the contributions First Nations, Inuit, and Métis people have made in shaping Canada.

You are invited to join LLC and the Aboriginal Grandmothers Support Network for these free presentations on Fridays in June from 10:30 am - 11:30 via Zoom. Thanks to support provided by the SK Seniors Mechanism and SaskLotteries. For more information or to register to attend the series or a single presentation visit www.uregina.ca/cce/lifelong or phone 306-585-5748.

June 10 // A Bird's Eye View! An Indigenous Journalist's Journey // Nelson Bird

Nelson Bird will share stories of the journey on being a mainstream journalist for more than 25 years. He is one of only a handful of Indigenous journalists in Canada and his perspectives, experiences, and history will enlighten audiences with stories of humour, adventure, triumphs, and tragedies. Nelson who is from Peepeekisis Cree Nation will talk about how growing up on a reserve has moulded his career and objectives in life.

Biography: Nelson Bird, CTV Regina News Editor. Nelson Bird is the assignment editor at CTV Regina News and has been in that position since 2013. He is the former anchor, reporter, and producer of the weekly CTV SK series "Indigenous Circle" which he hosted for more than 15 years. Nelson started with CTV Saskatchewan in 1998 as a video journalist, producer, and anchor person.

June 17 // First Nations Challenges // Betty Nippi-Albright

Betty Nippi-Albright will speak on being the only First Nations, female MLA in the Province of Saskatchewan. This will include challenges and rewards as well as the racism Ms. Nippi-Albright has faced since being elected. Betty Nippi-Albright is a strong advocate for the rights of all citizens of Saskatchewan and will touch on our province's Duty to Consult policy, MMIWG2S (Missing and Murdered Indigenous Women, Girls and Two-Spirit People), Systemic Racism, and the work she has done in the Legislative Assembly to date.

Biography: Betty Nippi-Albright, MLA. Betty Nippi-Albright was elected MLA for Saskatoon Centre in 2020. She is the opposition critic for First Nations and Métis Relations, Truth and Reconciliation, and the Public Service Commission. Betty is from Kinistin Saulteaux Nation. She is a Saulteaux and Cree mother and grandmother. Betty and her husband have three grown children and seven grandchildren.

June 24 // Decade of Indigenous Languages: Indigenous Language Revitalization from Cradle to Grave // Andrea Custer

Andrea works at First Nations University of Canada as a Cree Language Lecturer and Program Coordinator for the Indigenous Languages and Linguistics program in Prince Albert, Saskatchewan. For most of her professional life, Andrea has been focused on teaching Cree language – from elementary school, junior high, high school and now in a university setting. Andrea volunteers as president for the Rock Cree Language Council Inc., as Secretary for the Foundation of Endangered Languages (FEL) Canada Chapter and is the co-host of the podcast "Cree and Coffee with the Crazy Crees" through the [pikiskwewin project](http://pikiskwewinproject.com) at First Nations University.

Biography: Andrea Custer, First Nations University of Canada. Andrea Custer comes from a long line of traditional harvesters and land-users in the askihk (uskik) lake and iskwatam lake areas along the māhtāwi-sīpiy (Churchill River) in Northern Saskatchewan. She's a speaker of the Rock Cree Language and the mother of five beautiful children.

Saints and Mental Health: St. Raphael, Remedy of God

Thinking Faith Podcast with Deacon Eric Gurash and Dr. Brett Salkeld

Our monthly series on the Saints and Mental health continues as Deacon Eric Gurash reflects on Archangel, St. Raphael, and his role not just as a healer of physical ailments, but as a powerful intercessor and companion in times of serious grief and emotional distress.

Show Snippet: "The story of Tobit and his family reminds us that these answered prayers often come in surprising, disguised ways. A coworker or friend, a bit of scripture or song heard at a time of great need, or, as with Raphael, a lonely traveler, a stranger...all may be secret encounters with the divine reaching out to give answer to the deep need of our hearts." [Listen to the podcast.](#)

The Archdiocese Lay Formation Program

Mission-Discipleship-Service-Faith. "I see how graduates from the program have become more involved in the life of the parish: be it on pastoral council or one of the committees such as liturgy or social justice, etc. I have witnessed their faith grow from before they entered to the time of their graduation and how they become more in tune with their faith. In many ways you can see how they have fallen in love with the Lord and with his Church." - Fr. Stephen Bill, Christ the King, Regina.

One weekend per month from October until June, Catholics who want to know, love, and serve Christ more deeply come together at Campion College in Regina. Are you ready to fall more deeply in love with Jesus Christ and his Church? We are currently accepting applications for our Fall intake. Please contact Program Coordinator, Deacon Eric Gurash at 306-352-1651 ext 211 or egurash@archregina.sk.ca.

Thoughts on Ageing and Ageism and How to Overcome Them

Join Lifelong Learning Centre staff and members of the Seniors University Group to learn about ageism and ageist comments they have experienced and to share yours. This is part of a national campaign to eliminate ageism by recognising the important contributions older adults make to their families and their communities. Discussion and light refreshments to follow.

Thursday, June 16, 1:30 pm - 2:30. 2155 College Avenue. College Building, Room 112 (take the elevator on the east side of the lobby or go up the stairs to the 1st floor).

[Register here](#) or call 306-585-5748. Zoom option available. You must register 24 hours in advance to receive the Zoom link.

Parking - free for 2 hours on College Avenue or pay parking (\$2/hour) in front of the College Building or in Lot 20 behind the College Building. There is a payment machine for parking at the north end of Lot 20 which only takes credit cards. The payment machine for parking by the main doors on north side of lobby takes cash or credit cards.

Love in the Kitchen: A Recipe for Holiness

The dinner table and the kitchen aren't just for making memories – they're where saints are created. In celebration of 30 years of international child sponsorship, Chalice is inviting everyone - from aspiring chefs to those who just like to eat (or enjoy a drink!) - to our free online event: Love in the Kitchen: A Recipe for Holiness.

On Corpus Christi weekend, June 18 -19, cook a meal live alongside celebrity chef Fr. Leo Patalinghug and ask author Rita Heikenfeld a question about biblical foods. Through the insights of 20+ renowned Catholic speakers, you'll discover why our Catholic faith should have a place at every meal. Bon Appétit! [Register here](#).

From Fear to Love: Spiritual Grounding in Anxious Times

We live in trying times. Wars, mass shootings, climate change, political and economic polarization, hate crimes... and a pandemic that just won't go away! Add to this the stack of personal burdens that so many endure daily. Despite the unbelievable advances in almost every area of life, advances our grandparents would be hard-pressed to even imagine, life is unavoidably anxious, stressful, and unpredictable.

Something to make things better... Admittedly, we can't do much to change the ways of the world, but we can offer an amazing new series of 5 practical and profound meditational videos that will help anchor and sustain you during these difficult days.

Beginning July 16, the Henri Nouwen Society is delighted to present From Fear to Love: Spiritual Grounding in Anxious Times with Rev. Marjorie J. Thompson. Every week for 5 weeks, we will introduce a free video on our [HNS YouTube channel](#). Each video is designed to offer you insights and practices on how to enrich, deepen, and strengthen your spiritual life, and how to better cope with the stresses that threaten to erode your physical, mental, and spiritual wellbeing. An invaluable and much-needed resource for these challenging times!

There will be support materials to accompany the videos available as free PDF downloads. To access these materials, you will need to [register here](#).

Archdiocese Bulletin

[Read the online bulletin](#) for more events and activities including Medieval Madness Leadership Camp, Catholic Summer Camps, and Philomena Walking Pilgrimage.