



*Sharing God's gifts,  
Serving others,  
In Christ's Love*

5020 - 7th Avenue, Regina, Saskatchewan S4T 0S1  
Office Phone: 306-545-4051  
Office Hours: Monday to Friday: 9 am to 3 pm

Web Site: [www.stcecregina.com](http://www.stcecregina.com)  
Pastor: Rev. Brad Fahlman  
Office Coordinator: Amber Gabriel

E-mail: [contact@stcecregina.com](mailto:contact@stcecregina.com)  
Associate Pastor: Rev. John Weckend  
Caretaker: Merv Harrick

*St. Cecilia parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak (neh HEY o wuk), Nahkawé (NUK ah way), and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.*

## Fifth Sunday of Easter, May 15, 2022



*"I give you a new commandment: love one another. As I have loved you, so you also should love one another." (John 13:34)*

"As I have loved you," this is the hard part – Jesus's love is unconditional; our love usually comes with strings attached. It is easy to love someone when they love you back. But it takes mercy and compassion to love someone when you feel unappreciated, feel used, or feel like your opinion doesn't matter. It takes courage and the grace of God to "love my neighbour" when they may be someone you don't like, someone you don't know, or someone that doesn't look like you.

### This Week's Masses

|           |        |  |
|-----------|--------|--|
| Monday    | May 16 | No Mass.   |
| Tuesday   | May 17 | 7 pm – Confirmation and First Eucharist.                   |
| Wednesday | May 18 | 10 am – RIP Louis Marceau requested by the Marceau Family. |
| Thursday  | May 19 | 11 am – Lloyd Wilson Funeral.                              |
| Friday    | May 20 | 9 am – RIP Marlene Fahlman requested by St. Cecilia CWL.   |
| Saturday  | May 21 | 7 pm.  |
| Sunday    | May 22 | 10 am.   |

### Livestream Masses

#### Sunday

If you are not able to join us for Mass in person, join us online at 10 am for our livestream Mass.

Use one of these ways:

- [St. Cecilia YouTube Channel.](#)
- St. Cecilia Website [stcecregina.com](http://stcecregina.com).
- On the YouTube App, search for St Cecilia Regina.

#### Friday

Mass at 9 am is livestreamed as part of the Archdiocese Weekday Mass schedule.

If not attending, you can watch on the [Archdiocese YouTube Channel.](#)

### Covid Guidelines

Masking is optional in all indoor spaces at St. Cecilia. If you choose to wear a mask, we are committed to being **mask friendly**. You are encouraged to continue mask use for as long as you feel it is necessary, based on your personal risk assessment. Masks are available in the entrance area. The Archdiocese continues to encourage parishes to be cautious and prudent. [These recommendations](#) will continue to be followed at St. Cecilia.

## Praying for our Confirmation and First Eucharist Children



On Tuesday, May 17, 21 of our young people will celebrate the Sacraments of Confirmation and First Eucharist.

Please join Fr. Brad and Fr. John, along with Betty DeWildt and Sister Rufina of our Sacrament preparation team, in praying for these children and their families.

To meet the young people in a special way, [watch this video.](#)

If you wish to come and pray for our young people (Mass 7 pm), limited seating is available.

The Mass will be livestreamed.

## Catered BBQ Dinner – CWL Fundraiser

Father's Day Raffle for a chance to win a catered BBQ dinner for 10. Dinner valued at \$200 and graciously donated by Schmitt's Smoked Meats. Tickets are 1 for \$5 or 3 for \$10 and available after weekend Masses or from CWL executive members. Draw will be made after Mass on June 5.

**CWL / Knights of Columbus CFL Pool Tickets:** A limited amount of ticket packages are available for \$20 per package. Includes league games, western playoffs, and Grey Cup. 1 in 5 chances to win. Prize amounts \$20 - \$750. Available after weekend Masses.

## Cookies and Muffins for Marian Centre

The Marian Centre continues to serve about 130 bag lunches daily for those in need and is very grateful for donations of muffins, cookies, snacks, and other items. If you can help, package the baked goods in a container or bag that you do not need returned and bring them to the church during regular office hours by Friday 9:30 am.

## Melita Stenhouse Retirement

Celebrating Melita's years of service to the St. Cecilia Parish Community.

Come and Go Tea ♦ Sunday, June 12 ♦ 2 pm to 4 ♦ A short program will begin at 2:45.

August 2021 marked 36 years that Melita Stenhouse had been serving as the St. Cecilia Office Coordinator and cheerfully serving others. After being on medical leave for a few months, Melita decided to retire in November. Due to the Covid situation at that time, a celebration was not possible.



If you are unable to convey your thanks in person at the tea and wish to acknowledge the occasion, cards may be dropped off in the Welcoming Area or the Church office. If you wish to contribute to a gift from the parish, print **Melita Retirement** on an envelope and place in the weekly collection container in the Welcoming Area.

## itwewin Corner (itwewin is the Cree word which means 'the word' or 'as it is said...')

Fr. John, Archdiocese of Regina Truth and Reconciliation Healing Committee.

Did you know...Smudging is an act of purifying the mind and physical surroundings. It is a ceremony as described in this statement: "The burning of various medicine plants to make a smudge or cleansing smoke...As the smoke arises, our prayers rise to the Spirit World where the Grandfathers and our Creator reside. Negative energy, feelings, and emotions are lifted away." (p.18) "Smudging is utilized as a preparation for the individual to enter into prayer or a sacred learning." (p. 19) (Cultural Teachings: First Nations Protocols and Methodologies, SICCC, p.18 &19).

## Jesus Heals - Holy Mass, Preaching, and Healing Adoration

Tuesday, May 24, 6 pm – 9. St. Mary Parish, 2026 Winnipeg St.

Wednesday, May 25, 6 pm – 9. Holy Trinity Parish, 5020 Sherwood Dr.

Led by Fr. Jilto George CMI. For more information, contact: Tijesh Mani, 639-571-9155, Mathew Thomas, 306-502-3124, or [events.ca@shalommedia.org](mailto:events.ca@shalommedia.org). Sponsored by [Shalom World](#).

## **Age-Friendly Regina**

Join members of the Age-Friendly Regina Advisory Committee to learn what Age-Friendly Cities are, what they mean for older adults, and that Regina is to be recognised as an Age-Friendly City by the province this fall. You will also have an opportunity to share your thoughts on what would make Regina more age-friendly, and to enjoy light refreshments.

Thursday, May 19, 1:30 pm - 2:30. 2155 College Avenue. College Building, Room 112 (take the elevator on the east side of the lobby or go up the stairs to the 1st floor).

[Register here](#) or call 306-585-5748. Zoom option available. You must register 24 hours in advance to receive the Zoom link.

Parking - free for 2 hours on College Avenue or pay parking (\$2/hour) in front of the College Building or in Lot 20 behind the College Building. There is a payment machine for parking at the north end of Lot 20 which only takes credit cards. The payment machine for parking by the main doors on north side of lobby takes cash or credit cards.

## **Walking Together: Archdiocese of Regina Synod Gathering**

Join us on Saturday, May 28, from 10 am - 4 pm (with optional 9 am Mass) at Resurrection Parish, 3155 Windsor Park Rd for our Archdiocesan Synod Gathering. The day will feature presentations on the Synod process and a detailed discussion of the final Diocesan Report. We will discuss the report, make revisions as needed, and consider changes to the Pastoral Priorities of the Archdiocese.

[Register here](#). The registration deadline is Wednesday, May 25. Lunch will be provided. If you register after May 25, your registration will not include lunch.

## **Men's Mental Health: Breaking the Silence Online Event**

Tuesday, May 24, 7 pm – 9. via Zoom. In honour of Mental Health Month, Deacon Eric Gurash of Emmaus Family Support Ministries will share his personal experiences and how our Catholic faith and evidence-based research can work together to break the silence, end stigma, and open up avenues of support for men's mental health.

This event will be of interest to men as well as spouses, friends, or family members who offer support for those with mental health challenges. [Register here](#).

## **Faith Reason and a Hermeneutic of Suspicion with John Jalsevac - Part 1**

### **Thinking Faith Podcast with Deacon Eric Gurash and Dr. Brett Salkeld**

In this three-part series, Dr. Brett Salkeld sits down with John Jalsevac to discuss their experiences of unhealthy approaches to faith and truth-seeking and work out healthier ways forward. Show Snippet: "There's something broken in the way we're pursuing truth and fact, and I've been trying to sort out what that is." [Listen to the podcast](#).

## **The Spiritual Motherhood of Priests (SMOP) Apostolate**

As part of the Spiritual Motherhood of Priests, women try to imitate our Blessed Mother Mary, the first Mother of Priests, in her humility and sacrifice.

In a life-long commitment, every woman who feels called to the Spiritual Motherhood of Priests is given the name of one priest in the Roman Catholic Archdiocese of Regina to adopt as her "spiritual son", promising to anonymously pray daily for him, as well as to pray for him during a weekly hour of Eucharistic Adoration, and to make sacrifices to help her priest-son give himself to God more perfectly as shepherd of his flock.

All women – single, married, widowed, consecrated, religious – are welcome to discern this apostolate of prayer and sacrifice for the sanctification and support of our priests. The Archdiocese of Regina has over 90 priests including our retired priests. Currently, 32 have been adopted and have Spiritual Mothers.

Women interested in the Spiritual Motherhood of Priests Apostolate are invited to contact Shannon Novak at [smopregina@gmail.com](mailto:smopregina@gmail.com) or 306-520-2470.

## **Pope Francis' Monthly Prayer Intention - May**

We pray for all young people, called to live life to the fullest; may they see in Mary's life the way to listen, the depth of discernment, the courage that faith generates, and the dedication to service. [Watch the Pope's video](#).

## May is Reverence for Life Month

Here are some resources from the Archdiocese.

[Watch and pray the multi-lingual Reverence for Life Rosary](#)

[Watch the Life is a Gift Webinar.](#) [Watch 'A Father's Love Letter' music video.](#)

## Reverence For Life Prayer

You are encouraged to pray the Reverence for Life Prayer daily.

O Mary, to you do we entrust the cause of life.  
Look down O Mother upon the vast number of babies not allowed to be born,  
on the poor whose lives are made difficult,  
on those who are victims of brutal violence,  
on the elderly and sick killed by indifference or misguided mercy.

We ask for the grace to accept the Gospel of Life as a gift ever new,  
and the courage to bear witness to it.  
To the praise and glory of God,  
the Creator and lover of life.  
Amen!

## The Archdiocese of Regina Lay Formation Program

"I'd love to take the course, but I want to wait until; my kids are grown, I can slow down at work, I'm retired..."

The sad truth is, nearly 75% of young people, even those raised in religious homes, will leave the Church by the time they are 25 - well before many of us retire! Some of the most common reasons given for leaving one's faith behind include; perceived conflicts between faith and science, Christians behaving badly, a lack of evidence for the existence of God and difficulties with some of the Church's teachings. Our sons and daughters need mentors who are "well-trained and animated by a sincere faith...whose life has been touched by the personal and merciful love of Jesus Christ" (Pope Francis).

We are currently accepting applications for our Fall intake. Please contact Program Coordinator, Deacon Eric Gurash at 306-352-1651 ext 211 or [egurash@archregina.sk.ca](mailto:egurash@archregina.sk.ca).

## Refugee Sponsorship Fundraising Events – Holy Rosary Cathedral

For more information about these events, call Bernadette at 306-525-0049 (Home) or 306-537-4158 (Mobile).

Hazardous waste pickup for the next City of Regina hazardous waste day. The deadline is Thursday, May 19.

Rider Game Day Parking on Monday, May 23 beginning at 1 pm at the Cathedral parking lot on the corner of 13th Avenue and Cameron Street. \$10 per car.

Rummage sale on Saturday, June 4 in the Cathedral basement between 9 am and 4 pm. If you have treasures for the sale, bring them on Friday between 5 pm and 9. Proceeds of the sale will be split between the needs of the parish and the refugee sponsorship.

## Variety Night 2022

Variety Night is back! This year's show is entitled "FAME" and will feature tributes to famous singers, dancers, and performers.

Please consider supporting the Office of Youth and Young Adult Ministry by joining us for the first variety night performance in 3 years! And it will have been worth the wait! Please join us for an absolutely delightful night of music, drama, dance, and comedy. The show runs June 3 - 6 and is being hosted this year at Christ the King Parish Hall, 3239 Garnet St.

Tickets are only \$12 and can be purchased at Christ the King Parish Office or [online here](#).

