



*Sharing God's gifts,  
Serving others,  
In Christ's Love*

5020 - 7th Avenue, Regina, Saskatchewan S4T 0S1  
Office Phone: 306-545-4051  
Office Hours: Monday to Friday: 9 am to 3 pm

Web Site: [www.stcecregina.com](http://www.stcecregina.com)  
Pastor: Rev. Brad Fahlman  
Office Coordinator: Amber Gabriel

E-mail: [contact@stcecregina.com](mailto:contact@stcecregina.com)  
Associate Pastor: Rev. John Weckend  
Caretaker: Merv Harrick

*St. Cecilia parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak (neh HEY o wuk), Nahkawé (NUK ah way), and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.*

## First Sunday of Lent, March 6, 2022



*"I have now brought you the first fruits of the products of the soil which you, O Lord, have given to me." (Deuteronomy 26:10).*

This line from the Old Testament offers two challenges. First, do you give to God from your "first fruits" - the first and best that you have to offer, or do you give from what you have left over?

Second, do you realize that everything you have and that everything you are, has been given to you by God?

Ask God for a grateful and generous heart, every day, in all circumstances.

### This Week's Masses

Monday	March 7	No Mass.
Tuesday	March 8	7 pm – Souls of the Faithfully Departed requested by Diep Nguyen.
Wednesday	March 9	10 am – Intentions of RCMP Troop 1B requested by Cecilia Son.
Thursday	March 10	10 am – RIP Ray Feesel requested by Helen Feesel.
Friday	March 11	9 am – Intentions of Hilda Charles requested by Betty Charles.
Saturday	March 12	7 pm.
Sunday	March 13	10 am.

### Livestream Masses

#### Sunday

If you are not able to join us for Mass in person, join us online at 10 am for our livestream Mass.

Use one of these ways:

- [St. Cecilia YouTube Channel](#).
- St. Cecilia Website [stcecregina.com](http://stcecregina.com).
- On the YouTube App, search for St Cecilia Regina.

#### Friday

Mass at 9 am is livestreamed as part of the Archdiocese Weekday Mass schedule.

If not attending, you can watch on the [Archdiocese YouTube Channel](#).

### Covid Update

As of February 28, indoor masking was optional in the province and masking is optional in all indoor spaces at St. Cecilia. If you choose to wear a mask, we are committed to being **mask friendly**. You are encouraged to continue mask use for as long as you feel it is necessary, based on your personal risk assessment. Masks are available in the entrance area.

The Archdiocese continues to encourage parishes to be cautious and prudent. [These recommendations](#) will continue to be followed at St. Cecilia.

# Lent 2022

## Eucharistic Adoration

Tuesday evening, 7:30 – 8:30 after the 7:00 Mass.

## Sacrament of Reconciliation

Tuesday evening during Eucharistic Adoration, 7:30 – 8:30 after the 7:00 Mass.

Saturday morning beginning March 12, 11 am to Noon.



If you wish to receive the Sacrament of Reconciliation other than the above times, please call the office to arrange a time with Fr. Brad or Fr. John.

## Reflect on the Stations of the Cross

Friday evening, 7 pm.

If not attending, you can participate on the Livestream.

## World Day of Prayer – Rosemont Area Churches

If you were not able to attend the online World Day of Prayer 2022 - England, Wales, and Northern Ireland - "I Know the Plans I have for You" on February 27, Reuben and Cecilia Mercado, Ecumenism Team leaders invite you to [watch the replay video](#) on the St. Cecilia YouTube Channel.

## Baptism Preparation

If you missed session one on March 3 for parents of infants and small children, you can register for the second and last session on Thursday, March 17 from 7:30 pm to 9. Baptisms will be in April. To register, email Cheryl at [stcecbaptism@gmail.com](mailto:stcecbaptism@gmail.com) or if you do not have email, call the parish office 306-545-4051.

## Cookies and Muffins for Marian Centre

The Marian Centre is serving about 130 bag lunches daily for those in need and is very grateful for donations of muffins, cookies, snacks, and other items.

If you can help, package the baked goods in a container or bag that you do not need returned and bring them to the church during regular office hours by Friday 9:30 am.

## St. Cecilia Drive-Thru Spring Dinner – March 20

Turkey, mashed potatoes, gravy, cranberry sauce, vegetables, 4 salads, bun, and dessert.

Catered by Charlottes.

\$22 a meal (cash or cheque).

Pick-up between 4 and 5 pm, 5020 – 7th Ave.

For tickets call:

- Amber (Office) – 306-545-4051
- Dale/Janette - 306-543-0560
- Clarence/Jan - 306-545-0192.

**Last day to purchase tickets is March 13.**

**Tickets also  
available after  
weekend  
Masses**



## Parish Library Featured Author



For the Lenten season Henri Nouwen is featured. We have been gifted with numerous copies of his books. They are available to borrow in the entrance area of the church.

Henri Nouwen (1932-1996)

2021 was the 25th Anniversary of the death of Henri Nouwen.

His writings remain popular all around the world. He published over 40 books. He was educated and taught in prestigious universities. Henri experienced and shared fully his lived humanity. He suffered much in his life, including depression and low self esteem and doubt, despite his brilliant mind and being viewed as highly successful by the academic elite. He was invited to speak all around the world including several homilies at the Crystal Cathedral

in Los Angeles. Some of these talks can be found on YouTube.

During the last 10 years of his life, he found his true calling, or what the Celts would call his place of Resurrection, and was very much at home serving the poor and the physically and mentally handicapped in the LArche Daybreak community in Richmond Hill, Ontario. Henri really understood what many of us go through in life and is a great encourager of how much we are the Beloved of God.

## Archbishop Don's Ash Wednesday Message

Dear brothers and sisters in Christ,

This year we enter the season of Lent with many people feeling like the world is coming apart at the seams. To some degree it has felt that way the last two Ash Wednesdays, but this year, it is even more acute. The pandemic has worn us down and had negative repercussions in 10,000 ways. The polarization in our society, which we feel also in the church, has worsened considerably in recent months. Over the past year, the church has been called to task as never before. And the invasion of the Ukraine has brought great grief and discouragement. The earth does not seem very stable beneath our feet.

Lent is a season where we come to the Lord empty handed, where we come bringing our needs, our struggles, and the burdens of our lives, our families, our communities, and our world, bringing them into the presence of the crucified and risen Lord. We come before God as a wounded people, a people with problems bigger than we can manage. There is room for all of that, and for all of us, in the season of Lent. Every year on Ash Wednesday we hear the same invitation from the prophet Joel: "Even now, says the LORD, return to me with your whole heart, with fasting, and weeping, and mourning; rend your hearts, ...and return to the LORD, your God. For gracious and merciful is he, slow to anger, rich in kindness."

Lent is a season of transformation, a season for the reordering of our lives. In the language of the desert fathers of the 3rd century, it is a furnace of transformation, a place where God changes the world beginning with our hearts and minds. This year, Pope Francis has asked us to make Ash Wednesday a day of fasting and prayer for peace in the Ukraine; a day to be close to the sufferings of the Ukrainian people; and to implore of God the end of the war. Let us respond generously.

Through this season of Lent, let us be deeply attentive to the sufferings of others, and ask for the eyes to see where we ourselves are being called to address that suffering, or to accompany those who are heavily burdened. Let us see the face of the crucified Lord in our sisters and brothers, and respond with compassion. And let us not lose hope. Our God is a God who shows us the face of boundless mercy in the midst of the trials and tribulations of life, and who walks with us most intimately there. So, dear people of the Archdiocese, If we feel the brokenness of the world around us, or feel it internally; if we feel disoriented, struggling, carrying heavy burdens; if the world, and the church itself, seems to be deeply wounded; if our prayer is a dry longing and our hope is strained... Do not despair. Do not despair. As we enter the season of Lent, let us entrust ourselves to the Lord once again. God is at work in our midst. God is with us, encouraging us to begin again, to be faithful, to love, to seek justice, to give of ourselves fully. God loves us, loves our broken world, and wants to allow his body to be given anew for the redemption of the world. We are that body. Let us embrace our calling and live this moment as well as we can, by the grace of God. Wishing you all a blessed season of Lent. [Watch the video here.](#)

## **Sacred Places and Spaces: March Seminars on Ecumenical Stewardship**

You are invited to join in our March 2022 series of Ecumenical Stewardship seminars. We're thinking about the use of sacred buildings and properties in new ways. Join us Thursdays, March 10, 17, and 24 at 3 pm on Zoom.

### **March 10: Greening Our Churches**

Norman Lévesque will explore with us the various ways our facilities and our grounds can reduce their impact on God's beautiful Creation.

Norman Lévesque is animator of Creation Care Ministry in the Diocese of St-Jean-Longueuil outside Montréal. The founder of the [Green Churches Network](#), Norman served as executive director from 2009 to 2018. He has also been Associate Director of the Canadian Centre for Ecumenism, sessional lecturer at the Institut de pastorale des Dominicains, and Assistant to the General Secretary of the Assemblée des évêques catholiques du Québec. He is author of *Greening Your Church and Prendre soin de la Création* (Novalis, 2014) and a co-author of *Les pages vertes de la Bible* (Novalis, 2012).

### **March 17: Sharing Sacred Spaces – Facilities and Ministries**

Rev. Dr. Sandra Beardsall will discuss the many and varied ways denominations can work together in ministry and in the sharing of facilities.

### **March 24: Loving Our Neighbours! (again)**

Carla Leon and Zoë Chaytors will engage us in the question of how we practically interact with our communities and use our physical resources in mission for the good of all.

[Register here](#). For further information, contact Archdeacon Cheryl Toth at [stewardship@sasktel.net](mailto:stewardship@sasktel.net).

### **Past Session - March 3: From Maintenance to Mission**

Rev. Dr. Iain Luke will help us consider the factors in moving congregations to a more missional approach in their ministry.

Rev. Dr. Iain Luke, an Anglican priest, has been principal of the College of Emmanuel & St. Chad in Saskatoon since 2016. He previously served as Dean of Athabasca and rector of St. James' Cathedral in Peace River, Alberta as well as parish appointments in Humboldt, Watson, and Nipawin, Saskatchewan. From 1999 to 2007 he was Director of the Institute for Anglican Ministry and Assistant Professor of Theology at St. John's College, Winnipeg. Iain has been a member of the Anglican-Roman Catholic Dialogue in Canada since 2016.

[Watch the replay here](#).

## **Yo Dawg, I Hear You Like Synods - Part 2**

### **Thinking Faith Podcast with Deacon Eric Gurash and Dr. Brett Salkeld**

In this part 2 of 2, Deacon Eric Gurash rejoins the podcast as he and Dr. Brett Salkeld discuss the 2021-2023 Synod on Synodality.

Show Snippet: "The potential is there to transform a parish from being concerned about how they're going to pay for the roof...to how do we care for our neighbours that are experiencing hardship of any kind? How do we bring the gospel to people, not just preaching the words of the gospel, but bring the heart of the gospel into the places in our community that aren't showing up in our church?" [Listen to the podcast](#).

## **Hand Lettering Retreat on the Present Moment**

Lenten evening of reflection using the hand-written word as a form of meditation. Monday, March 14, 7 pm – 8:30 at Christ the King Church, 3239 Garnet Street. No experience or artistic skill is required. All materials will be provided. There is no fee to attend – a free-will offering will go towards the parishes retreat ministry. The number of participants is limited, [please register here](#) by March 7.

## **Women at the Well**

A monthly gathering for a time of quiet reflection on scripture and sharing.

Saturday, March 12, 2 pm to 4 at the Marian Centre, 1835 Halifax Street.