



*Sharing God's gifts,  
Serving others,  
In Christ's Love*

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Office Phone: 306-545-4051  
Office Hours: Monday to Friday: 9 am to 3 pm

Web Site: [www.stcecregina.com](http://www.stcecregina.com)

Pastor: Rev. Brad Fahlman

Office: Amber Gabriel (Melita Stenhouse on leave)

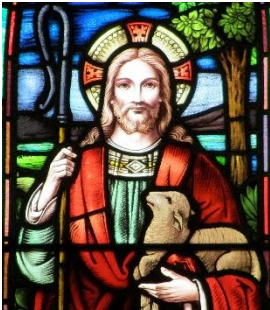
E-mail: [contact@stcecregina.com](mailto:contact@stcecregina.com)

Associate Pastor: Rev. John Weckend

Caretaker: Merv Harrick

*St. Cecilia parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak (neh HEY o wuk), Nahkawé (NUK ah way), and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.*

## Twenty-Sixth Sunday in Ordinary Time, September 26, 2021



*"Anyone who gives you a cup of water to drink because you belong to Christ, amen, I say to you, will surely not lose his reward." Mark 9:41*

We are made in God's image and likeness. We tend to forget this. When you look at others, do you see the face of Jesus in them? When others look at you, do they see the face of Jesus in you? When we realize that all lives matter to God, then gratitude and generously become easier. Why? Because that's the way we are made! We are one Body of Christ; when one of us is hurting, all of us feel the pain.

### This Week's Masses

Monday	September 27	No Mass.
Tuesday	September 28	7 pm – Intentions of Fr. John (50th Anniversary of Ordination on October 2).
Wednesday	September 29	10 am – RIP Ellen requested by Paulette Wendler.
Thursday	September 30	10 am – RIP Lauretta Schmidt requested by Joanne and Richard Mantyak. <b>Prayer Service for National Day for Truth and Reconciliation integrated in the Mass.</b>
Friday	October 1	9 am – RIP Velma Bojczuk requested by the Bojczuk Family. <b>Eucharistic Adoration and Reconciliation after Mass (9:30 to 10:30).</b>
Saturday	October 2	7 pm
Sunday	October 3	10 am

### Livestream Masses

#### Sunday

If you are not able to join us for Mass in person, join us online at 10 am for our livestream Mass.

Use one of these ways:

- [St. Cecilia YouTube Channel](#).
- St. Cecilia Website [stcecregina.com](http://stcecregina.com).
- On the YouTube App, search for St Cecilia Regina.

#### Friday

Mass at 9 am is livestreamed as part of the Archdiocese Weekday Mass schedule.

If not attending, you can watch on the [Archdiocese YouTube Channel](#).

### Masks Required

Masks must be worn in every indoor public space according to the September 16 Saskatchewan Public Health Order. This applies to all areas of the church building. Children under the age of two years are exempt. More information on the [Saskatchewan Government website](#).

## National Day for Truth and Reconciliation

The Canadian government proclaimed September 30 as a new national statutory holiday, a National day for Truth and Reconciliation to honour survivors, their families, and communities. The Catholic Church has a significant role and responsibility for Truth and Reconciliation in Canada.

### Education, Encounter, Experience

In his letter to Indigenous peoples in Saskatchewan on June 22, Archbishop Don wrote “to the extent that you want to continue to look to the Calls to Action, that you wish to engage with the church, to rebuild relations, to challenge us, to engage in open and even blunt conversations, to look for allies in addressing issues of justice, to engage in discussions about Indigenous spirituality, to work towards right relations and a just society, we will do everything we can so that you will find a willing partner on all of those fronts.”

In order for each individual to be equipped to be willing partners in the journey of Truth and Reconciliation, the special National Day for Truth and Reconciliation bulletin included with this weekly bulletin has some suggestions for you to consider.

### Wearing an Orange Shirt

You are encouraged to wear an orange shirt on September 30 and at Masses September 25 and 26 and October 2 and 3 to show wâhkôhtowin – kinship – with Indigenous communities, especially those still struggling with the intergenerational effects of residential schools.

### Regina Indian Industrial School (RIIS) Cemetery Event

September 30 from 2 to 3:30 pm. The cemetery is on Pinkie Road just west of the Paul Dojack Centre.

#### Program:

- Opening remarks and prayers by an Elder.
- Face painting by Street Culture.
- Indigenous clown who sings.
- Children can write happy birthday messages to the children on cardboard orange shirts that are hanging along the picket fence.
- Two piñatas shaped like orange shirts stuffed with candy.
- Making tobacco ties, as well as the accompanying teachings.
- Cupcakes with orange icing and singing happy birthday.



Children welcome. Although outside, masks must be worn throughout the event.

### Holy Rosary Cathedral Event

September 30 from 3 to 6 pm

#### 3 pm

- Communal Prayer Service in honor of National Day for Truth and Reconciliation; followed by an Indigenous led Rosary in Cree.
- Time for silent prayer for those who wish.

#### 4:30 pm

- Cultural experience and teaching through traditional Indigenous children dancing; steps towards healing and reconciliation.
- Snack bags will be provided in the church parking lot.
- Please bring a lawn chair and warm clothing as we hope to have the dancing outside in the parking lot area.

The event will be held following all public health orders. Wearing a mask indoors is required

### Communion for Shut-ins

If you or someone you know is not able to attend Mass and would like to receive Holy Communion, call Amber in the office 306-545-4051 for more information.

## Cookies and Muffins for Marian Centre

The Marian Centre is serving bag lunches for those in need and is very grateful for donations of muffins, cookies, or other baked goods. They will continue to serve meals at the door until October 18, when they hope to return to indoor hospitality and meals.

If you can help, package the baked goods in a container or bag that you do not need returned and bring them to the church during regular office hours by Friday 9:30 am.



## Clothing for Carmichael Outreach Centre

Seasonal clothing and footwear (all ages, sizes, and genders) is being accepted. If you can help, package the clothing in bags or boxes and drop them off on the steps by the front doors of the church during regular office hours.

## Fr. John's 50th Anniversary of Ordination

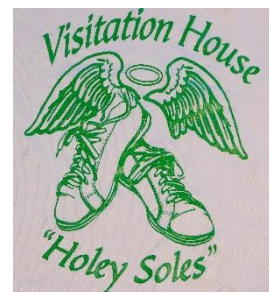
October 2 marks 50 years that Fr. John has been serving Christ and others. Due to the Covid situation, celebrations are not being planned at this time. If you wish to recognize the occasion, cards may be dropped off in the Welcoming Area or the Church office. If you are thinking of a gift, Fr. John has suggested a donation to Visitation House in his name would be appreciated.

## Visitation House Supported Through Queen City Marathon 2021

Fr. John ran in the first marathon in 2001 and since then has raised over \$160,000 in support of Visitation House, an outreach centre for women in downtown Regina, under the auspices of the Archdiocese of Regina.

Although Fr. John took a break from running a few years ago, he still organized a team to continue this wonderful work. This year, he has returned to run with the Holy Soles Team.

[Watch Fr. John's message about this year's run.](#) To find out more about Visitation House, [watch this video](#) from the Director, Theresa Hilbig.



**Donations accepted until September 30.** Donations of \$10 or more receive a charitable donation receipt.

Ways you can donate now:

- Cash or cheque (payable to Visitation House). Self-serve donation envelopes available after weekend Masses through the coordination of the CWL or drop off at the church during office hours.
- Interac e-Transfer through Archdiocese of Regina, using email address [visitationhouse@archregina.sk.ca](mailto:visitationhouse@archregina.sk.ca)
- Mail cheques to Visitation House, 900 - 11th Avenue, Regina S4N 0K7

## Sacrament Preparation for Children 2021-2022

### The Sacraments of Confirmation and Holy Eucharist

- Students in Grade 2 and older are invited to attend with a parent/guardian.
- Classes will be held in St. Cecilia Church on these Thursdays in 2022: January 13, February 17, March 10, March 24, April 7, and May 5 at 7:00 pm.
- The date of the Confirmation/First Eucharist mass is to be determined.
- To register, email Betty at [sacraments@stcecregina.com](mailto:sacraments@stcecregina.com) or if you do not have email, call Amber in the parish office 306-545-4051 by November 18.
- Please note that changes to in-person lessons may be made to meet SHA regulations.



### The Sacrament of Reconciliation

- Students in Grade 4 and older are invited to attend with a parent/guardian.
- Classes will be held in St. Cecilia Church on these Thursdays in 2022: February 10 and February 24, at 7:00 pm.
- The First Reconciliation Celebration will be on Saturday, March 5, 2022, at 11:00 am.
- To register, email Betty at [sacraments@stcecregina.com](mailto:sacraments@stcecregina.com) or if you do not have email, call Amber in the parish office 306-545-4051 by January 7, 2022.
- Please note that changes to in-person lessons may be made to meet SHA regulations.



## ArchRegina Congress and Archbishop's Appeal Kickoff Replay

Thank you to everyone for joining in this year's congress. For those who were not able to join in, you can watch the congress on the [Archdiocese YouTube Channel](#).

## **Unbinding Love - ArchRegina Congress 2021 with Cande de Leon**

Thinking Faith Podcast with Deacon Eric Gurash and Dr. Brett Salkeld

This week, Thinking Faith presents a replay of our Fall Congress keynote address by Cande de Leon from the diocese of Phoenix Arizona speaking to us about his holistic approach to stewardship and its connection to our 2021 Archbishop's Appeal theme "Unbinding Love." Show Snippet: "We forget that it's the championship game. Every Mass is the championship game. So when we go, we have to go completely prepared, and ready to give; ourselves, our sacrifice, our prayers so that we can receive Jesus." [Listen to the podcast](#). Check out Cande's Book "[The Heart of the Mission: Simple Ways to Bring People to Jesus](#)".

### **22nd Archbishop's Appeal**

As we embrace the beginning of this Fall season, let us open our hearts and welcome the start of the 22nd Archbishop's Appeal. The theme this year is about love, God's Unbinding Love. More information and gift cards will be sent to your mailboxes soon.

While we journey into the Advent Season, we encourage you to reflect on all the things you are grateful for and give thanks to God for His unbinding love, and prayerfully consider a donation that would show your love to His Church.

### **Megan McKenna – Reconciliation and Restoration**

[Megan McKenna](#), an internationally known author, theologian, storyteller, and lecturer will be speaking on Reconciliation and Restoration over two evenings. Tuesday, September 28 and Wednesday, September 29. You can join in person at Resurrection Parish or by [livestream](#). Tuesday begins with Mass at 7 pm followed by Megan's talk. Wednesday, Megan's talk will begin at 7 pm. If attending in person, wearing a mask is mandatory.

### **Season of Creation September 1 - October 4**

Season of Creation Mountain Sunday. Creator God, we are asked to move a mountain of indifference to the earth. We have taken more than we need, leaving little margin for the future. Biodiversity is groaning under the pressure. Soften our hardness of heart. Turn our gaze to each other, especially those most affected by the severe droughts, heat, and floods caused by climate change. Help us to truly hear the cry of the earth and the cry of the poor. (Linda Maddaford). Learn more about the [Season of Creation](#).

### **Wicihitowin Indigenous Engagement Online Conference**

The 7th Wicihitowin Indigenous Engagement Conference invites community organizations, governments, and businesses to learn about inclusive representation of Indigenous people as employees, volunteers, and decision-makers. Within the context of the Truth and Reconciliation Commission's Calls to Action, if you're working towards respectful Indigenous engagement and inclusion in a community-based setting, this conference is for you. Join us on the path to reconciliation.

This year's free online conference on October 5 to 7 will explore the Seven Sacred Teachings that guide Indigenous People's ways of knowing. Together, we can learn how these teachings can inform, heal, and support communities, organizations, governments, and businesses on their paths to reconciliACTION. [Register here](#).

### **Turkey Dinner Raffle – St. Francis School**

Win a turkey dinner and all the fixings delivered to your door.

\$1 a ticket. 10 tickets in a booklet. Contact Amber in the parish office at 306-545-4051. Deadline October 4.

### **Newcomer Resume Building Skills Workshop**

Presented by Catholic Family Services Career and Support Services. The workshop includes, building personal data record, understanding resume format, strategies to customize your resume, making an Applicant Tracking System (ATS) friendly resume, best practices for resume writing.

Age group: 15 and over. October 5, 1:30 - 3.30 pm. Online. For registration and more details, email [kavan@cfsregina.ca](mailto:kavan@cfsregina.ca) or call 306-525-0521.

### **Archdiocese of Regina Bulletin**

[Read the online bulletin](#) for more events and activities including, Luther Lecture – Religions and the Pandemic: Sobering or Hopeful? (September 27), Young Adult Vigil and Hike (October 2), Life Chain (October 3), Catholic Family Services Retail Excellence Program for people who want to pursue a career in the Retail Industry, Archdiocese Lay Formation Program, and Praying for Priests Apostolate.



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## **National Day for Truth and Reconciliation**

The Canadian government proclaimed September 30 as a new national statutory holiday, a National day for Truth and Reconciliation to honour survivors, their families, and communities. The Catholic Church has a significant role and responsibility for Truth and Reconciliation in Canada.

With the recent confirmations of unmarked graves, this day gives us an opportunity to reflect on the history of residential schools, and to grow in our understanding towards a commitment to true healing and reconciliation.

### **Orange Shirt Day**

Orange Shirt Day, as September 30 was previously known, is a movement that officially began in 2013 but in reality it began in 1973 when six year old Phyllis Webstad entered the St. Joseph Mission Residential School, outside of Williams Lake, BC. Young Phyllis was wearing a brand-new orange shirt for her first day of school – new clothes being a rare and wonderful thing for a First Nation girl growing up in her grandmother's care - but the Mission Oblates quickly stripped her of her new shirt and replaced it with the school's institutional uniform.



Here is Phyllis Webstad's story.

When I was 6 years old, the day before I had to leave for residential school, my grandmother said "Tomorrow you will start school at the St. Joseph's Residential School. So today we can go to the General Store to buy a new shirt for school. You can have any shirt you want." In the store, my eyes caught sight of a bright orange shirt with a lace tie in the front. I said, "It is bright and exciting, just like I feel about starting school." The next morning, I put on that orange shirt. I was so proud of it. I was ready for when the Indian agent came to take me away.

When I arrived at school, right away they stripped me of my clothing, and I never saw the orange shirt again. I cried because:

- My feelings didn't matter.
- No one cared.
- I felt like I was worth nothing.
- All of us little children were crying, and no one cared.
- I was no longer excited about school.
- I had 300 more sleeps to put in until I could go home.
- No one listened to us. We did not matter.

I have struggled ever since with a sense of worthlessness and insignificance. I gave birth to my son when I was not even 14 years old. I finally went into treatment for healing when I was 27 to deal with issues of feeling worthless and insignificant. Sometimes, I still feel that I don't matter, but slowly I am getting over it. I told my story to the Truth and Reconciliation Commission in 2012.

While she only attended for one year the impact affected Ms. Webstad's life for many years. "I finally get it, that feeling of worthlessness and insignificance, ingrained in me from my first day at the mission, affected the way I lived my life for many years. Even now, when I know nothing could be further than the truth, I still sometimes feel that I don't matter."

Ms. Webstad's story is the nucleus for what has become a national movement to recognize the experience of survivors of Indian residential schools, honour them, and show a collective commitment to ensure that every child matters. The initiative calls for every Canadian to wear an orange shirt on September 30 in the spirit of healing and reconciliation.

The date, September 30, was chosen because that was the time of the year the trucks and buses would enter the communities to "collect" the children and deliver them to their harsh new reality of cultural assimilation, mental, sexual, and physical abuse, shame, and deprivation.

"The annual Orange Shirt Day on September 30 opens the door to global conversation on all aspects of Residential Schools. It is an opportunity to create meaningful discussion about the effects of Residential Schools and the legacy they have left behind. A discussion all Canadians can tune into and create bridges with each other for reconciliation. A day for survivors to be reaffirmed that they matter, and so do those that have been affected. Every Child Matters, even if they are an adult, from now on."

## **Education, Encounter, Experience**

In his letter to Indigenous peoples in Saskatchewan on June 22, Archbishop Don wrote "to the extent that you want to continue to look to the Calls to Action, that you wish to engage with the church, to rebuild relations, to challenge us, to engage in open and even blunt conversations, to look for allies in addressing issues of justice, to engage in discussions about Indigenous spirituality, to work towards right relations and a just society, we will do everything we can so that you will find a willing partner on all of those fronts."

In order for each individual to be equipped to be willing partners in the journey of Truth and Reconciliation, the following are some suggestions for you to consider.

## **Novena to the Martyrs for Those Hurt by Residential Schools**

Pray the 9 day Novena. [Online PDF here](#). Paper copies may be requested through the office.

## **Prayer Intentions for National Day for Healing and Reconciliation**

Let us pray for the Indigenous Peoples of Canada. That on this National Day for Healing and Reconciliation, may there be a greater respect and a new effort to build right relations rooted in truth and justice.

On this National Day for Healing and Reconciliation, we are called in a special way to pray for the survivors and intergenerational survivors of the Canadian Residential School system and their families. May they experience Christ's healing grace.

Let us pray for the Indigenous Peoples of Canada, and in particular within our Archdiocese of Regina. May the efforts and steps we have taken towards relationship building and dialogue, continue to pave a path forward towards healing and reconciliation.

That the Holy Spirit may guide our Church leaders in humility and justice, as they listen to and accompany members of the Indigenous community; that in a spirit of collaboration, concrete steps can be taken to respond to the TRC Calls to Action. And may our entire church community all respond to the need for healing and reconciliation.

That we, as members of the church, learn how to listen to the voices of Indigenous peoples, the stories of survivors and intergenerational survivors of Residential Schools, as we work together for justice, healing, and reconciliation.

### **Prayer for National Day for Healing and Reconciliation**

*Adapted from the Prayer for the Success of the Truth and Reconciliation Commission*

O God, we praise and thank You  
for the blessings of life in Canada  
from your natural bounty and from the work of human hands.

We ask you to open our ears  
to the truths about our collective history  
from survivors of residential schools.

We ask you to open our minds  
to the complex and subtle ways  
in which past mistakes, arrogance,  
misuse of authority, and even sinfulness  
have damaged our social fabric.

We ask you to open our hearts,  
that we may continue to listen  
even when the truth challenges us,  
that we may commit ourselves in all humility  
to do what we can,  
and that we may support the efforts of others  
to restore these broken relationships.

We pray with confidence that, by your grace,  
we may grow into your community of love and forgiveness.

We make this prayer in the name of the Father,  
and of the Son, and of the Holy Spirit. Amen.

### **Truth and Reconciliation – Ways to Educate Yourself**

*Archdiocese of Regina Indigenous Relations*

All efforts to address the broken relationship between Indigenous Peoples and the Catholic Church need to begin by listening to Indigenous people - Elders and Knowledge Keepers, Survivors, Chiefs, youth, and whole communities. Chief Cadmus Delorme has commented frequently that Indigenous and Church people of today were not there when the Indian Act came into being, when Residential Schools were opened, when the harsh effects of colonization began to impact Indigenous Peoples. But we have all inherited this situation, and it is for us to rise to the occasion to be instruments of healing and reconciliation. As Church, part of that inheritance is the legacy of having been complicit in the removal of children from their homes, and depriving them of their

language, culture, spirituality, and family life. We have a special responsibility to engage in the work of the truth and reconciliation process. We can do that in many ways, and there is a role for each of us to play.

It is our responsibility now to educate ourselves in order to walk the road together of right relationships, truth, justice and reconciliation. We offer a 3-fold way of entering into this: “Education – Encounters – Experiences.”

Here is a [link provided by Cowessess First Nation](#). There are some very concrete ways offered for non-Indigenous people to engage in learning and action.

### **EDUCATE Yourself on TRC, UNDRIP and the Office of the Treaty Commissioner (Saskatchewan)**

Where to EDUCATE Yourself on the Truth and Reconciliation Commission (TRC), United Nations Declaration on the Rights of Indigenous Peoples (UNDRIP), and the Office of the Treaty Commissioner (Saskatchewan).

- The [Truth and Reconciliation Commission website](#) includes reports (modern and historical), educational resources, maps, and much more.
- Truth and Reconciliation - [Calls to Action](#).
- [Office of the Treaty Commissioner \(OTC\)](#).
- [OTC recommended books](#).
- [How UNDRIP Changes Canada's Relationship with Indigenous Peoples](#) (5 minute video)
- [United Nations Declaration of the Rights of Indigenous Peoples](#).

### **View these short videos before reading or viewing other Residential School information**

- [Why Don't You People Just Get Over It](#) - Senator Murray Sinclair – CBC.
- [Justice for Aboriginal Peoples - Its time](#).
- [Took The Children Away](#).

### **Books, Videos, and Websites**

- [Saskatchewan Indigenous Cultural Centre](#).
- List of books about [Residential Schools - Goodreads](#).
- Canada, Aboriginal Peoples, and Residential Schools - [They Came for the Children](#).
- Clearing the Plains - James Daschuk.
- The Inconvenient Indian - Thomas King.
- The Education of Augie Merasty — David Carpenter & Joseph Auguste Merasty.
- Muffins for Granny.
- Indian Horse - also as a [film](#).
- [Reserve 107](#).
- [In the Spirit of Reconciliation](#).
- [First Contact](#) (this one is highly recommended).
- [It had to be Done](#) – National Film Board.
- [We Were Children](#) – National Film Board.
- [Residential School Videos](#) - University of the Fraser Valley.
- [Residential Schools Video](#) – The Canadian Encyclopedia.
- [Truth and Reconciliation Commission Videos](#).
- [We Will Stand Up](#) - Tasha Hubbard (Systemic racism today) – National Film Board.

Visit the Archdiocese [Indigenous Relations Page](#) for many other educational resources.