



Sharing God's gifts,
Serving others,
In Christ's Love

5020 - 7th Avenue, Regina, Saskatchewan S4T 0S1
Office Phone: 306-545-4051
Office Hours: Monday to Friday: 9:30 am to Noon and 1 pm to 4:30

Web Site: www.stcecregina.com E-mail: contact@stcecregina.com
Pastor: Rev. Brad Fahlman Associate Pastor: Rev. John Weckend
Office: Amber Gabriel (Melita Stenhouse on leave) Caretaker: Merv Harrick

St. Cecilia parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Metis peoples.

Twenty-Fourth Sunday in Ordinary Time, September 12, 2021



"Whoever wishes to come after me must deny himself, take up his cross, and follow me." Mark 8:34

Living a stewardship lifestyle means not only being responsible for my own life, but for the lives of others as well. We realize that our gifts are not intended for ourselves, rather they are meant to be shared with others.

"Taking up my cross" means doing things when someone else needs me and not when it's convenient for me.

This Week's Masses

Monday	September 13	No Mass.
Tuesday	September 14	7 pm – Intentions of Fran & Gerry Fincati requested by Joanne & Richard Mantyak.
Wednesday	September 15	11 am at Trinity Manor. See bulletin item for more information. Intentions of RCMP Troop 1B requested by Cecilia Son.
Thursday	September 16	10 am – Intentions of Emailda Charles requested by Betty Charles.
Friday	September 17	9 am – RIP Diane Loeppky requested by Kay & Gerald Hollis.
Saturday	September 18	7 pm
Sunday	September 19	10 am

Livestream Masses

Sunday

If you are not able to join us for Mass in person, join us online at 10 am for our livestream Mass.

Use one of these ways:

- [St. Cecilia YouTube Channel](#).
- St. Cecilia Website stcecregina.com.
- On the YouTube App, search for St Cecilia Regina.

Friday

Mass at 9 am is livestreamed as part of the Archdiocese Weekday Mass schedule.

If not attending, you can watch on the [Archdiocese YouTube Channel](#).

Change in Office Hours

Office hours are Monday to Friday 9:30 am to Noon and 1 pm to 4:30.

Communion for Shut-ins

If you or someone you know is not able to attend Mass and would like to receive Holy Communion, call Amber in the office 306-545-4051 for more information.

Baptism Preparation

Two sessions for parents of infants and small children will be held Thursdays, September 23 and 30 from 7:30 pm to 9. Baptisms will be in October.

To register, email Cheryl at stcecbaptism@gmail.com or if you do not have email, call the parish office 306-545-4051.

Cookies and Muffins for Marian Centre

The Marian Centre is serving bag lunches for those in need and is very grateful for donations of muffins, cookies, or other baked goods. They will continue to serve meals at the door until October 18, when they hope to return to indoor hospitality and meals.

If you can help, package the baked goods in a container or bag that you do not need returned and bring them to the church during regular office hours by Friday 9:30 am.



Clothing for Carmichael Outreach Centre

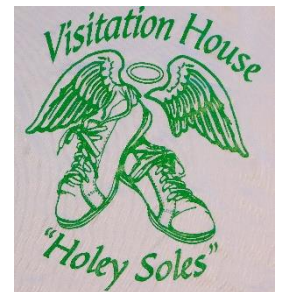
Seasonal clothing and footwear (all ages, sizes, and genders) is being accepted. If you can help, package the clothing in bags or boxes and drop them off on the steps by the front doors of the church during regular office hours.

Visitation House Supported Through Queen City Marathon 2021

Fr. John ran in the first marathon in 2001 and since then has raised over \$160,000 in support of Visitation House, an outreach centre for women in downtown Regina, under the auspices of the Archdiocese of Regina.

Although Fr. John took a break from running a few years ago, he still organized a team to continue this wonderful work. This year, he has returned to run with the Holey Soles Team.

[Watch Fr. John's message about this year's run.](#) To find out more about Visitation House, [watch this video](#) from the Director, Theresa Hilbig.



Donations of \$10 or more receive a charitable donation receipt.

Ways you can donate now:

- Cash or cheque (payable to Visitation House). Self-serve donation envelopes available after weekend Masses through the coordination of the CWL or drop off at the church during office hours.
- Interac e-Transfer through Archdiocese of Regina, using email address visitationhouse@archregina.sk.ca
- Mail cheques to Visitation House, 900 - 11th Avenue, Regina S4N 0K7

Catholic Discernment and the 2021 Federal Election with Brendan Steven - Part 1 Thinking Faith Podcast with Deacon Eric Gurash and Dr. Brett Salkeld

Returning guest, Brendan Steven of CatholicConscience.org joins Eric and Brett to discuss the role of Catholic voters and the need for deep discernment in the upcoming Canadian federal election.

Show Snippet: "We have in front of us a pretty wide range of policy options that have been placed on the table by the different party leaders. And so I think this places a lot of focus on us as voters to do our research and to prayerfully discern and to think deeply..." [Listen to the podcast.](#)

Welcoming the Other – Spiritual Exercise

When we welcome another person with an open and non judging heart, we honour the seeds of beautiful life in them, the colour of their personality, the shape of their life journey, and the promise of who they may yet become. In short, a welcome helps us, and the other, to 'flower' into greater life.

In these days of stress and alienation and sometimes lowliness, a simple, warm welcome of the other may be the best gift we have to offer them, and the one that frees them to gift us in return. [The exercise this week](#) is about wanting to become a more welcoming person.

Arch Regina Congress 2021

'Unbinding Love' and Archbishop's Appeal Kickoff (Virtual Gathering).

Saturday, September 18, 10 am – Noon.

Keynote Speaker: Cande de Leon. Executive Director of the Office of Mission Advancement, Diocese of Phoenix, Arizona. Revive Parish Presenter on Fundraising. A gathering for priests, parish staff members, any member of pastoral or finance councils, Archbishop's Appeal volunteers, ministry volunteers, and anyone who is interested in the life of their parish.

Livestreamed on the [Archdiocese YouTube Channel](#) from [Trinity Manor](#). Proudly sponsored by the Archbishop's Appeal.

Congress Workshops

Appeal Training: How to Boost Weekly Offertory. Saturday, September 18, 1 pm to 2. [Register](#).

Social Justice: Tuesday, September 21, 7 pm to 8. [Register](#).

St. Cecilia Weekday Mass at Trinity Manor

On Wednesday, September 15, Trinity Manor is pleased to host Mass in their chapel for the St. Cecilia Parish community. After Mass, enjoy lunch and a tour.

You can drive to Trinity Manor or use the complimentary bus pickup available at St. Cecilia.

Either way, advance signup is required by September 13.

9:45 am	Bus Pickup at St. Cecilia. Space available for 10 people, (2 wheelchair spots available).
10:30	Rosary
11:00	Mass
11:45	Lunch
1:00	Tour
2:00	Bus Return to St. Cecilia.

The signup form is in the Welcoming Area or call Amber in the office at 306-545-4051.

About Trinity Manor

No matter how you've reached this point in your life, the bottom line is you deserve the best. Regina's own Trinity Manor, proudly a part of Emmanuel Care community, has challenged the standard for retirement living and with our affordable prices, luxury retirement living is more accessible than ever!

Our services promote opportunities for our residents' personal growth, while providing stimulating and entertaining activities. Attend daily mass, receive the sacraments, or spend time in quiet reflection in our tranquil chapel. At the end of the day sit by the window and enjoy country sunsets, 10 minutes from downtown. Our residents reveal "Trinity Manor's best kept secret is the view". trinitymanorregina.ca



Dear Friends of Birthright Regina

We continue to experience an extreme shortage of volunteers since the beginning of Covid. At the same time, there is an increase in clients since the restrictions were lifted. As a result, we have a great need for more volunteers. Please contact Birthright at 639-999-9429, birthrightregina@outlook.com, or visit our website BirthrightRegina.org.

We are also looking for a new Executive Director. This is a volunteer position with a stipend (paid). Work hours are flexible (about 10 a week). Please contact the office for more details.

We are always accepting donations of maternity and comfy clothing for moms, as well as baby clothes and diapers. Thank you again for all the support.

Holy Trinity Craft and Trade Show and Bake Sale

Friday, September 24, 5 - 8 pm. Saturday, September 25, 9:30 am – 3:00 pm
Holy Trinity Hall (north door) – 5020 Sherwood Drive.

Listening to the Land: A Conversation on the Stewardship of Creation

During the Season of Creation, you are invited to participate in a webinar panel presentation on Thursday, September 16 at 3 pm entitled "Listening to the Land: A conversation on the stewardship of creation." Our three panellists will reflect on what listening to the land means from their perspective, tradition, and experience; what they hear the land saying and how we might respond.



- Bishop Chris Harper is from Onion Lake Cree Nation and served in ministry in the Anglican dioceses of Saskatchewan, Algoma, and Toronto before being elected bishop of Saskatoon in 2018.
- Elder May Desnomie, Regina Catholic School Board, was born and raised on Wapaskokimaw in northern Saskatchewan, also known as Sandy Bay First Nation.
- Reverend Mitchell Anderson, minister at St. Paul's United Church in Saskatoon, is dēnesulīné and a member of the English River Dene Nation.

Registration required. [Use this link for free registration](#). Further information, email Cheryl Toth stewardship@sasktel.net.

The [Season of Creation](#) is observed in many Christian churches from September 1 to October 4 each year. Since 1989, September 1 has been a Day of Prayer for Creation. October 4 is the Feast of St. Francis of Assisi, who is for many a patron saint of environmental concern and activism.

This webinar is planned in the spirit of the LAURC Covenant by the Ecumenical Stewardship Committee of the Anglican Diocese of Qu'Appelle, the Saskatchewan Synod of the ELCIC, and the Roman Catholic Archdiocese of Regina.

Encouragement to Consider Vaccination

Following the directives, guidance, and research carried out by the Vatican and other bodies of bishops world-wide, Archbishop Don supports efforts to provide vaccines to the people of Saskatchewan and encourages the faithful to seriously consider receiving the vaccine as it becomes available.

Further information can be found at the following links.

- Congregation for the Doctrine of the Faith "Note on the morality of using some anti-Covid-19 vaccines". [Link](#).
- "Vaccine for all: 20 points for a fairer and healthier world" Vatican Covid-19 Commission in collaboration with the Pontifical Academy for Life. [Link](#).
- Alberta and NWT Bishops OK vaccination for Covid. [Link](#).
- How to Vaccinate Like a Catholic: A Guide Through the Prickly Covid-19 Issues. [Link](#).

Fundraising for a Refugee Sponsorship – Holy Rosary

City Hazardous Waste Pick-up

For a donation, we will pick up your hazardous waste and drop it off at the City collection site. The next Hazardous Waste Day is September 25, so we can pick up items until Friday September 24. Please call or text Bernadette at 306-537-4158. 100% of the proceeds go to our Refugee Sponsorship fund.

Allowed items include adhesives, aerosol cans, used engine oil/filters, antifreeze, batteries, oven/toilet/glass cleaners, corrosives, light bulbs, thermometers, lawn and yard chemicals, solvents. Not allowed items include radioactive materials, explosives, firearms, unlabeled material. For more detail, check the [City of Regina Hazardous Waste website](#).

Rider Game Parking

Friday September 17, 5:30 pm to 7:45 at Holy Rosary Cathedral. \$10 per car.

Harvest Music Fest

Sunday September 26, 2:00 pm

Featuring various musicians: accordion, fiddle, guitar, and vocals.

St. Peters Church Hall, 100 Argyle St. N.

Admission \$10. Refreshments. 50/50. Wheelchair accessible. Masks optional.

Archdiocese of Regina Bulletin

[Read the online bulletin](#) for more events and activities including, Alpha Online, The 300 – A Catholic Men's Event (September 24, 25), Virtual Luther Lecture – Religions and the Pandemic: Sobering or Hopeful? (September 27), Life Chain (October 3), Praying for Priests Apostolate, and Archdiocese Lay Formation Program.