



*Sharing God's gifts,  
Serving others,  
In Christ's Love*

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Office Phone: 306-545-4051  
Office Hours: Monday to Friday: 9:30 am to Noon and 1 pm to 4:30

Web Site: [www.stcecregina.com](http://www.stcecregina.com) E-mail: [contact@stcecregina.com](mailto:contact@stcecregina.com)  
Pastor: Rev. Brad Fahlman Associate Pastor: Rev. John Weckend  
Office: Amber Gabriel (Melita Stenhouse on leave) Caretaker: Merv Harrick

*We acknowledge that St. Cecilia is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Metis peoples.*

## Twenty-Third Sunday in Ordinary Time, September 5, 2021



*"Say to those who are of a fearful heart, "Be strong, do not fear!" Isaiah 35:4*

Our readings today offer us a message of hope — God is with us and wants to heal us. May this message come ablaze in our hearts so that we might live with unwavering faith.

Often we are blind and deaf to God in our lives. We miss countless opportunities to see God working in our day-to-day moments — through our loved ones, our community, or even a stranger. We miss the quiet voice of Jesus in our hearts telling us to choose Him instead of sin, respond in love instead of anger, or care for someone else in a moment instead of ourselves.

This week let us seek God to heal our souls and transform our hearts. Let us pray that our eyes and our ears might "be open" to His workings, words, and promptings in our lives. Source: Catholic Stewardship Consultants.

[Jeremy Bishop](#), Pexels

### This Week's Masses

Monday	September 6	No Mass.
Tuesday	September 7	7 pm – RIP Roseann Schafer requested by St. Cecilia Catholic Women's League.
Wednesday	September 8	10 am – Intentions of Marge Engdahl requested by Paulette Wendler.
Thursday	September 9	10 am – Intentions of Valerie Skiba requested by Rita and Carl Knibbs.
Friday	September 10	9 am – RIP Velma Bojczuk requested by the Bojczuk Family.
Saturday	September 11	7 pm
Sunday	September 12	10 am

### Livestream Masses

#### Sunday

If you are not able to join us for Mass in person, join us online at 10 am for our livestream Mass.

Use one of these ways:

- [St. Cecilia YouTube Channel](#).
- St. Cecilia Website [stcecregina.com](http://stcecregina.com).
- On the YouTube App, search for St Cecilia Regina.

#### Friday

Mass at 9 am is livestreamed as part of the Archdiocese Weekday Mass schedule.

If not attending, you can watch on the [Archdiocese YouTube Channel](#).

### Change in Office Hours

Beginning September 7, office hours are Monday to Friday 9:30 am to Noon and 1 pm to 4:30.

## Communion for Shut-ins

If you or someone you know is not able to attend Mass and would like to receive Holy Communion, call Amber in the office 306-545-4051 for more information.

## Baptism Preparation

Two sessions for parents of infants and small children will be held Thursdays, September 23 and 30 from 7:30 pm to 9. Baptisms will be in October.

To register, email Cheryl at [stcecbaptism@gmail.com](mailto:stcecbaptism@gmail.com) or if you do not have email, call the parish office 306-545-4051

## Cookies and Muffins for Marian Centre

The Marian Centre is serving bag lunches for those in need and is very grateful for donations of muffins, cookies, or other baked goods. They will continue to serve meals at the door until October 18, when they hope to return to indoor hospitality and meals.

If you can help, package the baked goods in a container or bag that you do not want back and bring them to the St. Cecilia office during regular office hours by Friday at 9:30 am. Donations may also be taken to the Centre at 1835 Halifax Street (back door in the alley); closed Thursday and Sunday.



## Clothing for Carmichael Outreach Centre

Seasonal clothing and footwear (all ages, sizes, and genders) is being accepted. If you can help, package the clothing in bags or boxes and drop them off on the steps by the front doors of the church during regular office hours.

## Arch Regina Congress 2021

'Unbinding Love' and Archbishop's Appeal Kickoff (Virtual Gathering).

Saturday, September 18, 10 am – Noon.

Keynote Speaker: Cande de Leon. Executive Director of the Office of Mission Advancement, Diocese of Phoenix, Arizona. Revive Parish Presenter on Fundraising. A gathering for priests, parish staff members, any member of pastoral or finance councils, Archbishop's Appeal volunteers, ministry volunteers, and anyone who is interested in the life of their parish.

Livestreamed on the [Archdiocese YouTube Channel](#) from [Trinity Manor](#). Proudly sponsored by the Archbishop's Appeal.

## Re-Release - How to Vote Like a Catholic - Part 1

Thinking Faith Podcast with Deacon Eric Gurash and Dr. Brett Salkeld

With the upcoming Canadian Federal Election on September 20, this re-release of our two-part series introduces Catholics to important tools for discerning how to participate in the electoral process without leaving your faith at the door.

Show Snippet: "Many people have the impression that Church teaching would expect any two well-formed Catholic consciences to come to the same conclusion on election day. It. Does. Not..." [Listen to the podcast.](#)

## Encouragement to Consider Vaccination

Following the directives, guidance, and research carried out by the Vatican and other bodies of bishops world-wide, Archbishop Don supports efforts to provide vaccines to the people of Saskatchewan and encourages the faithful to seriously consider receiving the vaccine as it becomes available.

Further information can be found at the following links.

- Congregation for the Doctrine of the Faith "Note on the morality of using some anti-Covid-19 vaccines". [Link.](#)
- "Vaccine for all: 20 points for a fairer and healthier world" Vatican Covid-19 Commission in collaboration with the Pontifical Academy for Life. [Link.](#)
- Alberta and NWT Bishops OK vaccination for Covid. [Link.](#)
- How to Vaccinate Like a Catholic: A Guide Through the Prickly Covid-19 Issues. [Link.](#)

## St. Cecilia Weekday Mass at Trinity Manor

On Wednesday, September 15, Trinity Manor is pleased to host Mass in their chapel for the St. Cecilia Parish community. After Mass, enjoy lunch and a tour.

You can drive to Trinity Manor or use the complimentary bus pickup available at St. Cecilia.

**Either way, advance signup is required by September 12.**

9:45 am	Bus Pickup at St. Cecilia. Space available for 10 people, (2 wheelchair spots available).
10:30	Rosary
11:00	Mass
11:45	Lunch
1:00	Tour
2:00	Bus Return to St. Cecilia.

The signup form is in the Welcoming Area or call Amber in the office at 306-545-4051.

### About Trinity Manor

No matter how you've reached this point in your life, the bottom line is you deserve the best. Regina's own Trinity Manor, proudly a part of Emmanuel Care community, has challenged the standard for retirement living and with our affordable prices, luxury retirement living is more accessible than ever!

Our services promote opportunities for our residents' personal growth, while providing stimulating and entertaining activities. Attend daily mass, receive the sacraments, or spend time in quiet reflection in our tranquil chapel. At the end of the day sit by the window and enjoy country sunsets, 10 minutes from downtown. Our residents reveal "Trinity Manor's best kept secret is the view".

[trinitymanorregina.ca](http://trinitymanorregina.ca)



## Listening to the Land: A Conversation on the Stewardship of Creation

During the Season of Creation, you are invited to participate in a webinar panel presentation on Thursday, September 16 at 3 pm entitled "Listening to the Land: A conversation on the stewardship of creation." Our three panellists will reflect on what listening to the land means from their perspective, tradition, and experience; what they hear the land saying and how we might respond.

- Bishop Chris Harper is from Onion Lake Cree Nation and served in ministry in the Anglican dioceses of Saskatchewan, Algoma, and Toronto before being elected bishop of Saskatoon in 2018.
- Elder May Desnomie, Regina Catholic School Board, was born and raised on Wapaskokimaw in northern Saskatchewan, also known as Sandy Bay First Nation.
- Reverend Mitchell Anderson, minister at St. Paul's United Church in Saskatoon, is dēnesuliné and a member of the English River Dene Nation.



Registration required. [Use this link for free registration](#). Further information, email Cheryl Toth [stewardship@sasktel.net](mailto:stewardship@sasktel.net).

The [Season of Creation](#) is observed in many Christian churches from September 1 to October 4 each year. Since 1989, September 1 has been a Day of Prayer for Creation. October 4 is the Feast of St. Francis of Assisi, who is for many a patron saint of environmental concern and activism.

This webinar is planned in the spirit of the LAURC Covenant by the Ecumenical Stewardship Committee of the Anglican Diocese of Qu'Appelle, the Saskatchewan Synod of the ELCIC, and the Roman Catholic Archdiocese of Regina.

## Holy Trinity Craft and Trade Show and Bake Sale

Friday, September 24, 5 - 8 pm.

Saturday, September 25, 9:30 am – 3:00 pm

Holy Trinity Hall (north door) – 5020 Sherwood Drive.

Canteen available.

## Lifting the Dispensation on Sunday Mass Attendance

August 30, 2021. Message from Archbishop Don Bolen.

Dear Brothers and Sisters in Christ of the Archdiocese of Regina,

Grace and peace to you all.

As you will remember, near the start of the pandemic, when it was no longer possible for us to gather in person for Mass, or when our numbers were seriously restricted, we did what other dioceses around the world did, and dispensed the faithful from the obligation to attend Mass on Sundays. Two months ago, at the beginning of July, when all restrictions around societal gatherings were finally removed, I made the decision that we would lift the dispensation to attend Sunday Mass, as of September 1st. Now we find ourselves in the midst of a fourth wave of the pandemic, and it is increasingly apparent that we need to adapt to living with Covid on the horizon for the foreseeable future.



Despite the fourth wave of Covid and high number counts of new cases in recent days, we are not experiencing a societal shutdown or the re-imposing of restrictions on a government level. Ordinary life has in many ways resumed, but with Covid-related precautions as part of our daily life.

While not all will agree, I am proceeding with the lifting of the dispensation as of the beginning of September. That said, I want to qualify that decision in two ways:

Firstly, I want to stress the need for each of you to be attentive to your particular situation, and want to remind the faithful that the sick and medically vulnerable have always been dispensed from the obligation to attend Sunday Mass. If you are ill, elderly, or medically vulnerable in any way, you are urged to continue to take every precaution to keep yourself and others safe.

Secondly, as a diocese, we remain committed to keeping ourselves informed of provincial health and safety recommendations as they develop. Public Health officials have provided us Covid-19 prevention strategies and personal risk assessments to help to minimize the chance of contracting and spreading Covid-19. These guidelines aren't imposed on us but are best practices and we encourage everyone to abide by them, as they have proven to be effective: wash or sanitize your hands frequently, routinely clean common surfaces, consider being vaccinated if you haven't already been, be mindful of SHA guidelines around physical distance and masking.

We would also invite each parish to discern its own preventative measures.

Some have asked, why is restoring the Sunday Mass obligation important? We believe that the Eucharist is the source and summit of our Christian life. The Lord's day is a time when we give communal praise for what God has done for us in Christ, and what God continues to do for us. Receiving the Eucharist, we are sent forth in a renewed way to be witnesses to the Gospel, to share in Christ's mission, to be bearers of hope and joy in a world much in need of both. Gathering as a community of Christ's disciples and receiving the Lord anew in our lives strengthens us in our daily effort to live the Gospel. In other words, we are obligated to give worship on Sunday because it helps us become more authentically human, sustaining and deepening our spiritual lives, forming us into a community at the service of others, and helping us along our journey towards eternal life.

Over the past year and a half, when gathering for the Eucharist has not been possible, or has been possible in a limited way with restricted numbers, the livestreaming of Masses has enabled us to continue to connect as a family of faith across the Archdiocese. This will continue to be offered.

Friends in Christ, in our lives, Jesus meets us where we are and invites us to draw near to Him. I encourage you to listen to His voice and respond with generosity and patience in the ways that you can.

May the peace of Christ be with you all.

[Watch video message.](#)

## Archdiocese of Regina Bulletin

[Read the online bulletin](#) for more events and activities including, Alpha Online, Praise in the Park (September 11), The 300 – A Catholic Men's Event (September 24, 25), Life Chain (October 3), and Praying for Priests Apostolate.