



## Re-Opening Practices Update – Seating Arrangement

To accommodate the attendance numbers, the following Gathering Size Limit practice was updated August 19.

To provide physical distancing between pews, every second pew will be blocked off for about half of the seating area.

There is no physical distancing requirement within the pews.

This configuration allows 20 pews with room for about 10 people in each pew. There is a limit of about 200 people at a Mass.

Due to limited seating, you are encouraged to sit closer to the middle of a pew to make it easier for families and people with mobility issues to find an available seat and not have to step over people.

## You and Jesus



Experience the closeness of Jesus in Eucharistic Adoration.  
This is a beautiful experience.

Just you and Jesus. There is something powerful about that.

Friday morning, September 3.  
First Friday of the month.  
9:30 - 10:30 after the 9:00 Mass.

Individual reconciliation available.

## Baptism Preparation

Two sessions for parents of infants and small children will be held Thursdays, September 23 and 30 from 7:30 pm to 9. Baptisms will be in October.

To register, email Cheryl at [stcecbaptism@gmail.com](mailto:stcecbaptism@gmail.com) or if you do not have email, call the parish office 306-545-4051

## Cookies and Muffins for Marian Centre

The Marian Centre is resuming its lunch program and is once again grateful for donations of muffins, cookies, or other baked goods.

We will continue to serve our meals at the door until October 18, when it is our hope to return to indoor hospitality and meals.

Many thanks to all who have provided us support in this work!  
*Charlie*

If you can help, package the baked goods in a container or bag that you do not want back and bring them to the St. Cecilia office during regular office hours by Friday at 9:30 am. Donations may also be taken to the Centre at 1835 Halifax Street (back door in the alley); closed Thursday and Sunday.



## Clothing for Carmichael Outreach Centre

Seasonal clothing and footwear (all ages, sizes, and genders) is being accepted. If you can help, package the clothing in bags or boxes and drop them off on the steps by the front doors of the church during regular office hours.

## Heartfelt Faith – Spiritual Exercise

One of the things that got tossed away too soon with modern times has been the devotions of faith, and the way those simple, heartfelt devotional objects, the little prayers and gestures, even just a lit candle in the church, carried the desires and needs of our heart to God.

And God responded through them to reach us in God's heartfelt way. The exercise this week reminds us of the right to belief as well as the forms of faith, our devotions. You might like to get back in touch with yours [here](#).

## Discernment of Spirits and Cognitive Behavioral Therapy

Thinking Faith Podcast with Deacon Eric Gurash and Dr. Brett Salkeld

Deacon Eric Gurash discusses the intersection of faith and mental health in this examination of St. Ignatius of Loyola's Rules for Discernment of Spirits and new research into Religious Cognitive Behavioral Therapy.

Show Snippet: "It recognizes that, in the midst of a spiritual or a mental health crisis, both emotion and reason may be hindered in ways we are not immediately aware. Taking time to foster awareness allows us to recognize our current emotional and/or spiritual state before taking action." [Listen to the podcast.](#)

## St. Cecilia Weekday Mass at Trinity Manor

On Wednesday, September 15, Trinity Manor is pleased to host Mass in their chapel for the St. Cecilia Parish community. After Mass, enjoy lunch and a tour. Complimentary bus pickup available at St. Cecilia. Advance signup is required.

9:45 am	Bus Pickup at St. Cecilia. Space available for 10 people, (2 wheelchair spots available).
10:30	Rosary
11:00	Mass
11:45	Lunch
1:00	Tour
2:00	Bus Return to St. Cecilia.

The signup form is in the Welcoming Area or call Amber in the office at 306-545-4051.

### About Trinity Manor

No matter how you've reached this point in your life, the bottom line is you deserve the best. Regina's own Trinity Manor, proudly a part of Emmanuel Care community, has challenged the standard for retirement living and with our affordable prices, luxury retirement living is more accessible than ever!

Our services promote opportunities for our residents' personal growth, while providing stimulating and entertaining activities. Attend daily mass, receive the sacraments, or spend time in quiet reflection in our tranquil chapel. At the end of the day sit by the window and enjoy country sunsets, 10 minutes from downtown. Our residents reveal "Trinity Manor's best kept secret is the view".

[trinitymanorregina.ca](http://trinitymanorregina.ca)



## Encouragement to Consider Vaccination

Following the directives, guidance, and research carried out by the Vatican and other bodies of bishops world-wide, Archbishop Don supports efforts to provide vaccines to the people of Saskatchewan and encourages the faithful to seriously consider receiving the vaccine as it becomes available.

Further information can be found at the following links.

- Congregation for the Doctrine of the Faith "Note on the morality of using some anti-Covid-19 vaccines". [Link.](#)
- "Vaccine for all: 20 points for a fairer and healthier world" Vatican Covid-19 Commission in collaboration with the Pontifical Academy for Life. [Link.](#)
- Alberta and NWT Bishops OK vaccination for Covid. [Link.](#)
- How to Vaccinate Like a Catholic: A Guide Through the Prickly Covid-19 Issues. [Link.](#)

## Arch Regina Congress 2021

'Unbinding Love' and Archbishop's Appeal Kickoff (Virtual Gathering).

Saturday, September 18, 10 am – Noon.

Keynote Speaker: Cande de Leon. Executive Director of the Office of Mission Advancement, Diocese of Phoenix, Arizona. Revive Parish Presenter on Fundraising. A gathering for priests, parish staff members, any member of pastoral or finance councils, Archbishop's Appeal volunteers, ministry volunteers, and anyone who is interested in the life of their parish.

Livestreamed on the [Archdiocese YouTube Channel](#) from [Trinity Manor](#). Proudly sponsored by the Archbishop's Appeal.

## Email Scam - Bishop Donald Bolen

An email scam is circulating using Bishop Don's name listed as "Rev. Donald J. Bolen" requesting individuals to contact him on a 'discrete matter'. The email address itself is not Bishop Don's but does contain this same title and name.

If you receive a message of this kind, simply ignore it. Do not reply or engage in dialogue with these individuals. At no time will our bishop, priests, deacons, religious or diocesan staff contact you seeking information via email messages.

## Praise in the Park

Printed by Future Print  
MISSIONS FAIR • CHILDREN'S FAIR • FREE FOOD • PRAYER TENT

(new location)  
Wascana  
Park  
Band Stand

# PRAISE IN THE PARK

Sept. 11, 2021 10am-10pm PRESENTS  
**Elijah Tindall and Matt Rapley**



**Guest Speakers:**  
**Archbishop  
Donald Bolen  
and  
Kasia Kazeil**

Truth and Reconciliation  
Mission and Healing

## Regina Pro-Life Golf Tournament

*Regina*  
**PRO LIFE**

is hosting their  
**24th Annual Golf Tournament**

Regina Beach Golf Course  
433 McNab Road, Regina Beach  
Saturday, Sept 11, 2021, 9:00 a.m.

**LIMITED SPACE AVAILABLE!**

**\$75 per golfer**

**9 Hole, Best Ball Format**  
Total score must use 2 drives from each golfer.

Shotgun start at 9:00am!  
Please arrive at 8:30am

Includes a hot lunch (served at noon) and a **\$25 charitable tax receipt** (with registration and payment).

Golf carts are available at an additional cost.  
Please contact the Regina Beach Golf Course at 306-729-4654 to reserve a cart.

Register through RPLA with payment by September 3<sup>rd</sup>  
306-569-1985 - [rpla@sasktel.net](mailto:rpla@sasktel.net)

## Holy Trinity Craft and Trade Show and Bake Sale

Friday, September 24, 5 - 8 pm.

Saturday, September 25, 9:30 am – 3:00 pm

Holy Trinity Hall (north door) – 5020 Sherwood Drive.

Canteen available.

## Caretaker Position for St. Peter Parish

This part-time position is to provide efficient and effective caretaking of the St. Peter facilities, ensuring the cleanliness, maintenance, security and general appearance of the buildings and grounds.

The successful candidate must be able to work independently and in a team environment, and operate and maintain parish equipment, at flexible hours. The nature of this position imposes the need for honesty, integrity, and reliability, to work with interruptions, and to prioritize work to meet deadlines, with minimal supervision. In addition, the position requires tact and courtesy when interacting with the pastor, Parish Council members, parishioners, and the public. As this parish includes members from many different cultural and linguistic backgrounds, respect for diversity and an ability to sustain effective relationships in a multicultural context is essential.

The Employee must possess a valid Class 5 Driver's Licence for the Province of Saskatchewan and have the means and ability to travel within the City of Regina.

The position is 20 hours a week and a starting rate of \$18 per hour.

This competition closes Monday, August 30, 2021. Send your resume to [stpete@sasktel.net](mailto:stpete@sasktel.net) or St. Peter Parish, 100 Argyle St, Regina S4R 4C3.