



*Sharing God's gifts,
Serving others,
In Christ's Love*

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Office Phone: 306-545-4051
Office Hours: Monday to Friday: 10 am – 2 pm

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Pastor: Rev. Brad Fahlman Associate Pastor: Rev. John Weckend
Office: Melita Stenhouse Caretaker: Merv Harrick

We acknowledge that St. Cecilia is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Metis peoples.

Eighteenth Sunday in Ordinary Time, August 1, 2021



"Each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not." Exodus 16:4

When the Israelites gathered more than their daily portion of manna, the surplus became wormy and rotten. In the same way today, self-reliance, pride and ego leads to hoarding and excessive surplus of goods and money. Living a stewardship lifestyle helps us discern our "wants" from our "needs". Living a grateful and generous lifestyle reminds us that God will provide all that we need and that we have plenty to share.

This Week's Masses

Monday	August 2	No Mass
Tuesday	August 3	7 pm - RIP Ken Kuntz requested by Gerry Kuntz and Family.
Wednesday	August 4	10 am - RIP Jack Harris requested by Marge Appell.
Thursday	August 5	10 am - Intentions of Olga Monserat requested by Teresa Rodriguez.
Friday	August 6	9 am - Intentions of the Wah Ta Children requested by Jame and Hser Gay Paw. Eucharistic Adoration and individual Reconciliation after Mass. 9:30 to 10:30.
Saturday	August 7	7 pm
Sunday	August 8	10 am

Livestream Masses

Sunday

Join us Sundays at 10 am for our livestream Mass.
Use one of these ways:

- [St. Cecilia YouTube Channel.](#)
- St. Cecilia Website stcecregina.com.
- On the YouTube App, search for St Cecilia Regina.

Friday

Mass at 9 am is livestreamed as part of the Archdiocese Weekday Mass schedule.

If not attending, you can watch on the [Archdiocese YouTube Channel.](#)

Sunday Mass Time Change

Beginning August 8, there is only one Mass on Sunday. The time is 10 am.

Re-opening practices in effect July 11 remain in place (every second pew blocked off).

You and Jesus



Experience the closeness of Jesus in Eucharistic Adoration. This is a beautiful experience.

Just you and Jesus. There is something powerful about that.

Friday morning, August 6.
First Friday of the month.
9:30 - 10:30 after the 9:00 Mass.

Individual reconciliation available.

Baptism Preparation

Two sessions for parents of infants and small children will be held Thursdays, September 23 and 30 from 7:30 pm to 9. Baptisms will be in October.

To register, email Cheryl at stcecbaptism@gmail.com or if you do not have email, call the parish office 306-545-4051

Clothing for Carmichael Outreach Centre

Seasonal clothing and footwear (all ages, sizes, and genders) is being accepted. If you can help, package the clothing in bags or boxes and drop them off on the steps by the front doors of the church during regular office hours.

Exploring Hope - Spiritual Exercise



Hope is a strange and wonderful thing. We hardly notice its presence until we feel gutted by circumstances and our heart takes a battering. Then some little part of us breaks loose, and we lose precious hope.

Yet hope is buds in the strangest places, often in the hearts of those who appear most bereft of justice, decency, health, or dignity. It seems something we have to keep learning, or rediscovering, or loving. Children get it and live it fully when they have it, they can tug us along.

Hopes are taking a real hit during our pandemic. This [week's exercise](#) affirms 'Your life can be brighter than the noon day, it's darkness like the morning. And you will have confidence, because there is hope'.

Encouragement to Consider Vaccination

Following the directives, guidance, and research carried out by the Vatican and other bodies of bishops world-wide, Archbishop Don supports efforts to provide vaccines to the people of Saskatchewan and encourages the faithful to seriously consider receiving the vaccine as it becomes available.

Further information can be found at the following links.

- Congregation for the Doctrine of the Faith "Note on the morality of using some anti-Covid-19 vaccines". [Link.](#)
- "Vaccine for all: 20 points for a fairer and healthier world" Vatican Covid-19 Commission in collaboration with the Pontifical Academy for Life. [Link.](#)
- Alberta and NWT Bishops OK vaccination for Covid. [Link.](#)
- How to Vaccinate Like a Catholic: A Guide Through the Prickly Covid-19 Issues. [Link.](#)

Summer Bible Study with Deacon Eric and the Book of Acts - Part 2

Thinking Faith Podcast with Deacon Eric Gurash and Dr. Brett Salkeld

Continuing our Summer Bible Study with Deacon Eric Gurash. In this three-part series, we break open the Book of the Acts of the Apostles, looking at its relation to the Gospel of Luke, who wrote it, and why, and taking a deep dive into a few major themes.

Show Snippet: "While the other gospel writers show this fulfillment (of Salvation History) in terms of the Resurrection experiences alone, for Luke something more must occur..." [Listen to the podcast.](#)

Truth and Reconciliation – Ways to Educate Yourself

Archdiocese of Regina Indigenous Relations

All efforts to address the broken relationship between Indigenous Peoples and the Catholic Church need to begin by listening to Indigenous people - Elders and Knowledge Keepers, Survivors, Chiefs, youth, and whole communities. Chief Cadmus Delorme has commented frequently that Indigenous and Church people of today were not there when the Indian Act came into being, when Residential Schools were opened, when the harsh effects of colonization began to impact Indigenous Peoples. But we have all inherited this situation, and it is for us to rise to the occasion to be instruments of healing and reconciliation. As Church, part of that inheritance is the legacy of having been complicit in the removal of children from their homes, and depriving them of their language, culture, spirituality, and family life. We have a special responsibility to engage in the work of the truth and reconciliation process. We can do that in many ways, and there is a role for each of us to play.

It is our responsibility now to educate ourselves in order to walk the road together of right relationships, truth, justice and reconciliation. We offer a 3-fold way of entering into this: “Education – Encounters – Experiences.”

Here is a [link provided by Cowessess First Nation](#). There are some very concrete ways offered for non-Indigenous people to engage in learning and action.

EDUCATE Yourself on TRC, UNDRIP and the Office of the Treaty Commissioner (Saskatchewan)

Where to EDUCATE Yourself on the Truth and Reconciliation Commission (TRC), United Nations Declaration on the Rights of Indigenous Peoples (UNDRIP), and the Office of the Treaty Commissioner (Saskatchewan).

- The [Truth and Reconciliation Commission website](#) includes reports (modern and historical), educational resources, maps, and much more.
- Truth and Reconciliation - [Calls to Action](#).
- [Office of the Treaty Commissioner \(OTC\)](#).
- [OTC recommended books](#).
- [How UNDRIP Changes Canada's Relationship with Indigenous Peoples](#) (5 minute video)
- [United Nations Declaration of the Rights of Indigenous Peoples](#).

View these short videos before reading or viewing other Residential School information

- [Why Don't You People Just Get Over It](#) - Senator Murray Sinclair – CBC.
- [Justice for Aboriginal Peoples - Its time](#).
- [Took The Children Away](#).

Books, Videos, and Websites

- [Saskatchewan Indigenous Cultural Centre](#).
- List of books about [Residential Schools - Goodreads](#).
- Canada, Aboriginal Peoples, and Residential Schools - [They Came for the Children](#).
- Clearing the Plains - James Daschuk.
- The Inconvenient Indian - Thomas King.
- The Education of Augie Merasty — David Carpenter & Joseph Auguste Merasty.
- Muffins for Granny.
- Indian Horse - also as a [film](#).
- [Reserve 107](#).
- [In the Spirit of Reconciliation](#).
- [First Contact](#) (this one is highly recommended).
- [It had to be Done](#) – National Film Board.
- [We Were Children](#) – National Film Board.
- [Residential School Videos](#) - University of the Fraser Valley.
- [Residential Schools Video](#) – The Canadian Encyclopedia.
- [Truth and Reconciliation Commission Videos](#).
- [We Will Stand Up](#) - Tasha Hubbard (Systemic racism today) – National Film Board.

Visit the Archdiocese newly updated [Indigenous Relations Page](#) for many other educational resources.

Pilgrimage at the Shrine of Our Lady of Lourdes - Sunday, August 8

St. Peter's Colony, near Kronau. Adoration at 1 pm. Mass at 2:30 (Presider: Archbishop Don Bolen). For more information, visit www.stpeterkronau.ca.

Saskatchewan Roughrider Home Game Parking Fundraiser

Holy Rosary Cathedral Parking Lots. \$10 per car. Proceeds to refugee sponsorship.

Friday August 6, Saturday August 14, Saturday August 21.

Pope Francis' Monthly Prayer Intentions – August

The Church - Let us pray for the Church, that she may receive from the Holy Spirit the grace and strength to reform herself in the light of the Gospel.

Archdiocese Lay Formation Program

Sharing The Joy of The Gospel!

Our mission is to provide you with a renewed missionary zeal fueled by the joy of the Gospel! One weekend per month from October until June, Catholics who want to know, love and serve Christ more deeply come together at Campion College in Regina. During this three-year program you will;

- ✠ Become more more deeply aware of God's personal love and activity in your life.
- ✠ Encounter Jesus Christ, discover his plan of sheer goodness for you and deepen your relationship with Christ and his Church.
- ✠ Discover how to more intentionally integrate your faith in daily life in service to Christ.
- ✠ Be given the Spiritual and Formation tools you need to follow Christ's commission to "Go, make disciples of all nations".



We are accepting applications for our Fall intake. For more information on how to register, please contact Program Coordinator, Deacon Eric Gurash at 306-352-1651 ext 211 or email egurash@archregina.sk.ca

Cal Murphy Memorial – Holy Cross Charity Golf Tournament

Sunday, September 12. Deer Valley Golf Club. For more info, email hc.office@holycrossregina.ca or call Holy Cross office at 306-347-0929.

Rachel's Vineyard Ministry Retreat

Are you hurting because of an abortion? Rachel's Vineyard is a safe place to renew, rebuild and redeem hearts broken by abortion. Weekend retreats offer you a supportive, confidential, and non-judgmental environment where women and men can express, release, and reconcile painful post-abortive emotions to begin the process of restoration, renewal, and healing.

The next retreat in Saskatchewan is October 1-3. To register, email r.vineyardsk@sasktel.net or call Elaine at 1-306-480-8911.

Trinity Manor at Westerra: Welcome Home!

No matter how you've reached this point in your life, the bottom line is you deserve the best. Regina's own Trinity Manor, proudly a part of Emmanuel Care community, has challenged the standard for retirement living and with our affordable prices, luxury retirement living is more accessible than ever!

Our services promote opportunities for our residents' personal growth, while providing stimulating and entertaining activities. Attend daily mass, receive the sacraments, or spend time in quiet reflection in our tranquil chapel. At the end of the day sit by the window and enjoy country sunsets, 10 minutes from downtown. Our residents reveal "Trinity Manor's best kept secret is the view". Book your personal tour now by contacting Franci at 306-550-8077 or visit us at www.trinitymanorregina.ca.