



*Sharing God's gifts,
Serving others,
In Christ's Love*

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We acknowledge that St. Cecilia is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Metis peoples.

Twelfth Sunday in Ordinary Time, June 20, 2021



Our readings today remind us that God always has our best interests in mind. No matter what is going on in our lives, God is with us.

In moments of trial, we often live our days in a panic. Our First Reading and Gospel remind us that God won't allow anything that we cannot handle. He sees the whole picture. We can only see the right now. And in a moment of suffering, we might feel trapped. Yet, God sees the way out. He sees the moment of peace and still waters.

Therefore, during our trials, cling to Jesus. Know that there is an end, and whether we see the end in this life or the next, God allows it all for our salvation.

Today, let us thank God for His presence in our lives, and ask for the eyes of faith to see that He is right here with us always. [Source: Catholic Stewardship Consultants. www.catholicsteward.com]

Sunday Livestream Mass

Join us Sundays at 10 am for our livestream Mass. Use one of these ways:

- [St. Cecilia YouTube Channel](#).
- St. Cecilia Website stcecregina.com.
- On the YouTube App, search for St Cecilia Regina.

Friday Livestream Mass

Friday Mass at 9 am is livestreamed as part of the Archdiocese Weekday Mass schedule. If not attending, you can watch on the [Archdiocese YouTube Channel](#).

This Week's Masses

Monday June 21 – No Mass	St. Aloysius Gonzaga, Religious Genesis 12.1-9; Matthew 7.1-5
Tuesday June 22 – 7 pm	Genesis 13.2, 5-18; Matthew 7.6, 12-14 RCIA – Mass will be 1 hour; see note on page 3.
Wednesday June 23 – 10 am	Genesis 15.1-12, 17-18; Matthew 7.15-20 RIP Fidel Guinoo requested by Marge Appell
Thursday June 24 – 10 am	The Nativity of Saint John the Baptist Isaiah 49.1-6; Acts 13.22-26; Luke 1.57-66, 80 RIP Josefina Solidarios requested by Myrna Dela Cruz
Friday June 25, 9 am	Genesis 17.1, 5, 9-10, 15-22; Matthew 8.1-4 RIP Neil Mansuy requested by Carol and Bruce Sheldon
Saturday June 26, 7 pm	Genesis 18.1-15; Matthew 8.5-17
Sunday June 27, 10 and 11:45	Thirteenth Sunday in Ordinary Time Wisdom 1.13-15, 2.23-24; 2 Corinthians 8.7,9, 13-15; Mark 5.21-43

Signing Up to Attend Saturday or Sunday Mass

Signing-up in advance is required if you wish to attend Saturday 7 pm or Sunday 10 or 11:45 am Mass for the first time. Please register by Wednesday before the weekend you wish to attend.

We understand plans or situations change. If you are registered and not able to attend, please call the office. If a change happens after Friday at Noon, please call Ray at 306-545-0592 or call or text 306-536-8920. This will enable us to contact a replacement household.

After you attend once, you will be added to a recall list for your preferred Mass. People who are signing-up for the first time are assigned to the available spaces. If there are remaining spaces, people from the recall list are assigned. You will be contacted to let you know about available openings for your preferred Mass.

[Read the guidelines and protocols for attending Mass including how to sign-up.](#)

Self-Assessment Questionnaire for Covid-19

If you wish to attend Mass, you are reminded to take the self-assessment. When you arrive, you will be asked if you did the assessment. If you did not, you will be asked the assessment questions. The assessment is included with this bulletin and on [our website](#) and in the [guidelines and protocols for attending Mass](#).

Change in Office Hours

For the remainder of June, office hours are Monday to Friday, 10 am to 1 pm.

Rite of Christian Initiation for Adults (RCIA)

Two adults will celebrate their full initiation into the Catholic Church on Tuesday, June 22 at 7 pm. They will receive the sacraments of Baptism, Confirmation, and First Eucharist. Like other weekday Masses, there is no advance sign up to attend, except the Mass will be one hour.

Muffins for Marian Centre

The Marian Centre serves over 600 bag lunches a week for those in need. Included in the lunch is a sandwich, granola bar, bottled water, and two muffins.

Donations of muffins are greatly needed.

If you can help, package the muffins in a container or bag that you do not want back and bring them to the St. Cecilia office during regular office hours by Friday at 9:30 am.



Donations may also be taken to the Centre at 1835 Halifax Street (back door in the alley); closed Thursday and Sunday.

Find out more about the Marian Centre including the “miracle of the muffins” in [this behind-the-scenes video](#).

Carmichael Outreach Centre

Seasonal clothing and footwear (all ages, sizes, and genders) is being accepted. If you can help, package the clothing in bags or boxes and drop them off on the steps by the front doors of the church during regular office hours.

The Centre no longer needs plastic containers for their lunch program.

Boosting Gratitude

If you do not already know this, gratitude heals, grounds, enlivens, frees and increases our loving selves. A new joy flows through each day when we are grateful for things small and large.

By naming the good things in each day, we can see how God is at work in them. We can slowly begin to discern the direction to take to increase our gratitude and giftedness. With gratitude, we not only increase our emotional health, we increase our spiritual awareness.

Boost your gratitude, increase your delight in everyday, and discover God in this weeks [Field Hospital Spiritual Exercise](#). [Sign up](#) for weekly spiritual exercises delivered to your inbox.

National Indigenous Peoples Day Events and Resources 2021



To facilitate and encourage the involvement of the faithful in honouring this day, the Archdiocese put together a collection of resources.

Every June 21st, thousands of Indigenous Peoples celebrate [National Indigenous Peoples Day](#) (NIPD). This is a special day to acknowledge the unique heritage, [diverse cultures](#) and outstanding achievements of First Nations, Inuit, and Métis peoples in Canada. Joining in the celebrations is a wonderful way to learn more about Indigenous Peoples and cultures in your area. Under current pandemic restrictions many of these celebrations have moved to online formats.

You are encouraged to attend some of the following virtual events and take some time to familiarize yourself with the history of the Indigenous Peoples of Canada, the TRC Calls to Action, the United Nations Declaration on the Rights of Indigenous Peoples, and the ways our Archdiocese has been responding to the TRC Calls to Action since 2015.

Links to Indigenous Peoples Day Virtual Events [National Indigenous Peoples Day Online Event 2021.](#)

[APTN Indigenous Day Live.](#)

[Regina National Indigenous Peoples Day Online Event 2021.](#)

Pledge of Reconciliation

You are invited to make a personal commitment for reconciliation. A personal [Pledge of Reconciliation](#) will provide you with eight simple commitments you can weave into your life.

10 Ways to Celebrate National Indigenous Peoples Day

Here are [some suggestions](#) on how to celebrate or commemorate this meaningful day.

Truth and Reconciliation

[Review the TRC Reports.](#)

[Review the TRC Calls to Action.](#)

[TRC Calls to Action and the Archdiocese of Regina.](#)

United Nations Declaration on the Rights of Indigenous Peoples.

[What is the UNDRIP?](#)

[Read the United Nations Declaration on the Rights of Indigenous Peoples.](#)

Indigenous Voices in the Archdiocese of Regina

[The Heart of a Mother - May Desnomie.](#) Elder May Desnomie speaks with The Diocese Tonight about Our Lady of Guadalupe, being a grandmother, and the Heart of a Mother.

[National Indigenous Peoples Day 2020 Rosary](#)

To recognize and celebrate the unique heritage, diverse cultures, and outstanding contributions of First Nations, Inuit, and Métis peoples in Canada, St. Cecilia Parish arranged the praying of the Glorious Mysteries of the Rosary.

Thank you to: May Desnomie, Lillian Krunan, Phyllis Kretschmer, Georgina Cyr, Sr. RéAnne Letourneau, Sr. Viviane Gareau, Sr. Anita Verley (Sisters of the Presentation of Mary), Fr. Brad Fahlman, and Fr. John Weckend.

First Nations, Inuit, and Métis peoples, as the original peoples of this country and as self-determining peoples, have Treaty, constitutional, and human rights that must be recognized and respected.

Reconciliation is a process of healing relationships that requires public truth sharing, apology, and commemoration that acknowledge and redress past harms.

Reconciliation requires constructive action on addressing the ongoing legacies of colonialism that have had destructive impacts on Aboriginal peoples' education, cultures and languages, health, child welfare, administration of justice, and economic opportunities and prosperity.

Reconciliation must create a more equitable and inclusive society by closing the gaps in social, health, and economic outcomes that exist between Aboriginal and non-Aboriginal Canadians. All Canadians, as Treaty peoples, share responsibility for establishing and maintaining mutually respectful relationships.

The perspectives and understandings of Aboriginal Elders and Traditional Knowledge Keepers of the ethics, concepts, and practices of reconciliation are vital to long-term reconciliation.

Supporting Aboriginal peoples' cultural revitalization and integrating Indigenous knowledge systems, oral histories, laws, protocols, and connections to the land into the reconciliation process are essential.

Reconciliation requires political will, joint leadership, trust building, accountability, and transparency, as well as a substantial investment of resources.

Reconciliation requires sustained public education and dialogue, including youth engagement, about the history and legacy of residential schools, Treaties, and Aboriginal rights, as well as the historical and contemporary contributions of Aboriginal peoples to Canadian society.

We hope you find these suggestions helpful and you enjoy celebrating and learning about Indigenous Peoples on June 21st every year.

Encouragement to Consider Vaccination

Following the directives, guidance, and research carried out by the Vatican and other bodies of bishops world-wide, Archbishop Don supports efforts to provide vaccines to the people of Saskatchewan and encourages the faithful to seriously consider receiving the vaccine as it becomes available.

Further information can be found at the following links.

- Congregation for the Doctrine of the Faith "Note on the morality of using some anti-Covid-19 vaccines". [Link.](#)
- "Vaccine for all: 20 points for a fairer and healthier world" Vatican Covid-19 Commission in collaboration with the Pontifical Academy for Life. [Link.](#)
- Alberta and NWT Bishops OK vaccination for Covid. [Link.](#)
- How to Vaccinate Like a Catholic: A Guide Through the Prickly Covid-19 Issues. [Link.](#)

Teaching Science in a Catholic School with Dr. Christopher Baglow and Paul D'Hondt - Part 1

Thinking Faith Podcast with Deacon Eric Gurash and Dr. Brett Salkeld

This week Thinking Faith welcomes Dr. Christopher Baglow of the University of Notre Dame and Paul D'Hondt from the Huron First Catholic District School Board in Ontario, Canada, to discuss teaching science in a Catholic School.

Show Snippet: "The mind or the reason of the Universe through whom the Universe was made is the one who became flesh in Jesus Christ. So you're already taking a step towards faith when you begin to appreciate something greater than yourself in the process of doing science."

[Listen to the podcast.](#)

Archdiocese Lay Formation Program

Forming Catholic leaders for service and evangelization.

"Learning about apologetics has been a highlight for me because it involves the defense of the faith. When it is done in a kind and gentle way, conversations with all sorts of people open up." - Dean Vey, Resurrection Parish, Regina.

One weekend a month from October to June, Catholics just like you are gathering in Regina to receive the tools and the guidance they need to speak confidently about the church, their faith, and Jesus Christ in their homes, parishes, and the world. Why not make their story, your story?

We are accepting applications for our Fall intake. For more information on how to register or our Covid health and safety protocols, please contact Program Coordinator, Deacon Eric Gurash at 306-352-1651 ext 211 or email egurash@archregina.sk.ca

Archdiocese Resource Centre Culling

We are in the process of culling our resource centre. To that end we have a table in our reception area with books looking for a new home. You are invited to come and pick up some selections to stock your home library. There are some great titles!

The books will not stay on the table long; each couple of weeks, new titles will replace the old ones. Our building is currently locked; for access, please ring the doorbell.

Pope Francis' June Prayer Intention – The Beauty of Marriage

Let us pray for young people who are preparing for marriage with the support of a Christian community: may they grow in love, with generosity, faithfulness and patience. [Watch the video.](#)

Youth Leadership Camps

Teens are invited to join us for our annual leadership camp, in a “day camp” format this year. Participants will enjoy adventures in faith and leadership that will take us to “destinations all over the world.” Those entering grades 7 - 9 are invited to join us on July 13 and/or 15. Students entering grades 10 - 1st year University are welcome July 12 and/or 14. Cost is \$60. [Use this link for further details](#) or by emailing oyyam@archregina.sk.ca.

Young Adult Retreat/Summer Camp

Kind of like summer camp...but for adults! Join other young adults for an opportunity to pray, “Press Pause and Pray”. Join us for Leisurely Meals, Laughter and Good Conversation. Sports, Hiking and Beach time. Prayer, Sacraments, Stillness and Nature. Choice of Break-out Sessions. Campfire and Night Skies. Retreat runs from 10 am to 11 pm. at Glen Harbour Camp on Last Mountain Lake. Saturday July 17 for ages 19 - 23. Sunday July 18 for ages 22 and up. Cost is \$50 (Please let us know if cost is an issue!) To register: Send your contact info to oyyam@archregina.sk.ca. Spaces are limited, so register soon.

Archdiocese Development Office Employment Opportunities

The Archdiocese of Regina is seeking two individuals for Development Office positions, a Director of Development and a Stewardship and Development Associate. [Details on the positions and how to apply](#). Deadline for applications is June 21.

Catholic Family Services Annual Meeting

Catholic Family Services invites you to join their 2021 Annual General Meeting being held virtually on June 24 at 4 pm. [Please register online](#). Registrants will receive meeting packages and the zoom link nearer the meeting date. CFS 2020-21 Audited Financial Statements are also available for review at the CFS office at 160 McIntosh Street until June 24.

St. Philomena Walking Pilgrimage 2021

The 3rd annual Saint Philomena Walking Pilgrimage is planned for August 11 - 14. The pilgrimage starts at St Gerard's in Yorkton and it ends at Our Lady of Lourdes Shrine at Rama. This is a supported walk with rest stops and meals provided, and a trailer carries camping supplies between nightly stops. Covid safety precautions will be in place.

The walk will be along gravel roads, highways, and walking trails, covering about 100 km over 4 days. Pilgrims are invited to join us for all or part of the walk. You are free to walk at your own pace, and you may join us, even for part of a day, transportation can be provided for you to get back to your vehicle.

Register by August 4. For more information visit stphilomena.ca, or phone 306-728-5525.

Kenosee Covid Safe Family Camps

Looking for a summer get-away for your family? Want to rent a cabin or bring your RV? Check out the Kenosee Boys and Girls Family Camps. We offer great kids programming during the days, parent time, family time, and lots of fun and games for everyone! This year we have adjusted our programming to ensure a Covid safe camp, with space to properly distance and safe washroom access for each family. We have 4 weeks of camp, 2 weeks of Cana Catholic Family Camp and 2 weeks of Birch Ecumenical Family Camp. To learn more or to register visit www.campkenosee.net.

Camp Monahan

The camp is back and looking better than ever! We are excited to offer all the fun of our traditional camps in both a day camp and family camp. Come explore your faith and all of God's natural wonder while swimming canoeing, crafting, hiking, and more! Bussing for day camps will be available from Regina. You can register and learn more about our summer at www.campmonahan.ca.

Archdiocese Weekly Report

[Sign up](#) for the Archdiocese of Regina Weekly Report and stay up to date on Covid updates and other news, delivered to your inbox every Friday morning.

Helping the Cuernavaca Project With Recyclables

The project can benefit from your donation of Sarcán recyclables at any Sarcán location in Regina. Use the keyword **project** when you use the Drop and Go option.

Fundraising for a Refugee Sponsorship

As a member of Holy Rosary Cathedral, I have been asked by a family to help sponsor their daughter, 3-year-old boy, and 2-year-old girl to come to Regina. We are working hard to raise the \$30,000. We are at \$3500.

The young woman has UNHCR refugee status. The little girl has a health issue. Her needs are not being met because she is part of a refugee family living in exile. This young family fled their home and are now staying in a neighbouring country, where life is very difficult. They do not belong in exile. If you would be willing to support us in raising the funds needed to sponsor them to Canada, we would be most appreciative. Her parents here tell us that they have experienced many kindnesses from Canadians and thank you very kindly in advance for your support.

Sarcán

Our first effort is Sarcán Drop and Go. If you wish to donate your recyclables to our effort, you can drop off your bag of bottles (Please remember to remove bottle caps), cans, cartons, etc., at any depot in Saskatchewan. Go to the 'Drop and Go' kiosk, type in **Kind Welcome**, take the label and stick one on each bag. Funds will be placed in an account opened for the purpose of this sponsorship. All proceeds will be toward the sponsorship of this family.

If you live in Regina and area, we are most willing to arrange for a monthly pick up. We will deliver your containers to Sarcán. To do this, call or text Bernadette at 306-537-4158.

City Hazardous Waste

We will do a pick-up for the Friday June 25 to Sunday June 27 Hazardous Waste Days and will go wait in line for you! No radioactive waste or unmarked containers can be picked up. We are following the City of Regina guidelines which includes paint cans, garden chemicals, and old containers of other things that don't go into the garbage. Cost: a donation to refugee fundraising. Please call 306-537-4158 by Thursday June 24.

Family Support

One in five families in our parishes and neighbourhoods are affected by mental health challenges. [Emmaus Family Support](#) offers peer-led support for mental health caregivers. We are a gathering of individuals who are the primary caregivers of loved ones experiencing mental health challenges that meet on the fourth Thursday of each month to share prayer, mental health resources, and life experience. Our focus is on shared learning, building resiliency, walking together, and moving toward healthier lives for ourselves and those we care for. If you would like more information on how to take part, please [email Deacon Eric Gurash](#).