



*Sharing God's gifts,
Serving others,
In Christ's Love*

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Solemnity of the Most Holy Trinity, May 30, 2021



"The Spirit itself bears witness with our spirit that we are children of God, and if children then heirs, heirs of God and joint heirs with Christ..." - Romans 8:16-17

If we are heirs to the kingdom of God, shouldn't we work to build up His kingdom? Shouldn't we be good stewards of our inheritance, using our time in prayer, our talent in charitable works, and our treasure to care for the Church that God has left to us? Our Church is a treasured heirloom from God. Do we treat it that way?

Sunday Livestream Mass

Join us Sundays at 10 am for our livestream Mass. Use one of these ways:

- [St. Cecilia YouTube Channel](#).
- St. Cecilia Website stcecregina.com.
- On the YouTube App, search for St Cecilia Regina.

Friday Livestream Mass

Friday Mass at 9 am is livestreamed as part of the Archdiocese Weekday Mass schedule. If not attending, you can watch on the [Archdiocese YouTube Channel](#).

This Week's Masses

Monday May 31 – No Mass	The Visitation of the Blessed Virgin Mary Zephaniah 3.14-18 or Romans 12.9-16; Luke 1.39-56
Tuesday June 1 – 7 pm	St. Justin, Martyr Tobit 2.9-14 - 3.1; Mark 12.13-17 Intentions of RCMP Troop 1B requested by Cecilia Son.
Wednesday June 2 – 10 am	Tobit 3.1-6a, 7-10a, 11-13, 15b-17a; Mark 12.18-27 RIP Marmy Wagner requested by Kay Hollis.
Thursday June 3 – 10 am	St. Charles Lwanga and Companions, Martyrs Tobit 4.20, 5.4, 6.10-11b, 7.1, 9-16, 8.1, 4-9; Mark 12.28-34 RIP Bill Blyth requested by the McPhee Girls.
Friday June 4, 9 am	Tobit 11.5-15; Mark 12.35-37 RIP Rachall Bauregard requested by Bernie Warnke. Eucharistic Adoration and individual Reconciliation after Mass. 9:30 to 10:30
Saturday June 5, 7 pm	St. Boniface, Bishop, Martyr Tobit 12.1-20; Mark 12.38-44
Sunday June 6, 10 and 11:45	The Solemnity of the Most Holy Body and Blood of Christ Exodus 24.3-8; Hebrews 9.11-15; Mark 14.12-16, 22-26

Signing Up to Attend Saturday or Sunday Mass

Signing-up in advance is required if you wish to attend Saturday 7 pm or Sunday 10 or 11:45 am Mass for the first time. Please register by Wednesday before the weekend you wish to attend.

We understand plans or situations change. If you are registered and not able to attend, please call the office. If a change happens after Friday at Noon, please call Ray at 306-545-0592 or call or text 306-536-8920. This will enable us to contact a replacement household.

After you attend once, you will be added to a recall list for your preferred Mass. People who are signing-up for the first time are assigned to the available spaces. If there are remaining spaces, people from the recall list are assigned. You will be contacted to let you know about available openings for your preferred Mass.

[Read the guidelines and protocols for attending Mass including how to sign-up.](#)

Self-Assessment Questionnaire for Covid-19

If you wish to attend Mass, you are reminded to take the self-assessment. When you arrive, you will be asked if you did the assessment. If you did not, you will be asked the assessment questions.

The assessment is included with this bulletin and on [our website](#) and in the [guidelines and protocols for attending Mass](#).

Muffins for Marian Centre

Sandwiches, muffins, or granola bars are being given daily to those in need. Donations of muffins would be very helpful.

If you can help, package the muffins in a container or bag that you do not want back and bring them to the St. Cecilia office during regular office hours by Friday at 9:30 am.

Donations may also be taken to the Centre at 1835 Halifax Street (back door in the alley); closed Thursday and Sunday.

Find out more about the Marian Centre including the "miracle of the muffins" in [this behind-the-scenes video](#).



Plastic Containers for Carmichael Lunch Program

Carmichael Outreach Centre provides hot meals for those in need. They serve over 200 meals a day and are very much in need of clean margarine, yogurt, sour cream, Tupperware, etc. plastic containers in which to serve the meals.

Seasonal clothing and footwear (all ages, sizes, and genders) is also being accepted. If you can help, package the containers or clothing in bags or boxes and drop them off on the steps by the front doors of the church during regular office hours.

Praying for our Confirmation and First Eucharist Children



On May 26 and 27, 7 of our young people celebrated the Sacraments of Confirmation and First Eucharist. On June 2 and 3, 8 will celebrate the Sacraments.

Please join Fr. Brad and Fr. John, along with Betty DeWildt and Sister Rufina of our Sacrament preparation team, in praying for these children and their families.

To meet the young people in a special way, [watch this video](#).

Shelter From the Storms

Shelter, in all its forms – from an umbrella, to a breakwater, to a lighthouse, is a fundamental human need, a saving help in everyone's life journey, and in many cases, a right. Can you remember a time when someone gave you shelter, physical, emotional or spiritual, when you really needed it? Do you, or yours, or those who are exposed to the overwhelming waves of desperate times, need shelter now?

Find the Spirit of Shelter here. Read this week's [Field Hospital Spiritual Exercise](#).

[Sign up](#) for weekly spiritual exercises delivered to your inbox.

A Cemetery Within Our Parish

Many of you may not be aware that we have a cemetery within the boundaries of St. Cecilia Parish. It is located on Pinkie Road just west of the Paul Dojack Centre and was part of the site of the Regina Indian Industrial School (RIIS) which was in existence between 1891 and 1910.



The RIIS was a program set up by the federal government of the time for the purpose of 'Christianizing' indigenous children and providing them with a basic education and trade skills to integrate them into white society. These industrial schools were operated and staffed by various Christian churches as were many other residential schools at the time.

During its time of operation, the RIIS was beset with financial underfunding and health issues of its indigenous residents. Polluted drinking water, poor ventilation in the building, and a lack of proper physical health exercises and activities led to serious respiratory illnesses including tuberculosis. As many as 35 students died during their stay there and never returned home, while many others who did return suffered chronic illness and died prematurely. Those who were buried on the grounds of the RIIS also included several of the young children of the school principal, Mr. McLeod.

The site of the cemetery was almost forgotten after the school went out of service and was later destroyed by fire in the early 1940's. The early grave markers, except for one small gravestone, had long disappeared.

In the last several years a Commemorative Association has taken on the task of restoring the cemetery with a new fence, a proposed commemorative cairn and a small parking area to accommodate ceremonies. For more information, Google Regina Indian Industrial School.

As the closest church to the cemetery, we have been approached by the Commemorative Association to help in the restorative maintenance of the cemetery, by volunteering to mow the grass within the confines of the fenced area during the Spring and Summer months. It is not a large area and would only require a group of 4 - 5 people, equipped with a couple of lawn mowers and a 'weed wacker'. If you are interested in helping with this project, email contact@stcecregina.com or call the parish office 306-545-4051.

Archdiocese Resource Centre Culling

We are in the process of culling our resource centre. To that end we have a table in our reception area with books looking for a new home. You are invited to come and pick up some selections to stock your home library. There are some great titles!

The books will not stay on the table long; each couple of weeks, new titles will replace the old ones. Our building is currently locked; for access, please ring the doorbell.

Growing in Wisdom: Seeking Generativity - An Introduction

In September 2021 Queen's House and other retreat centres across Canada will be joining on Zoom to offer a two-year on-line program for people 60+ who are wanting to explore their unique Spirituality in their Wisdom Years. To learn more about this ground-breaking new program please join us for a two-day online gathering on **Friday, June 4 and Saturday, June 5, 10 am - 4 pm**. Hear keynote speakers including Fr. Ron Rolheiser OMI, faculty from the Forest Dwelling Program, Oblate School of Theology, and past graduates to discern if "Growing in Wisdom" is your next transformative adventure. \$25 per participant for this two-day gathering. Registration deadline **June 1**. [More info or to register](#).

*A Mass of Remembrance and
Healing
for Pregnancy and Infant Loss*

Saturday, June 5, 2021



The Archdiocese of Regina invites all interested parties to a Mass of Remembrance and Healing for Pregnancy and Infant Loss. A special invitation is extended to parents, grandparents, and siblings who grieve the death of children as a result of miscarriage, stillbirth, abortion, or early infant death. These losses may be recent or have happened many years ago.

The Mass is at 2 pm at Christ the King Parish, Regina. It will also be [live streamed](#). There will be a sharing by a guest speaker, an opportunity to place the name of the child in a "Book of Life" that the diocese will hold in our archives. There will also be the opportunity after mass to connect with people who will pray with you, should that be desired.

Because numbers continue to be limited, we can accommodate 50 people at the church. If you would like to join us, please register at <https://archregina.flocknote.com/signup/56892>. All we will need is your name and number and you will not be contacted unless there was a reason to do so regarding Covid.

Cross-Canada Celebration of the Week of Prayer for Christian Unity

During this season of Pentecost, The Canadian Council of Churches and its ecumenical partners, The Canadian Centre for Ecumenism and The Prairie Centre for Ecumenism, invite you to "Abide in My Love: Cross-Canada Online Celebration of the Week of Prayer for Christian Unity"

Saturday, June 5, 1 -2 pm. [Register on Eventbrite](#).

Gathering as branches of Christ the True Vine, let us experience, and bear witness to, God's abiding love amid this year's unique challenges.

Leaders from diverse Christian traditions in Canada will offer prayers and Scripture readings. The Rev. Michael Blair, General Secretary, The United Church of Canada, and His Eminence Gérald Cyprien Cardinal Lacroix, Roman Catholic Archbishop of Québec and Primate of Canada, will offer homiletic reflections.

This event is bilingual (English and French), with simultaneous translation in both languages. This online celebration is free for all who would like to attend, but a small contribution to offset the cost is welcomed.



Now it Springs Forth: Looking for Ecumenical Movement with Fresh Eyes

This year's De Margerie lecture (named in honour of Fr. Bernard de Margerie, who established the Prairie Centre for Ecumenism in Saskatoon) is entitled "Now it Springs Forth: Looking for Ecumenical Movement with Fresh Eyes."

Featuring guest speaker Rev. Canon Dr. Scott Sharman, will present on Christian Reconciliation and Unity. The

lecture is online, Wednesday, June 16 from 9 to 10:30 am co-hosted by St. Thomas More College, St. Andrew's College, and the Prairie Centre for Ecumenism. [Register for the event.](#)



The 2021 De Margerie Lecture is part of the [ReJUNEvation program at St. Andrew's College.](#)

Born and raised in Edmonton, the Rev. Canon Dr. Scott Sharman is the Animator for the Ecumenical and Interfaith Relations for the Anglican Church of Canada. His primary work and ministry today is coordinating the Anglican Church of Canada's ecumenical partnerships with various churches at the national level, including bilateral dialogues and commissions with the Evangelical Lutheran, Mennonite, United and Roman Catholic traditions, as well as working closely with the twenty-six Christian denominations which are members of the multilateral coalition known as the Canadian Council of Churches. He also represents the Anglican Church of Canada in a number of capacities in the interfaith context, working especially in the areas of Christian-Muslim and Christian-Jewish relations.

Conversations About Race, Gender, Poverty and Social Change

These interactive conversations will be led by the Forum for Intercultural Leadership and Learning (FILL) of the Canadian Council of Churches, an ecumenical agency with 26 member denominations representing 85% of Christianity in Canada.

Saturday afternoons, at 2 pm on April 17, May 15, June 12, and June 26.

[More information and registration.](#)

Rene Girard in the Classroom With Robert Mixa

Thinking Faith Podcast with Deacon Eric Gurash and Dr. Brett Salkeld

As Catholic education month wraps up, we take some time to visit with Robert Mixa, Education Fellow with Bishop Robert Barron's Word on Fire Institute, chatting about introducing students to the scapegoating philosophy of Rene Girard in the classroom.

Show Snippet: "Whenever I go to Mass, I always think of Girard when I start with acknowledging myself as a sinner...that's like the first step then to actually hear the gospel well and then to commune with Christ." [Listen to the podcast.](#) Read more from [Robert Mixa.](#)

Encouragement to Consider Vaccination

Following the directives, guidance, and research carried out by the Vatican and other bodies of bishops world-wide, Archbishop Don supports efforts to provide vaccines to the people of Saskatchewan and encourages the faithful to seriously consider receiving the vaccine as it becomes available.

Further information can be found at the following links.

- Congregation for the Doctrine of the Faith "Note on the morality of using some anti-Covid-19 vaccines". [Link.](#)
- "Vaccine for all: 20 points for a fairer and healthier world" Vatican Covid-19 Commission in collaboration with the Pontifical Academy for Life. [Link.](#)
- Alberta and NWT Bishops OK vaccination for Covid. [Link.](#)
- How to Vaccinate Like a Catholic: A Guide Through the Prickly Covid-19 Issues. [Link.](#)

Leave no one Behind: Vaccine Equity in the Global South

Join us for a discussion on the barriers to access Covid-19 vaccines for the world's poorest people with internationally renowned speakers Fr. Charles Chilufya SJ, Dr. Sunita Narain, Dr. Katrina Plamondon, and Dr. Jeffrey Sachs. Covid-19 has revealed the inequalities between the Global North and the Global South with only 0.1% of people in low-income countries vaccinated. [Canadian Jesuits International](#) supports the global campaign for vaccine equity through a waiver of certain provisions of the Trade-Related Aspects of Intellectual Property Rights (TRIPS) Agreement at the World Trade Organization (WTO).

Tuesday, June 15 – 9:30 am to 11 am. Zoom Webinar. [Register](#).

Multi-Faith Saskatchewan - Annual General Meeting

The AGM will convene on Zoom on Sunday, May 30, at 3 pm.

Guest speaker will be Dr. Geoff Cameron, Director of Public Affairs for the Baha'i Community of Canada and a member of the Canadian Interfaith Conversation's Executive Committee. Geoff will introduce us to the Canadian Interfaith Conversation:

"The Canadian Interfaith Conversation gathers representatives of 41 faith communities and faith-based organizations who believe that people of faith can contribute positively to the benefit of all people in Canadian society. As we note in our Charter Vision, the practice of religion and its impact on the identities of Canadians is an enduring feature of this country. We advocate for religion in a pluralistic society and in Canadian public life, believing that conversation is essential to doing so effectively."

All are welcome and [pre-registration](#) is required.

We are very pleased to announce the winners of our Annual Youth Visual Art Project for 2020-21. [View the artwork](#). We are currently preparing for a public showing at the Dunlop Art Gallery (Regina Public Library).

The current members of the Multi-Faith Saskatchewan board are:

- Nicholas Jesson, President (2020-2022)
- Ken Powers, Vice-President (2020-2022)
- Amr Henni, Past-President (2020-2022) and Interim Treasurer
- Russell Mitchell-Walker, Secretary
- Moses Kanhai, Southern region representative
- Leela Sharma, Northern region representative
- Gagan Deep Singh, Communications

Archdiocese Lay Formation Program

Forming Catholic leaders for service and evangelization.

"Learning about apologetics has been a highlight for me because it involves the defense of the faith. When it is done in a kind and gentle way, conversations with all sorts of people open up." - Dean Vey, Resurrection Parish, Regina.

One weekend a month from October to June, Catholics just like you are gathering in Regina to receive the tools and the guidance they need to speak confidently about the church, their faith, and Jesus Christ in their homes, parishes, and the world. Why not make their story, your story?

We are currently accepting applications for our Fall intake. For more information on how to register or our Covid health and safety protocols, please contact our Program Coordinator, Deacon Eric Gurash at 306-352-1651 ext 211 or email egurash@archregina.sk.ca

Youth/Young Adult Ministry News

The Youth Office at the Archdiocese of Regina has officially been renamed the Office of Youth and Young Adult Ministry and with a new title comes new ministry focuses and opportunities.



Youth Initiatives

Source (Adoration, Reconciliation, Talk)

Students ages 14-18 are invited to this monthly gathering that allows time to slow down, think, pray, and refocus. It takes place the first Sunday evening of each month and can also be joined live via livestream. [Use this link for the details.](#)

Leadership Camps

Teens are invited to join us for our annual leadership camp, in a “day camp” format this year. Participants will enjoy adventures in faith and leadership that will take us to “destinations all over the world.” Those entering grades 7-9 are invited to join us on July 13 and/or 15. Students entering grades 10- 1st year University are welcome July 12 and/or 14. Cost is \$60. [Use this link for further details](#) or by emailing oyyam@archregina.sk.ca.

Young Adult Small Groups

Come together around a shared interest (jogging, relationship enrichment, hiking, board games, learning to pray and more!) to meet new people and grow in faith. The Office of Youth and Young Adult Ministry launched a new round of young adult small groups in mid April. Registration is open. [Use this link for more information.](#)

Young Adult Retreat/ Summer Camp

Kind of like summer camp...but for adults! Join other young adults for an opportunity to pray, “Press Pause and Pray”. Join us for Leisurely Meals, Laughter and Good Conversation. Sports, Hiking and Beach time. Prayer, Sacraments, Stillness and Nature. Choice of Break-out Sessions. Campfire and Night Skies. Retreat runs from 10 am to 11 pm. at Glen Harbour Camp on Last Mountain Lake. Saturday July 17 for ages 19-23. Sunday July 18 for ages 22 and up. Cost is \$50 (Please let us know if cost is an issue!) To register: Send your contact info to oyyam@archregina.sk.ca. Spaces are limited, so register soon.

Camp Monahan

The camp is back and looking better than ever! We are excited to offer all the fun of our traditional camps in both a day camp and family camp. Come explore your faith and all of God's natural wonder while swimming canoeing, crafting, hiking, and more! Bussing for day camps will be available from Regina. You can register and learn more about our summer at www.campmonahan.ca.

Ready To Work - Introduction to Culinary Arts

Catholic Family Services Regina – Newcomer Career and Support Services in partnership with Tourism Saskatchewan are organizing a course on Ready To Work - Introduction to Culinary Arts (Prep Cook/Kitchen Helper). The objective of this program is to develop the skills, knowledge, and attitudes of each participant to be successful in tourism, hospitality, camp services, and health care related occupations, resulting in a professionally trained workforce for sectors requiring these skills. It will be a 12-week course (paid by Tourism SK) and will assist individuals in finding and retaining jobs/careers in some of the fastest growing sectors in Canada - Tourism/Hospitality and Health Care.

Course Date: June 28 – September 17, 2021

Venue: In-person

Age group: Under the age of 30. Participants must have permanent residence or refugee status.

For more information or registration, contact Kavan, kavan@cfsregina.ca or 306-525-0521.

FacetoFace Ministries is Hiring

Do you love the Lord and want others to do the same? Do you want to join a vibrant staff and be part an incredible ministry? Is your gifting in communications and/or coordinating volunteers? If so, we encourage you to apply for a half time position with FacetoFace Ministries as the Director of Communications and Volunteer Coordinator. See the [complete job description](#) and apply by June 10.

Archdiocese Weekly Report

[Sign up](#) for the Archdiocese of Regina Weekly Report and stay up to date on Covid updates and other news, delivered to your inbox every Friday morning.

Helping the Cuernavaca Project With Recyclables

The project can benefit from your donation of Sarcan recyclables at any Sarcan location in Regina. Use the keyword **project** when you use the Drop and Go option.

Support for a Refugee Group in Regina

Please join us in a difficult task because of the pandemic – fundraising so that we can bring a young husband and wife, their 3 year-old boy, and 2 year-old girl to Regina.

The young woman has UNHCR refugee status. The little girl has a health issue. Her needs are not being met because she is part of a refugee family living in exile. This young family fled their home and are now staying in a neighbouring country, where life is very difficult. They do not belong in exile. If you would be willing to support us in raising the funds needed to sponsor them to Canada, we would be most appreciative. Her parents here tell us that they have experienced many kindnesses from Canadians and thank you very kindly in advance for your support.

Our first effort is Sarcan Drop and Go. If you wish to donate your recyclables to our effort, you can drop off your bag of bottles (Please remember to remove bottle caps), cans, cartons, etc., at any depot in Saskatchewan. Go to the 'Drop and Go' kiosk, type in **Kind Welcome**, take the label and stick one on each bag. Funds will be placed in an account opened for the purpose of this sponsorship. All proceeds will be toward the sponsorship of this family.

If you live in Regina and area, we are most willing to arrange for a monthly pick up. We will deliver your containers to Sarcan. To do this, call or text Bernadette at 306-537-4158.

Emmaus Family Support

One in five families in our parishes and neighbourhoods are affected by mental health challenges. [Emmaus Family Support](#) offers peer-led support for mental health caregivers. We are a gathering of individuals who are the primary caregivers of loved ones experiencing mental health challenges that meet on the fourth Thursday of each month to share prayer, mental health resources, and life experience. Our focus is on shared learning, building resiliency, walking together, and moving toward healthier lives for ourselves and those we care for. If you would like more information on how to tak part, please [email Deacon Eric Gurash](#).



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Covid-19 Screening Questionnaire

For the protection and health of all in our St. Cecilia community, each person wanting to come to the church must take this self-assessment.

1.	Do you have any of the following symptoms: <ul style="list-style-type: none">• Feeling unwell including fever, cough, sore throat.• Nausea, Vomiting, Diarrhea.• Unexplained loss of appetite.• Loss of sense of taste or smell.
2.	Have you travelled outside of Canada in the last 14 days?
3.	Have you had close contact without a mask or other appropriate personal protective equipment (PPE) with someone who has travelled outside of Canada in the last 14 days?
4.	Have you had close contact without a mask or other appropriate personal protective equipment (PPE) in the last 14 days with someone who is ill with Covid-19 symptoms?
5.	Have you or anyone in your household had close contact without a mask or other appropriate personal protective equipment (PPE) in the last 14 days with someone who is being investigated or confirmed to be a case of Covid-19?

If you answered "Yes" to any of the above questions, you are encouraged to stay home and DO NOT come to the Church at this time.

If you answered "No" to all the above questions, you may come to the Church.