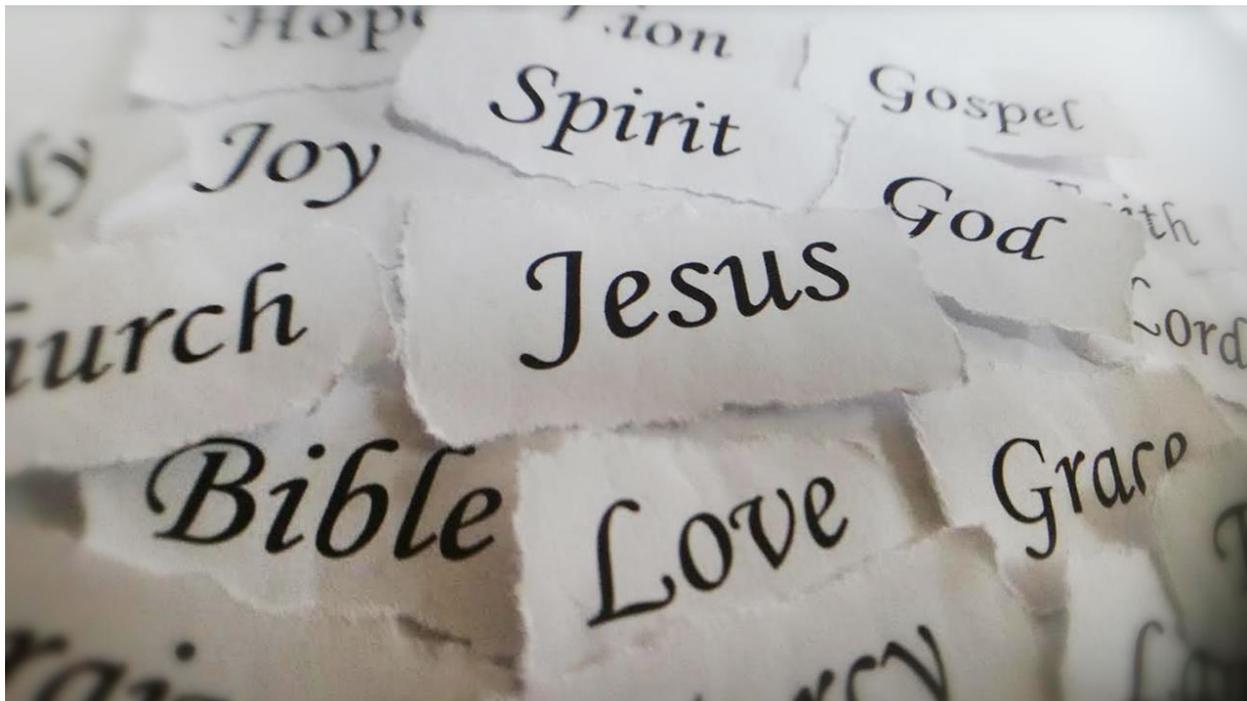




*Sharing God's gifts,
Serving others,
In Christ's Love*

5020 - 7th Avenue
Regina, Saskatchewan S4T 0S1
Office Phone: 306-545-4051
Office Hours: Monday & Friday: 9:30 am – 12 pm, Tuesday - Thursday: 9:30 am – 12 pm, 1:30 - 5 pm
Hall Phone: 306-545-2266
Web Site: www.stcecregina.com E-mail: contact@stcecregina.com
Pastor: Rev. Brad Fahlman Associate Pastor: Rev. John Weckend
Office: Melita Stenhouse Caretaker: Merv Harrick

Sixth Sunday of Easter, May 9, 2021



Our readings today call us to love as Christ loves. This request from our Lord is no small endeavor. It is something we must work at every day in every moment. When we put it at the forefront of our minds and hearts, and strive to live it out each day, it will transform our lives and impact others, too.

The more we find ways to love the Lord, the more we will find it easier to lay down our lives for others — for instance, by responding to your spouse with kind words in their moment of weakness, anger or frustration; driving your kids to another event or activity after you have been in the car all day; saying prayers for the slow person on the road instead of mentally attacking them.

These are the small ways that we can emulate Christ, put aside our selfishness and serve others. Christ's command to "love one another as I have loved you" may seem daunting. Yet, Christ would never ask something of us that we cannot live out. All we need to do is take baby steps.

Look at each moment and think, "How can I better love Jesus right now?" or "How can I lay down my life in this moment?" for it is in loving Christ that we will better love others, and it is in loving others that we love Christ Himself. [Source: Catholic Stewardship Consultants. www.catholicsteward.com]

Sunday Livestream Mass

Join us Sundays at 10 am for our livestream Mass. Use one of these ways:

- [St. Cecilia YouTube Channel](#).
- St. Cecilia Website stcecregina.com.
- On the YouTube App, search for St Cecilia Regina.

Friday Livestream Mass

Friday Mass at 9 am is livestreamed as part of the Archdiocese Weekday Mass schedule. If not attending, you can watch on the [Archdiocese YouTube Channel](#).

This Week's Masses

| | |
|-----------------------------------|---|
| Monday May 10 – No Mass | Acts 16.11-15; John 15.26 – 16.4 |
| Tuesday May 11 – 7 pm | Acts 16.22-34; John 16.5-11 Intentions of Hser Gay Paw requested by the Wah Ta family. |
| Wednesday May 12 – 10 am | Canada Health Day Acts 17.15, 22 – 18.1; John 16.12-15 RIP Bway Bway requested by Mary Elda-Kelln. |
| Thursday May 13 – 10 am | Acts 18.1-8; John 16.16-20 RIP Raynold Desjarlais requested by Laura and Dana Young and family. |
| Friday May 14, 9 am | St. Matthias, Apostle Acts 1.15-17, 20-26; John 15.9-17. RIP Helena Romanowska requested by Helen and Jim Dumalski. |
| Saturday May 15, 7 pm | Acts 18.23-28; John 16.23-28 |
| Sunday May 16, 10 and 11:45 | The Ascension of the Lord Acts 1.1-11; Ephesians 1.17-23 or 4.1-13; Mark 16.15-20 |

Signing Up to Attend Saturday or Sunday Mass

Signing-up in advance is required if you wish to attend Saturday 7 pm or Sunday 10 or 11:45 am Mass for the first time. Please register by Wednesday before the weekend you wish to attend.

We understand plans or situations change. If you are registered and not able to attend, please call the office. If a change happens after Friday at Noon, please call Ray at 306-545-0592 or call or text 306-536-8920. This will enable us to contact a replacement household.

After you attend once, you will be added to a recall list for your preferred Mass. People who are signing-up for the first time are assigned to the available spaces. If there are remaining spaces, people from the recall list are assigned. You will be contacted to let you know about available openings for your preferred Mass.

[Read the guidelines and protocols for attending Mass including how to sign-up.](#)

Self-Assessment Questionnaire for Covid-19

If you wish to attend Mass, you are reminded to take the self-assessment. When you arrive, you will be asked if you did the assessment. If you did not, you will be asked the assessment questions.

The assessment is included with this bulletin and on [our website](#) and in the [guidelines and protocols for attending Mass](#).

Muffins for Marian Centre

Sandwiches, muffins, or granola bars are being given daily to those in need. Donations of muffins would be very helpful.

If you can help, package the muffins in a container or bag that you do not want back and bring them to the St. Cecilia office during regular office hours by Friday at 9:30 am.

Donations may also be taken to the Centre at 1835 Halifax Street (back door in the alley); closed Thursday and Sunday.



Plastic Containers for Carmichael Lunch Program

Carmichael Outreach Centre provides hot meals for those in need. They serve over 200 meals a day and are very much in need of clean margarine, yogurt, sour cream, Tupperware, etc. plastic containers in which to serve the meals.

Seasonal clothing and footwear (all ages, sizes, and genders) is also being accepted. If you can help, package the containers or clothing in bags or boxes and drop them off on the steps by the front doors of the church during regular office hours.



Santa Maria Foundation Masks Fundraiser

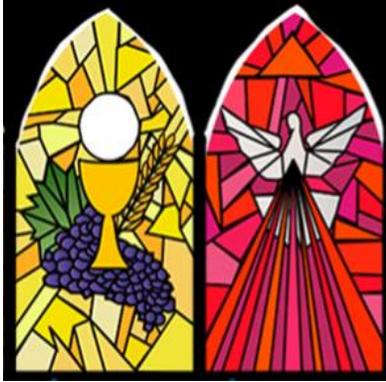


Santa Maria Foundation is selling masks for \$10 each to raise funds to assist with the needs of residents and for special projects including the current project to purchase air mattresses (\$2500).

Available during Mass times in the Welcoming Area or from the office during regular hours.

Also available with free delivery and mailing by contacting Terry Cooney at 306-537-8875 or email tcooney@sasktel.net.

Praying for our Confirmation and First Eucharist Children



On May 26 and 27 and June 2 and 3, 15 of our young people will celebrate the Sacraments of Confirmation and First Eucharist.

Please join Fr. Brad and Fr. John, along with Betty DeWildt and Sister Rufina of our Sacrament preparation team, in praying for these children and their families.

To meet the young people in a special way, [watch this video](#).

Pray: The Story of Patrick Peyton

An inspiring movie of the true story of Fr. Patrick Peyton, the man behind the famous phrase, "The Family That Prays Together Stays Together." After a healing miracle, he became a priest on a mission to promote the Rosary and family prayer through mass media in Hollywood and huge Rosary rallies around the world. [Watch the trailer](#).

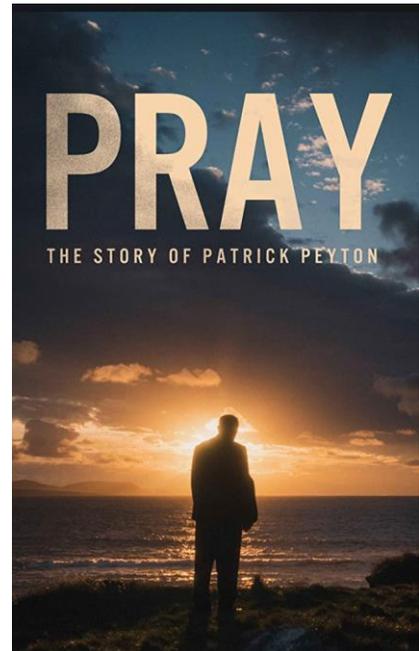
This movie will be shown at St. Cecilia

Friday evenings May 14, 21, 28 (7 pm), and
Sunday afternoons May 16, 23, 30 (2 pm).
Free will offering.

Signing up in advance is required.
Covid protocols will be observed.

Use one of these ways to sign-up with Carol Anne:

- Text 306-529-4173.
- Email cablandgraf@gmail.com
- Phone 306-949-7425 and leave a message.



Upcoming Ordination

| | |
|---|--|
|  | <p><i>The Roman Catholic Archdiocese of Regina will gather in joy and thanksgiving for the Ordination of</i></p> |
|  | <p>DEACON CHRISTIAN LINDENBACH</p> <p><i>To the Sacred Order of the Priesthood</i></p> <p>7:00 PM FRIDAY, MAY 14, 2021 Holy Rosary Cathedral</p> <p>Livestreamed youtube.com/ArchdioceseRegina</p> |

Catholicism Throughout the Curriculum with Dr. Denise Donohue

Thinking Faith Podcast with Deacon Eric Gurash and Dr. Brett Salkeld

This week Deacon Eric and Dr. Brett begin a multi-part series for Catholic Education Month starting with Dr. Denise Donohue of the Cardinal Newman Society and a look at ways to infuse our Catholic Faith throughout the curriculum.

Show Snippet: "David Clayton wrote this book, it's called "The Way of Beauty," and he does two or three chapters just on proportion, and symmetry, and harmony...that's a very Catholic perspective." [Listen to the podcast.](#)

Find out more about the [Cardinal Newman Society Curriculum Standards.](#)

Archdiocese of Regina Celebrates Reverence for Life Month

Message from Archbishop Don.

Warm Greetings in the Risen Lord!

Sisters and Brothers, as you know, we have moved the Reverence for Life month to May. It is appropriate that we celebrate life in a special way in this month where life is bursting forth from the earth. We see it in the crops planted and sprouting, the leaves burgeoning forth on the trees, the spring flowers budding and opening in their simple splendour. It is also the month of Mary, Patroness of our Archdiocese and of our Cathedral, Holy Rosary.

When God in Christ embarked on the extraordinary journey of becoming human, he began, like each one of us, as a child in the womb of his mother. As I tell kids at confirmation, God has authored each one of us, personally, with the help of our parents; has moulded and fashioned us, breathed life into us. To be human is to be touched by God, created for life with God. All of that is deepened in an unfathomable wonderful way when God takes on human life. What it is to be human, bones, breath, growth, wonder, thinking, feeling, touching, loving, this is made holy in an altogether new way by God's becoming who and what we are. Jesus's Incarnation sanctified not only Mary's womb, but the wombs of all mothers. In becoming one with us, the Lord made all human life holy and taught us again and again to recognize our dignity and our identity as beloved children of God.

It is this identity that he shows to us when we are tempted to believe we are not worthy of love. And it is this identity that he asks us to recognize in every human person, at any stage or condition of life, whose life and dignity is threatened. Life is the first gift. It is precious and holy. This is why it is essential for us, as followers of Jesus, to work to defend the right to life of all our brothers and sisters with courage and determination. A just society can only be built on the recognition of the dignity and right to life of every human person.

Today it can be easy to be discouraged on this front. But, as disciples of Jesus and as the Church, we also know that we are in this for the long haul. Be encouraged, then, brothers and sisters, because the Lord of life, who came into the world as a little child 2000 years ago, is with us still today and because no darkness can ultimately prevail over the light and truth of Jesus Christ.

[Watch the Reference for Life video with Bishop Don, Marg Engel, and Michael Martorana.](#)

Reverence for Life Prayer

O Mary, to you do we entrust the cause of life.
Look down O Mother
upon the vast number of babies not allowed to be born,
on the poor whose lives are made difficult,
on those who are victims of brutal violence,
on the elderly and sick killed by indifference or misguided mercy.
We ask for the grace to accept Gospel of Life as a gift ever new,
and the courage to bear witness to it.
To the praise and glory of God,
the Creator and lover of life.
Amen!

Life is a Gift Webinar

The Reverence for Life Commission is hosting a panel discussion entitled "Life is a Gift" on Wednesday May 19, at 7 pm. Our speakers include Mary Deutscher-Heilman from the Catholic Health Association of Saskatchewan (CHAS); Sister Avelina Joseph, Sisters of Life; Jose Argerami, Jenna Daly, and Sharon Martorana from Birthright; and Scott Hayward from Right Now. Our presenters will seek to reaffirm the value of human life, its sacredness and call us to respect, protect, heal, love, and serve every human life (c.f. EV. 5). There will be an opportunity for questions from the audience. For more information or to register, please email mgurash@archregina.sk.ca.

Celebrating Motherhood Every Day

At Birthright, we celebrate Motherhood every day! We want to spread some hope and joy to everyone by sharing some messages from our clients in 2020:

- *"Thank you again for all the work and hours you put into helping me. Birthright has helped me so much... It's crazy. So thankful!"*
- *"Birthright helped me when I was pregnant and after. I was going through a hard time with my pregnancy, and they helped me and followed up. They truly care, and I am a better mother because of their help!"*
- *"I needed help before and after my baby, I was struggling with becoming a mom, keeping a budget, and my studies. They helped me again and again, even looking after my baby during my exams! I'm very grateful."*
- *"I was very anxious about my pregnancy and considering an abortion. I found the encouragement that I needed to keep going and I also know where to turn if I'm struggling again."*
- *"Thank you for baby package and all extra help to our family. Special thanks for rocking chair, which you did extra for us. Once I am done, I will make sure to return it to you so other family also can use. Thank you very much from me and my family!!"*

During 2020, we managed to make our services available, providing free and confidential support and practical help to women who found themselves alone when pregnant. First time parents, students, newcomer parents: all affected by the pandemic in different ways. We can only do all this work through your continued support, and we do it on behalf of each one of you.

There is always need for more volunteers, financial support, maternity and baby clothing, diapers, and baby items. Please visit our [website](#) to find more information or to donate, or call/text our office at 639-999-9429.

Birthright represents everyone who believes that "It is the right of every woman to give birth, and the right of every child to be born." Happy Mother's Day 2021!

Love, always,
Birthright Regina Team

Encouragement to Consider Vaccination

Following the directives, guidance, and research carried out by the Vatican and other bodies of bishops world-wide, Archbishop Don supports efforts to provide vaccines to the people of Saskatchewan and encourages the faithful to seriously consider receiving the vaccine as it becomes available.

Further information can be found at the following links.

- Congregation for the Doctrine of the Faith "Note on the morality of using some anti-Covid-19 vaccines". [Link.](#)
- "Vaccine for all: 20 points for a fairer and healthier world" Vatican Covid-19 Commission in collaboration with the Pontifical Academy for Life. [Link.](#)
- Alberta and NWT Bishops OK vaccination for Covid. [Link.](#)
- How to Vaccinate Like a Catholic: A Guide Through the Prickly Covid-19 Issues. [Link.](#)

Holy Communion, The Lord's Supper, The Mass, Holy Eucharist

An opportunity to explore in an ecumenical group the meaning and purpose of Holy Communion. Each week a couple of articles will be emailed to participants in advance of the session; these will provide the focus for the Zoom discussions.

Wednesdays May 5, 12, 19, and 26, and June 2 at 10 am to 11:30 or 7 pm to 8:30. There is a maximum of 12 persons per group.

Facilitators: Rev. Marie-Louise Ternier and Rev. Matteo Carboni. For more information or to register, email angluth.watrous@gmail.com or m-carboni@hotmail.com

Signs of Life in the Local Church: May Webinar Series

Join in this series to explore signs that new missional perspectives are bringing life to local congregations.

Each Thursday in May, starting May 6 at 3 pm on Zoom. [Register for free.](#)

For further information, contact Archdeacon Cheryl Toth at stewardship@sasktel.net.

May 6: Unmasking the Post-Covid Church

with Rev. Dr. Ross Lockhart (Dean of St. Andrew's Hall at UBC, Professor of Mission Studies at Vancouver School of Theology)

Churches have been through a prolonged period of adaptive leadership challenges over the last year with Covid-19. What has God taught us through this experience about what it means to be church? How will this experience shape and change the nature of our witness and shared life together in a post-pandemic world?

May 13: Fabulously Flourishing in the Local Church

with Canon Dr. Neil Mancor (Congregational Development Coordinator, Anglican Diocese of Montréal)

Before we start talking about money, we need to get the conditions right. In the same way that we prepare the ground for planting our gardens, we need to do the same in our churches. Research has consistently flagged two key characteristics of flourishing congregations: a lively spirituality and an outward focus on the community. In this seminar, we will explore these two characteristics and how they impact financial generosity in the local Church.

May 20: Blessed to be a Blessing ... The Stewardship of Opportunity

with Rev. Dr. Tim Beadle (co-founder of the Rural Church Pastors Network & Missional Engagement Team Lead, Foothills Alliance Church, Calgary)

In our time together we will lean in together and explore how we can steward the opportunities God entrusts to us and our faith community based on Matthew 25. We will unpack a B.L.E.S.S. model that will offer practical steps to engage you in reaching out to those around you. A book summary will be supplied. Participants will be exposed to a free resource in which they will determine their S.H.A.P.E. (S – spiritual gifts / H – heart-passion / A – abilities / P – personality style / E – experience) for use in being stewards of the opportunities around them.

May 27: To The Regions Beyond: Spiritual Care in Under-served Areas

with Rev. Dr. Robin Haensel (Director of Church Development, Canadian Midwest District, Christian & Missionary Alliance Church)

Dr. Haensel will introduce his recent D.Min. project (Lutheran Theological Seminary, Saskatoon) helping him fulfill God's calling to equip the church to serve those often ignored because of the logistical challenges of shrinking rural populations. His greatest desire is that the church would be able to fulfill her calling to the world, but especially to those communities that face the challenge of diminishing resources.

This series is planned in the spirit of the LAURC Covenant by the Ecumenical Stewardship Committee of the Anglican Diocese of Qu'Appelle, the Saskatchewan Synod of the ELCIC, and the Roman Catholic Archdiocese of Regina.

Conversations About Race, Gender, Poverty and Social Change

These interactive conversations will be led by the Forum for Intercultural Leadership and Learning (FILL) of the Canadian Council of Churches, an ecumenical agency with 26 member denominations representing 85% of Christianity in Canada.

Saturday afternoons, at 2 pm on April 17, May 15, June 12, and June 26.

[More information and registration.](#)

Seeking Justice Together Conference

[Seeking Justice Together](#) is a virtual conference hosted by Citizens for Public Justice from May 17 to 20 exploring how we are called to seek justice together through intersectional, interpersonal, and interconnected approaches. Keynotes and workshops will invite participants to consider how Christians, in particular, are called to seek justice alongside others. Participants will be invited to explore the role of theology, church history, and contemporary expressions of faith in our understanding and practice of justice. All participants are welcome, regardless of faith background.

Multi-Faith Saskatchewan - Annual General Meeting

Join the MF-Sask board members and others interested in promoting interreligious relations in Saskatchewan. Sunday May 30 at 3 pm by Zoom. Email Nick Jesson at njesson@archregina.sk.ca for Zoom details.

Archdiocese Lay Formation Program

Forming Catholic leaders for service and evangelization.

“Learning about apologetics has been a highlight for me because it involves the defense of the faith. When it is done in a kind and gentle way, conversations with all sorts of people open up.” - Dean Vey, Resurrection Parish, Regina.

One weekend a month from October to June, Catholics just like you are gathering in Regina to receive the tools and the guidance they need to speak confidently about the church, their faith, and Jesus Christ in their homes, parishes, and the world. Why not make their story, your story?

We are currently accepting applications for our Fall intake. For more information on how to register or our COVID-19 health and safety protocols, please contact our Program Coordinator, Deacon Eric Gurash at 306-352-1651 ext 211 or email egurash@archregina.sk.ca

Youth/Young Adult Ministry News

The Youth Office at the Archdiocese of Regina has officially been renamed the Office of Youth and Young Adult Ministry and with a new title comes new ministry focuses and opportunities.



Youth Initiatives

For more info or to register for the following, email Michelle Braden at mbraden@archregina.sk.ca

Source (Adoration, Reconciliation, Talk)

Students ages 14-18 are invited to this monthly gathering that allows time to slow down, think, pray, and refocus. It takes place the first Sunday evening of each month and can also be joined live via livestream. [Use this link for the details.](#)

MyGen Youth Rally

MyGen will happen on Saturday, May 29 and we are taking it on the road! We will have a one-day rally hosted in multiple locations. Assuming we can have small public gatherings, we would set up 2 sites in Regina and 6 satellite sites around the Archdiocese. The music, emcees and keynotes would be live streamed out to all the sites from a single location. The games, small group discussions, service project, and prayer ministry will happen in person at the individual sites. We would welcome grades 8-12.

Leadership Camps

It is yet to be determined if our camp for teens will run as an overnight camp or as day camp experiences. But the dates have been set and more details will be available in May. The camp days will be July 12, 13,14,15.

Young Adult Small Groups

Come together around a shared interest (jogging, relationship enrichment, hiking, board games, learning to pray and more!) to meet new people and grow in faith. The Office of Youth and Young Adult Ministry will be launching a new round of young adult small groups in mid April. Registration is open. [Use this link for more information.](#)

Young Adult Retreat/ Summer Camp

Kind of like summer camp...but for adults! Join other young adults for an opportunity to pray, rest, contemplate, and grow in a beautiful lakefront setting. But also ...volleyball, campfires, hiking, great food, and beach time. Mark your calendars for Friday, July 16 to Sunday, July 18. More details to come in May.

Support for a Refugee Group in Regina

Please join us in a difficult task because of the pandemic – fundraising so that we can bring a young husband and wife, their 3 year-old boy, and 2 year-old girl to Regina.

The young woman has UNHCR refugee status. The little girl has a health issue. Her needs are not being met because she is part of a refugee family living in exile. This young family fled their home and are now staying in a neighbouring country, where life is very difficult. They do not belong in exile. If you would be willing to support us in raising the funds needed to sponsor them to Canada, we would be most appreciative. Her parents here tell us that they have experienced many kindnesses from Canadians and thank you very kindly in advance for your support.

Our first effort is Sarcan Drop and Go. If you wish to donate your recyclables to our effort, you can drop off your bag of bottles (Please remember to remove bottle caps), cans, cartons, etc., at any depot in Saskatchewan. Go to the 'Drop and Go' kiosk, type in **Kind Welcome**, take the label and stick one on each bag. Funds will be placed in an account opened for the purpose of this sponsorship. All proceeds will be toward the sponsorship of this family.

If you live in Regina and area, we are most willing to arrange for a monthly pick up. We will deliver your containers to Sarcan. To do this, call or text Bernadette at 306-537-4158.

Archdiocese Weekly Report

[Sign up](#) for the Archdiocese of Regina Weekly Report and stay up to date on Covid updates and other news, delivered to your inbox every Friday morning.

RESTART - Building Separation and Divorce Resilience

Starting Wednesday, May 12 to June 16 from 7 – 8:30 pm. This offering uses a discussion format and draws on the tools found in the book Rebuilding: When Your Relationship Ends. This program is available from any location on Zoom. Registration \$60. [Further info](#).

Helping the Cuernavaca Project With Recyclables

The project can benefit from your donation of Sarcan recyclables at any Sarcan location in Regina. Use the keyword **project** when you use the Drop and Go option.

Emmaus Family Support

One in five families in our parishes and neighbourhoods are affected by mental health challenges. Emmaus Family Support offers peer-led support for mental health caregivers. We are a gathering of individuals who are the primary caregivers of loved ones experiencing mental health challenges that meet on the fourth Thursday of each month to share prayer, mental health resources, and life experience. Our focus is on shared learning, building resiliency, walking together, and moving toward healthier lives for ourselves and those we care for. If you would like more information on how to take part, please [email Deacon Eric Gurash](#).

Visit [Emmaus Family Support](#) to learn more about the ministry.



*Sharing God's gifts,
Serving others,
In Christ's Love*

Covid-19 Screening Questionnaire

For the protection and health of all in our St. Cecilia community, each person wanting to come to the church must take this self-assessment.

| | |
|----|---|
| 1. | Do you have any of the following symptoms: <ul style="list-style-type: none">• Feeling unwell including fever, cough, sore throat.• Nausea, Vomiting, Diarrhea.• Unexplained loss of appetite.• Loss of sense of taste or smell. |
| 2. | Have you travelled outside of Canada in the last 14 days? |
| 3. | Have you had close contact without a mask or other appropriate personal protective equipment (PPE) with someone who has travelled outside of Canada in the last 14 days? |
| 4. | Have you had close contact without a mask or other appropriate personal protective equipment (PPE) in the last 14 days with someone who is ill with Covid-19 symptoms? |
| 5. | Have you or anyone in your household had close contact without a mask or other appropriate personal protective equipment (PPE) in the last 14 days with someone who is being investigated or confirmed to be a case of Covid-19? |

If you answered "Yes" to any of the above questions, you are encouraged to stay home and DO NOT come to the Church at this time.

If you answered "No" to all the above questions, you may come to the Church.