



*Sharing God's gifts,
Serving others,
In Christ's Love*

5020 - 7th Avenue
Regina, Saskatchewan S4T 0S1
Office Phone: 306-545-4051
Office Hours: Monday & Friday: 9:30 am – 12 pm, Tuesday - Thursday: 9:30 am – 12 pm, 1:30 - 5 pm
Hall Phone: 306-545-2266
Web Site: www.stcecregina.com E-mail: contact@stcecregina.com
Pastor: Rev. Brad Fahlman Associate Pastor: Rev. John Weckend
Office: Melita Stenhouse Caretaker: Merv Harrick

Fifth Sunday of Easter, May 2, 2021



Jesus clearly tells us how to do this in our Gospel, as He says, “I am the vine, you are the branches. Whoever remains in me and I in him will bear much fruit, because without me you can do nothing.” We can remain in Christ by staying faithful to His commandments and frequently receiving the sacraments. And our day-to-day moments should be a reflection of those commitments.

That could mean opening our day with a prayer of thanksgiving, setting aside time for intentional prayer, smiling at those we see on the street, asking God for help as we begin our workday, cleaning up after the kids in gratitude, praising God in moments of trial, taking time to listen to our spouse after a long day. To remain in Christ means, in all that we do, we do it with the Lord.

When we live a life like that—as a branch never separated from its vine—God will produce bountiful fruit in our lives. [Source: Catholic Stewardship Consultants. www.catholicsteward.com]

Sunday Livestream Mass

Join us Sundays at 10 am for our livestream Mass. Use one of these ways:

- [St. Cecilia YouTube Channel](#).
- St. Cecilia Website stcecregina.com.
- On the YouTube App, search for St Cecilia Regina.

Friday Livestream Mass

Friday Mass at 9 am is livestreamed as part of the Archdiocese Weekday Mass schedule. If not attending, you can watch on the [Archdiocese YouTube Channel](#).

This Week's Masses

Monday May 3 – No Mass	St. Philip and St. James, Apostles 1 Corinthians 15.1-8; John 14.6-14
Tuesday May 4 – No Mass	Priests' Retreat. Acts 14.19-28; John 14.27-31
Wednesday May 5 – No Mass	Priests' Retreat. Acts 15.1-6; John 15.1-8
Thursday May 6 – No Mass	St. Francois De Laval, Bishop, Patron of the Bishops of Canada Priests' Retreat. 2 Timothy 4.1-5; John 10.11-16
Friday May 7, 9 am	Acts 15.22-31; John 15.12-17 Intentions of Bernadette Gettis. Eucharistic Adoration and individual Reconciliation after Mass. 9:30 to 10:30
Saturday May 8, 7 pm	Acts 16.1-10; John 15.18-21
Sunday May 9, 10 and 11:45	Sixth Sunday of Easter Acts 10.25-26, 34-35, 44-48; 1 John 4.7-10; John 15.9-17

Signing Up to Attend Saturday or Sunday Mass

Signing-up in advance is required if you wish to attend Saturday 7 pm or Sunday 10 or 11:45 am Mass for the first time. Please register by Wednesday before the weekend you wish to attend.

We understand plans or situations change. If you are registered and not able to attend, please call the office. If a change happens after Friday at Noon, please call Ray at 306-545-0592 or call or text 306-536-8920. This will enable us to contact a replacement household.

After you attend once, you will be added to a recall list for your preferred Mass. People who are signing-up for the first time are assigned to the available spaces. If there are remaining spaces, people from the recall list are assigned. You will be contacted to let you know about available openings for your preferred Mass.

[Read the guidelines and protocols for attending Mass including how to sign-up.](#)

Self-Assessment Questionnaire for Covid-19

If you wish to attend Mass, you are reminded to take the self-assessment. When you arrive, you will be asked if you did the assessment. If you did not, you will be asked the assessment questions.

The assessment is included with this bulletin and on [our website](#) and in the [guidelines and protocols for attending Mass](#).

Muffins for Marian Centre

Sandwiches, muffins, or granola bars are being given daily to those in need. Donations of muffins would be very helpful.

If you can help, package the muffins in a container or bag that you do not want back and bring them to the St. Cecilia office during regular office hours by Friday at 9:30 am.

Donations may also be taken to the Centre at 1835 Halifax Street (back door in the alley); closed Thursday and Sunday.



Plastic Containers for Carmichael Lunch Program

Carmichael Outreach Centre provides hot meals for those in need. They serve over 200 meals a day and are very much in need of clean margarine, yogurt, sour cream, Tupperware, etc. plastic containers in which to serve the meals.

Seasonal clothing and footwear (all ages, sizes, and genders) is also being accepted. If you can help, package the containers or clothing in bags or boxes and drop them off on the steps by the front doors of the church during regular office hours.



Santa Maria Foundation Masks Fundraiser



Santa Maria Foundation is selling masks for \$10 each to raise funds to assist with the needs of residents and for special projects including the current project to purchase air mattresses (\$2500).

Available during Mass times in the Welcoming Area or from the office during regular hours.

Also available with free delivery and mailing by contacting Terry Cooney at 306-537-8875 or email tcooney@sasktel.net.

The Power of Gentleness

Gentleness and peace, within one and towards oneself, are often pushed to the side by the desire to be healed immediately, to get back to work, or to wherever you thought you were in better times. But this is not the Way of the Spirit, who is both tender and non-judgemental, soft but strong, patient and not in a rush to be elsewhere. Read this weeks [Field Hospital Spiritual Exercise](#).

[Sign up](#) for weekly spiritual exercises delivered to your inbox.

Archbishop's Secretary Retires

Bernadette Gettis, long-time parishioner of St. Cecilia, retired April 30. Bernadette began working at the Archdiocese of Regina Diocesan Centre August 12, 1996. Initially she worked as secretary for several departments: Social Justice, Archdiocesan Pastoral Council, Victims Committee, Rural Life Ministry, and Inter-Department meetings. She began working for Archbishop Peter Mallon in the spring of 2000, continuing as Archbishop secretary for Archbishop Dan Bohan and current Archbishop Don Bolen.

We wish Bernadette a wonderful and blessed retirement after 25 years of dedicated ministry and service with the Archdiocese.

Pray: The Story of Patrick Peyton

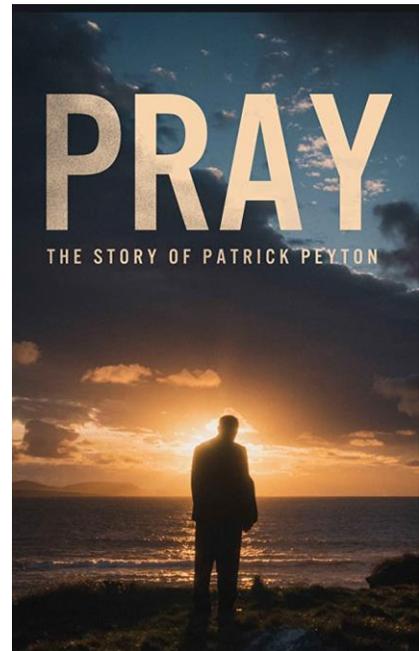
The movie Pray: The Story of Patrick Peyton will be shown at St. Cecilia Friday evenings (7 pm), and Sunday afternoons (2 pm) throughout the month of May, starting May 7. There will be a free will offering.

The film portrays the true story of the man behind the famous phrase, "The Family That Prays Together Stays Together." He became a priest on a mission to promote the Rosary and all family prayer whether through mass media in Hollywood or with huge Rosary rallies around the world. This film will amaze and inspire you! [Watch the trailer](#).

Signing up in advance is required. Covid protocols will be observed.

Use one of these ways to sign-up with Carol Anne:

- Text 306-529-4173.
- Email cablandgraf@gmail.com
- Phone 306-949-7425 and leave a message.



Upcoming Ordination

  <small>Deacon Christian Lindenbach</small>	<p><i>The Roman Catholic Archdiocese of Regina will gather in joy and thanksgiving for the Ordination of</i></p> <p>DEACON CHRISTIAN LINDENBACH</p> <p><i>To the Sacred Order of the Priesthood</i></p> <p>7:00 PM FRIDAY, MAY 14, 2021 Holy Rosary Cathedral</p> <p>Livestreamed youtube.com/ArchdioceseRegina</p>
--	--

The Language of Pain: The Psalms and Mental Health

Thinking Faith Podcast with Deacon Eric Gurash and Dr. Brett Salkeld

Deacon Eric Gurash discusses the healing grace in speaking our pain out loud and role the Psalms can play in helping us to do this.

Show Snippet: "God understands what the UCLA study and others like it indicate; speaking our feelings of abandonment, powerlessness, fear, and even anger out loud can be the exact antidote we need." [Listen to the podcast.](#)

Encouragement to Consider Vaccination

Following the directives, guidance, and research carried out by the Vatican and other bodies of bishops world-wide, Archbishop Don supports efforts to provide vaccines to the people of Saskatchewan and encourages the faithful to seriously consider receiving the vaccine as it becomes available.

Further information can be found at the following links.

- Congregation for the Doctrine of the Faith "Note on the morality of using some anti-Covid-19 vaccines". [Link.](#)
- "Vaccine for all: 20 points for a fairer and healthier world" Vatican Covid-19 Commission in collaboration with the Pontifical Academy for Life. [Link.](#)
- Alberta and NWT Bishops OK vaccination for Covid. [Link.](#)
- How to Vaccinate Like a Catholic: A Guide Through the Prickly Covid-19 Issues. [Link.](#)

May is Reverence for Life Month

Reverence for Life Prayer

O Mary, to you do we entrust the cause of life.
Look down O Mother
upon the vast number of babies not allowed to be born,
on the poor whose lives are made difficult,
on those who are victims of brutal violence,
on the elderly and sick killed by indifference or misguided mercy.
We ask for the grace to accept Gospel of Life as a gift ever new,
and the courage to bear witness to it.
To the praise and glory of God,
the Creator and lover of life.
Amen!

Life is a Gift Webinar

The Reverence for Life Commission is hosting a panel discussion entitled "Life is a Gift" on Wednesday May 19, at 7 pm. Our speakers include Mary Deutscher-Heilman from the Catholic Health Association of Saskatchewan (CHAS); Sister Avelina Joseph, Sisters of Life; Jose Argerami, Jenna Daly, and Sharon Martorana from Birthright; and Scott Hayward from Right Now.

Our presenters will seek to reaffirm the value of human life, its sacredness and call us to respect, protect, heal, love, and serve every human life (c.f. EV. 5). There will be an opportunity for questions from the audience.

For more information or to register, please email mgurash@archregina.sk.ca.

Our Whole Society 2021: Free to Believe, Responsible to Act, May 4

On May 4, the Canadian Interfaith Conversation is sponsoring an online version of “Our Whole Society,” the fifth iteration of a conference that aims to foster a new dialogue about the changing role of religion in Canadian society.

Panel 1: Addressing challenges to freedom of religion or belief (11 am – 12:30)

Panel 2: Building social solidarity (1 pm to 2:30)

[Online registration](#)

The Truth and Reconciliation Commission and Bill C-15, May 4

An online conversation with the Honourable Murray Sinclair, Dr. Marie Wilson, and Chief Wilton (Willie) Littlechild

On Tuesday May 4 at 5 pm, there will be a learning event: “The Truth and Reconciliation Commission and Bill C-15,” sponsored by Faith in the Declaration, a coalition of Canadian faith houses and faith organizations working together to support the implementation of the UN Declaration on the Rights of Indigenous Peoples (UNDRIP). The three Commissioners of The Truth and Reconciliation Commission of Canada (TRC) will discuss the relationship of the TRC and UNDRIP and how that brings us now to Bill C-15 (“An Act respecting UNDRIP”). They will be asked how they envision Bill C-15 as the extension of their work with the TRC and whether this is the next chapter in the reconciliation journey. There will be reference to the Calls to Actions that are directed to faith bodies and next steps on the journey of reconciliation beyond Bill C-15. [Online registration.](#)

Holy Communion, The Lord's Supper, The Mass, Holy Eucharist

An opportunity to explore in an ecumenical group the meaning and purpose of Holy Communion. Each week a couple of articles will be emailed to participants in advance of the session; these will provide the focus for the Zoom discussions.

Wednesdays May 5, 12, 19, and 26, and June 2 at 10 am to 11:30 or 7 pm to 8:30. There is a maximum of 12 persons per group.

Facilitators: Rev. Marie-Louise Ternier and Rev. Matteo Carboni. For more information or to register, email angluth.watrous@gmail.com or m-carboni@hotmail.com

Signs of Life in the Local Church: May Webinar Series

Join in this series to explore signs that new missional perspectives are bringing life to local congregations.

Each Thursday in May, starting May 6 at 3 pm on Zoom. [Register for free.](#)

For further information, contact Archdeacon Cheryl Toth at stewardship@sasktel.net.

May 6: Unmasking the Post-Covid Church

with Rev. Dr. Ross Lockhart (Dean of St. Andrew's Hall at UBC, Professor of Mission Studies at Vancouver School of Theology)

Churches have been through a prolonged period of adaptive leadership challenges over the last year with Covid-19. What has God taught us through this experience about what it means to be church? How will this experience shape and change the nature of our witness and shared life together in a post-pandemic world?

May 13: Fabulously Flourishing in the Local Church

with Canon Dr. Neil Mancor (Congregational Development Coordinator, Anglican Diocese of Montréal)

Before we start talking about money, we need to get the conditions right. In the same way that we prepare the ground for planting our gardens, we need to do the same in our churches. Research has consistently flagged two key characteristics of flourishing congregations: a lively spirituality and an outward focus on the community. In this seminar, we will explore these two characteristics and how they impact financial generosity in the local Church.

May 20: Blessed to be a Blessing ... The Stewardship of Opportunity

with Rev. Dr. Tim Beadle (co-founder of the Rural Church Pastors Network & Missional Engagement Team Lead, Foothills Alliance Church, Calgary)

In our time together we will lean in together and explore how we can steward the opportunities God entrusts to us and our faith community based on Matthew 25. We will unpack a B.L.E.S.S. model that will offer practical steps to engage you in reaching out to those around you. A book summary will be supplied. Participants will be exposed to a free resource in which they will determine their S.H.A.P.E. (S – spiritual gifts / H – heart-passion / A – abilities / P – personality style / E – experience) for use in being stewards of the opportunities around them.

May 27: To The Regions Beyond: Spiritual Care in Under-served Areas

with Rev. Dr. Robin Haensel (Director of Church Development, Canadian Midwest District, Christian & Missionary Alliance Church)

Dr. Haensel will introduce his recent D.Min. project (Lutheran Theological Seminary, Saskatoon) helping him fulfill God's calling to equip the church to serve those often ignored because of the logistical challenges of shrinking rural populations. His greatest desire is that the church would be able to fulfill her calling to the world, but especially to those communities that face the challenge of diminishing resources.

This series is planned in the spirit of the LAURC Covenant by the Ecumenical Stewardship Committee of the Anglican Diocese of Qu'Appelle, the Saskatchewan Synod of the ELCIC, and the Roman Catholic Archdiocese of Regina.

2021 March For Life Saskatchewan

Saturday, May 8, 2 – 3:30 pm.

Regina Pro-Life invites you to join in the witness for life and in support of the National March. Meet at Albert Street and Leopold Crescent. Covid protocols and distancing will be maintained along Albert Street in silent witness.

Conversations About Race, Gender, Poverty and Social Change

These interactive conversations will be led by the Forum for Intercultural Leadership and Learning (FILL) of the Canadian Council of Churches, an ecumenical agency with 26 member denominations representing 85% of Christianity in Canada.

Saturday afternoons, at 2 pm on April 17, May 15, June 12, and June 26.

[More information and registration.](#)

Seeking Justice Together Conference

[Seeking Justice Together](#) is a virtual conference hosted by Citizens for Public Justice from May 17 to 20 exploring how we are called to seek justice together through intersectional, interpersonal, and interconnected approaches. Keynotes and workshops will invite participants to consider how Christians, in particular, are called to seek justice alongside others. Participants will be invited to explore the role of theology, church history, and contemporary expressions of faith in our understanding and practice of justice. All participants are welcome, regardless of faith background.

Archdiocese Lay Formation Program

Forming Catholic leaders for service and evangelization.

“Learning about apologetics has been a highlight for me because it involves the defense of the faith. When it is done in a kind and gentle way, conversations with all sorts of people open up.” - Dean Vey, Resurrection Parish, Regina.

One weekend a month from October to June, Catholics just like you are gathering in Regina to receive the tools and the guidance they need to speak confidently about the church, their faith, and Jesus Christ in their homes, parishes, and the world. Why not make their story, your story?

We are currently accepting applications for our Fall intake. For more information on how to register or our COVID-19 health and safety protocols, please contact our Program Coordinator, Deacon Eric Gurash at 306-352-1651 ext 211 or email egurash@archregina.sk.ca

Youth/Young Adult Ministry News

The Youth Office at the Archdiocese of Regina has officially been renamed the Office of Youth and Young Adult Ministry and with a new title comes new ministry focuses and opportunities.



Youth Initiatives

For more info or to register for the following, email Michelle Braden at mbraden@archregina.sk.ca

Source (Adoration, Reconciliation, Talk)

Students ages 14-18 are invited to this monthly gathering that allows time to slow down, think, pray, and refocus. It takes place the first Sunday evening of each month and can also be joined live via livestream. [Use this link for the details.](#)

MyGen Youth Rally

MyGen will happen on Saturday, May 29 and we are taking it on the road! We will have a one-day rally hosted in multiple locations. Assuming we can have small public gatherings, we would set up 2 sites in Regina and 6 satellite sites around the Archdiocese. The music, emcees and keynotes would be live streamed out to all the sites from a single location. The games, small group discussions, service project, and prayer ministry will happen in person at the individual sites. We would welcome grades 8-12.

Leadership Camps

It is yet to be determined if our camp for teens will run as an overnight camp or as day camp experiences. But the dates have been set and more details will be available in May. The camp days will be July 12, 13, 14, 15.

Young Adult Small Groups

Come together around a shared interest (jogging, relationship enrichment, hiking, board games, learning to pray and more!) to meet new people and grow in faith. The Office of Youth and Young Adult Ministry will be launching a new round of young adult small groups in mid April. Registration is open. [Use this link for more information.](#)

Young Adult Retreat/ Summer Camp

Kind of like summer camp...but for adults! Join other young adults for an opportunity to pray, rest, contemplate, and grow in a beautiful lakefront setting. But alsovolleyball, campfires, hiking, great food, and beach time. Mark your calendars for Friday, July 16 to Sunday, July 18
More details to come in May.

Regina Pro-Life Drive-Thru Fundraiser

You are invited to support Regina Pro-Life through its annual banquet fundraiser. Again, this year the banquet is not possible so we partnered with Charlottes Catering to bring you an opportunity to enjoy their wonderful food and support RPLA in our major fundraiser

Option 1: Wednesday, May 5, Turkey Dinner. Pick up at Holy Trinity Church parking lot (5020 Sherwood Dr) between 5:00 - 6:00 pm. Paid in advance by e-transfer.

Option 2: Thursday, May 6, Roast Beef Dinner. Pick up at Christ the King Church parking lot (3239 Garnet St) between 5:00 - 6:00 pm. Paid in advance by e-transfer.

Each dinner is \$20. RPLA will gratefully accept an extra donation as the price last year for this fundraiser was \$25.

6 cabbage rolls for \$8 can also be ordered.

Email rpla@sasktel.net with the following details: number of meals option 1, number of meals option 2, number of cabbage roll orders, name, cell phone number, contact email address, and e-transfer email address if it is different than the contact. Then, e-transfer to rpla@sasktel.net
For other payment options, call 306-569-1985

We are also accepting donations and baby supplies for Birthright. You can bring them to the fundraiser or drop them off at Birthright, 1771 Rose St.

Last day to purchase dinners and send payments is Monday, May 3.

Thank you very much in advance for your support.

Support for a Refugee Group in Regina

Please join us in a difficult task because of the pandemic – fundraising so that we can bring a young husband and wife, their 3 year-old boy, and 2 year-old girl to Regina.

The young woman has UNHCR refugee status. The little girl has a health issue. Her needs are not being met because she is part of a refugee family living in exile. This young family fled their home and are now staying in a neighbouring country, where life is very difficult. They do not belong in exile. If you would be willing to support us in raising the funds needed to sponsor them to Canada, we would be most appreciative. Her parents here tell us that they have experienced many kindnesses from Canadians and thank you very kindly in advance for your support.

Our first effort is Sarcan Drop and Go. If you wish to donate your recyclables to our effort, you can drop off your bag of bottles (Please remember to remove bottle caps), cans, cartons, etc., at any depot in Saskatchewan. Go to the 'Drop and Go' kiosk, type in **Kind Welcome**, take the label and stick one on each bag. Funds will be placed in an account opened for the purpose of this sponsorship. All proceeds will be toward the sponsorship of this family.

If you live in Regina and area, we are most willing to arrange for a monthly pick up. We will deliver your containers to Sarcan. To do this, call or text Bernadette at 306-537-4158.

Employment Opportunity - Part-Time Archbishop's Appeal Assistant

The Archdiocese of Regina, Archbishop's Appeal Department, is seeking to hire an Archbishop's Appeal Assistant. The position is to start June 1, 2021, or earlier. This is a part-time position 17.5 hours per week; 3.5 hours per day, preferably afternoons. Some flexibility to these hours may be possible.

A diploma/certificate in business or marketing or related experience is preferred. Applications would be required to provide evidence of education/training and a Vulnerable Criminal Record Check. Fluent oral and written English communications skills and proficiency in donor software are also preferred. Remuneration will be based on training and experience.

A complete resume and covering letter should be sent to Leona Burkhardt at lburkhardt@archregina.sk.ca no later than May 7, 2021. For a complete job description and/or further information, contact: M. Martinez at mmartinez@archregina.sk.ca.

Archdiocese Weekly Report

[Sign up](#) for the Archdiocese of Regina Weekly Report and stay up to date on Covid updates and other news, delivered to your inbox every Friday morning.

RESTART - Building Separation and Divorce Resilience

Starting Wednesday, May 12 to June 16 from 7 – 8:30 pm. This offering uses a discussion format and draws on the tools found in the book Rebuilding: When Your Relationship Ends. This program is available from any location on Zoom. Registration \$60. [Further info](#).

Helping the Cuernavaca Project With Recyclables

The project can benefit from your donation of Sarcán recyclables at any Sarcán location in Regina. Use the keyword **project** when you use the Drop and Go option.

Emmaus Family Support

One in five families in our parishes and neighbourhoods are affected by mental health challenges. Emmaus Family Support offers peer-led support for mental health caregivers. We are a gathering of individuals who are the primary caregivers of loved ones experiencing mental health challenges that meet on the fourth Thursday of each month to share prayer, mental health resources, and life experience. Our focus is on shared learning, building resiliency, walking together, and moving toward healthier lives for ourselves and those we care for. If you would like more information on how to take part, please [email Deacon Eric Gurash](#).

Visit [Emmaus Family Support](#) to learn more about the ministry.



*Sharing God's gifts,
Serving others,
In Christ's Love*

Covid-19 Screening Questionnaire

For the protection and health of all in our St. Cecilia community, each person wanting to come to the church must take this self-assessment.

1.	Do you have any of the following symptoms: <ul style="list-style-type: none">• Feeling unwell including fever, cough, sore throat.• Nausea, Vomiting, Diarrhea.• Unexplained loss of appetite.• Loss of sense of taste or smell.
2.	Have you travelled outside of Canada in the last 14 days?
3.	Have you had close contact without a mask or other appropriate personal protective equipment (PPE) with someone who has travelled outside of Canada in the last 14 days?
4.	Have you had close contact without a mask or other appropriate personal protective equipment (PPE) in the last 14 days with someone who is ill with Covid-19 symptoms?
5.	Have you or anyone in your household had close contact without a mask or other appropriate personal protective equipment (PPE) in the last 14 days with someone who is being investigated or confirmed to be a case of Covid-19?

If you answered "Yes" to any of the above questions, you are encouraged to stay home and DO NOT come to the Church at this time.

If you answered "No" to all the above questions, you may come to the Church.