



*Sharing God's gifts,
Serving others,
In Christ's Love*

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Pastor: Rev. Brad Fahlman Associate Pastor: Rev. John Weckend
Office: Melita Stenhouse Caretaker: Merv Harrick

Second Sunday in Ordinary Time, January 17, 2021



“Jesus turned and saw them following him and said to them, ‘What do you seek?’ He said to them, ‘Come and see.’ - John 1:38, 39

We are called to be missionary disciples — to seek the Lord and to share what we have found. Our faith is a gift! We should strive to share this gift with others. A disciple of Christ is a good steward of the Good News.

Our journey as disciples of Christ is an ongoing adventure. To grow on this journey, we can seek first the Kingdom of God, listen to God's voice in our lives, and be good stewards of what He has gifted us. With that, the Lord will respond with, “Come, and you will see!”

Sunday Livestream Mass

Join us Sundays at 10 am for our livestreamed Mass. Use one of these ways:

- [St. Cecilia YouTube Channel](#).
- St. Cecilia Website stcecregina.com.
- On the YouTube App, search for St Cecilia Regina.

Friday Mass Time Change, Livestream

Beginning January 22, Friday Mass is at 9 am. This Mass is now being Livestreamed as part of the Archdiocese Weekday Mass schedule. If not attending, you can watch on the [Archdiocese YouTube Channel](#).

This Week's Masses

Monday January 18	Hebrews 5.1-10; Mark 2.18-22
Tuesday January 19, 7 pm	Hebrews 6.10-20; Mark 2.23-28 RIP Rosalba Escudero de Zapata requested by St. Cecilia Social Justice Team.
Wednesday January 20, 10 am	Hebrews 7.1-3, 15-17; Mark 3.1-6 Intentions of Ray Deis requested by St. Cecilia CWL.
Thursday January 21, 10 am	St. Agnes, Virgin, Martyr Hebrews 7.25-8.6; Mark 3.7-12 RIP Marion Baiton requested by Paulette Wendler.
Friday January 22, 9 am	Hebrews 8.6-13; Mark 3.13-19 RIP Sister Frances Bonokoski requested by Bernadette Warnke.
Saturday January 23, 7 pm	Hebrews 9.2-3, 11-14; Mark 3.20-21
Sunday January 24, 10 am and Noon	Third Sunday In Ordinary Time Jonah 3.1-5, 10; 1 Corinthians 7.29-31; Mark 1.14-20

Signing Up to Attend Saturday or Sunday Mass

Signing-up in advance is required if you wish to attend Saturday 7 pm or Sunday 10 am or Noon Mass for the first time. Please register by Wednesday before the weekend you wish to attend.

We understand plans or situations change. If you are registered and not able to attend, please call the office. If a change happens after Friday at Noon, please call Ray at 306-545-0592 or call or text 306-536-8920. This will enable us to contact a replacement household.

After you attend once, you will be added to a recall list for your preferred Mass. People who are signing-up for the first time are assigned to the available spaces. If there are remaining spaces, people from the recall list are assigned. You will be contacted to let you know about available openings for your preferred Mass.

[Read the guidelines and protocols for attending Mass including how to sign-up.](#)

Self-Assessment Questionnaire for Covid-19

If you wish to attend Mass, you are reminded to take the self-assessment. When you arrive, you will be asked if you did the assessment. If you did not, you will be asked the assessment questions.

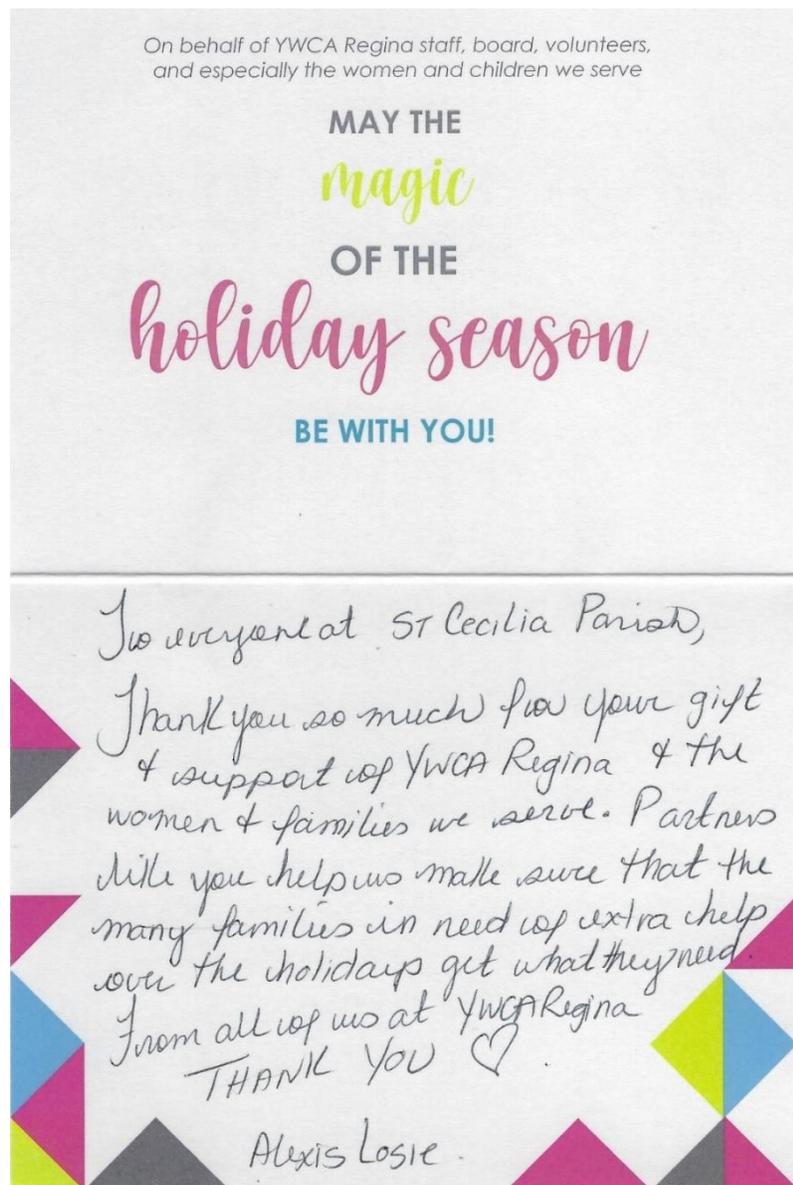
The assessment is included with this bulletin and on [our website](#) and in the [guidelines and protocols for attending Mass](#).

St. Cecilia Catholic Women's League 2021 Fees

Fees for your 2021 CWL membership will be gratefully accepted through the month of January. The CWL is pleased to offer the option of e-Transfer method of payment. No security question is required, and the money is automatically deposited. Use the email address **cwlstcecilia@gmail.com**. If you prefer using the CWL yellow donation envelope in the box of envelopes, bring it to Mass or drop it off at the Church office. The fees are \$35.

Social Justice News

This is the thank you card from Alexis Losie, Isabel Johnson Shelter YWCA Regina -- a recipient of your many Giving Tree gifts and donations.



'Be Not Afraid' by Catholic Artists from Home

Over 1.9 million YouTube views. During this time of crisis, Catholic artists have come together with a message of hope by singing this beloved Catholic hymn. [View the video.](#)

Communion for Shut-ins

If you have a family member or someone in your extended household group who is not able to attend Mass and would like to receive Holy Communion, call Melita in the parish office 306-545-4051 for more information.

Muffins for Marian Centre

Sandwiches, muffins, or granola bars are being given daily to those in need.

Donations of muffins would be very helpful.

If you can help, package the muffins in a container or bag that you do not want back and bring them to the St. Cecilia office during regular office hours. All muffins brought by Thursday at 3 pm will be delivered Friday.

Donations may also be taken to the Centre at 1835 Halifax Street (back door in the alley); closed Thursday and Sunday.



Plastic Containers for Carmichael Lunch Program

Carmichael Outreach Centre has resumed providing hot meals for those in need. They are serving between 150 - 200 meals a day and are very much in need of clean margarine, yogurt, sour cream, Tupperware, etc. plastic containers in which to serve the meals.

Seasonal clothing and footwear (all ages, sizes, and genders) is also being accepted.

If you can help, package the containers or clothing in bags or boxes and drop them off on the steps by the front doors of the church during regular office hours.

Week of Prayer for Christian Unity Bible Study

This year, due to the pandemic, we are not able to hold our regular events and so the Prairie Centre for Ecumenism and Regina Council of Churches decided to partner and hold an 8-day virtual Bible study series based on the themes for Week of Prayer 2021.

Monday, January 18 to Monday, January 25 from 12:15 pm to 1, except Sunday, January 24 at 1 pm on Zoom.

The materials have been prepared by the Monastic Community of Grandchamp in Switzerland. A different Christian leader will guide us each day as we explore the theme "Abide in my love and you shall bear much fruit" (John 15:5-9).

The 2021 theme calls us to pray and to work for reconciliation and unity in the church, with our human family, and with all of creation. Drawing on the Gospel image of vine and branches, it invites us to nourish unity with God and with one another through contemplative silence, prayer, and common action. Grafted into Christ the vine as many diverse branches, may we bear rich fruit and create new ways of living, with respect for and communion with all of creation.

The daily themes are:

- Day 1 - Monday, January 18: Called by God: "You did not choose me but I chose you" (John 15:16a)
- Day 2 - Tuesday, January 19: Maturing Internally: "Abide in me as I abide in you" (John 15:4)

- Day 3 - Wednesday, January 20: Forming One Body: "Love one another as I have loved you" (John 15:12b)
- Day 4 - Thursday, January 21: Praying Together: "I do not call you servants any longer...but I have called you friends" (John 15:15)
- Day 5 - Friday, January 22: Letting Oneself Be Transformed by the Word: "You have already been pruned by the word..." (John 15:3)
- Day 6 - Saturday, January 23: Welcoming Others: "Go and bear fruit, fruit that will last" (John 15:16b)
- Day 7 - Sunday, January 24: Growing in Unity: "I am the vine, you are the branches" (John 15:5a)
- Day 8 - Monday, January 25: Reconciling with all Creation: "So that my joy may be in you, and that your joy may be complete" (John 15:11)

[Register at Eventbrite.](#)

Week of Prayer for Christian Unity – Rosemont Area Churches



DATE / DATE : January 24, 2021

TIME / HEURE : 4:00 PM

PLACE / LIEU : https://zoom.us/ Meeting ID 6859371163 Password JMJ3nT



weekofprayer.ca | semainedepriere.ca

Respect for Life Novena January 21 – 29

Join Regina Pro-Life in praying this 9-day novena for an end to the culture of death.

Novena: Father and maker of all, you adorn all creation with splendor and beauty, and fashion human lives in your image and likeness. Awaken in every heart reverence for the work of your hands and renew among your people a readiness to nurture and sustain your precious gift of life. Grant this through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God forever and ever. Amen. Our Lady of Guadalupe, pray for us. Concluding Prayers: Our Father, 3 Hail Mary's, and a Glory Be.

Prayers, Devotions, and Resources

Inspiring [online resources on the Archdiocese site](#) to support you during this time of Covid restrictions.

Includes:

- Daily Readings and Reflections.
- Home Teaching Resources for Parents.
- Resources for Seniors.
- Prayers, Blogs and Podcasts.
- Books and Other Resources.

A Visit with Catholic Conscience - Part 3

Thinking Faith Podcast with Deacon Eric Gurash and Dr. Brett Salkeld

Brendan Steven of catholicconscience.org discusses how his former work in Canadian politics led him to assist Catholics in discerning the relationship between Catholic social teaching and the role of our faith in deciding how our votes might be cast.

Show Snippet: "We often like to use this phrase, and I love this phrase, "God meets us where we are." We have to meet our politicians where they are. Even with folks that, from our perspective, are supporting really unsupportable policies, we have to treat them like children of God." [Listen to the podcast.](#)

Catholic Conscience Webinars

Voting Like a Catholic

"If you vote for a certain political party, you'll go to hell."

"I can't vote because there's no truly Catholic option."

These are just two common myths about voting as a Catholic. What does the Church teach us about our responsibility to vote? And how do we discern our consciences and choose who to vote for? In this webinar, we interview Catholic author and theologian Dr. Brett Salkeld on how to truly vote like a Catholic.

Wednesday, January 20, 6 pm (Regina Time). Free tickets are limited. [Register at EventBrite.](#)

ArchRegina Weekly Workshops

The Archdiocese of Regina Pastoral Services Department is pleased to offer a new online series to support parishes - the ArchRegina Weekly Workshops. Beginning Thursday, January 21 at noon, and continuing the same time each week. There will be presentations from various departments on a wide range of topics with time for Q & A.

- January 21 – Lisa Polk, Director of Pastoral Services, Introduction to the Weekly Workshop, bring your suggestions for future topics.
- January 28 –Topic TBD
- February 4 –Topic TBD

[Zoom Link.](#)

Youth/Young Adult Ministry News

The Youth Office at the Archdiocese of Regina has officially been renamed the Office of Youth and Young Adult Ministry and with a new title comes new ministry focuses and opportunities.

Youth Initiatives

For more info or to register for the following, email Michelle Braden at mbraden@archregina.sk.ca

Theology of the Body for Middle Schoolers (Online Youth Gathering)

Students ages 12-14 are invited to a group that brings young people together with trained young adult leaders to share games, friendship and meaningful discussions around discovering God's plan for life and love.

Group will meet on Zoom on Thursdays at 6:30 from February 18 to April 18.

Source (Adoration, Reconciliation, Talk)

Students ages 14-18 are invited to this monthly gathering that allows time to slow down, think, pray and refocus. It takes place the first Sunday evening of each month and can also be joined live via livestream. [Use this link for the details.](#)

Not a Fan (Online Youth Gathering)

Students ages 14-18 are invited to a group that brings young people together with trained adult leaders to share games, friendship and meaningful discussions around what it looks like to go deeper in faith and move from a "fan" of Jesus to a "follower" of Jesus.

Group will meet on Zoom on Mondays at 6:30 from February 15 to March 22.

MyGen Youth Rally

Students ages 13-18 are invited to join us for this gathering of young people from all over the archdiocese. It will take place in May this year instead of the usual March date. It will look different. We are taking it on the road! There will be satellite sites throughout the archdiocese with portions of the day taking advantage of livestream to connect us together.

Watch for announcements about the theme, guest speakers, and a firm date coming soon to mygenrally.ca.

Young Adult Small Groups

We are starting this initiative off with five different young adult small groups, designed to reach a variety of ages and stages of life. Once we are more easily able to gather, the number and variety of small groups will increase and we will add to the calendar young adult retreats, Theology on Tap gatherings, and service/mission opportunities. [Use this link for more information.](#)

Gloria Patri

Christ the King Parish hosts an evening of Adoration, reconciliation and fellowship for young adults once a month. [Use this link for more details and to register.](#)

Western Canadian Association of Catholic Youth Ministers (WCACYM) Annual Gathering

On January 29 and 30, join others from all walks of life from across Western Canada who are passionate about sharing the gospel and particularly about ministering to young people. (You do NOT need to be a youth minister) There is no charge for this event. [Watch the trailer video.](#) [Use this link to register.](#)

Theology on Tap

Great questions. Meaningful discussions. Drink of choice. All coming to a screen near you. Join us on February 5 at 7 pm for a virtual version of Theology on Tap with our very own Fr. Parker Love as our guest speaker. Stay tuned for a description of the topic.

The Diocese Tonight

The next episode of this virtual diocesan family gathering will be February 14 at 7 pm. Please join us [live or watch it afterwards](#) as we celebrate the young church and break open the theme of: The Church: Called to Be Forever Young.

Youth Ministry Workshop

Join the Office of Youth and Young Adult Ministry online for one hour on February 5 at noon, for a look at what ministry to our young people CAN look like now, and some foundational pieces to consider down the road. If you are a priest, deacon, religious, parent, educator, parish volunteer, or a youth minister, join us to spend some time focusing on the possible.

To register, please email your name and contact info to mbraden@archregina.sk.ca. If you are interested, but that time frame is impossible, also email us. We will arrange to chat with you.

[Workshop Zoom link.](#)

Revive Parishes

The Archdiocese of Regina is pleased to provide free, online faith formation and leadership training through a partnership with Revive Parishes. Revive is a free online platform with a variety of resources to help parish leaders learn, grow, and renew their parishes. Featuring courses lead by renowned Catholic speakers like Mark Hart, Pat Lencioni, Fr. Mike Schmitz, and Chris Stefanick, Revive offers leadership training in areas of parish renewal, evangelization, stewardship and giving, parish communications, and more. For more information and free access to online courses, visit [Revive Parishes](#).

Emmaus Family Support

One in five families in our parishes and neighbourhoods are affected by mental health challenges. Emmaus Family Support offers peer-led support for mental health caregivers. We are a gathering of individuals who are the primary caregivers of loved ones experiencing mental health challenges that meet on the fourth Thursday of each month to share prayer, mental health resources, and life experience. Our focus is on shared learning, building resiliency, walking together, and moving toward healthier lives for ourselves and those we care for. If you would like more information on how to take part, please [email Deacon Eric Gurash](#).

Helping the Cuernavaca Project With Recyclables

The project can benefit from your donation of Sarcán recyclables at any Sarcán location in Regina. Use the keyword **project** when you use the Drop and Go option.

Archdiocese of Regina Weekly Report

[Sign up](#) for the Archdiocese of Regina Weekly Report and stay up to date on Covid-19 Updates and other news, delivered to your inbox every Friday morning.

A Spiritual Act of Communion for those Self Isolating

Jesus, you who are present to us in so many ways, help me to experience your presence at this moment. May your words inspire me and your Holy Spirit instill within me the desire to recognize you in others. Awaken within me now the deep sense of your love and compassion which will transform my heart to be more like yours. Amen.



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Covid-19 Screening Questionnaire

For the protection and health of all in our St. Cecilia community, each person wanting to come to the church must take this self-assessment.

1.	Do you have any of the following symptoms: <ul style="list-style-type: none">• Feeling unwell including fever, cough, sore throat.• Nausea, Vomiting, Diarrhea.• Unexplained loss of appetite.• Loss of sense of taste or smell.
2.	Have you travelled outside of Canada in the last 14 days?
3.	Have you had close contact without a mask or other appropriate personal protective equipment (PPE) with someone who has travelled outside of Canada in the last 14 days?
4.	Have you had close contact without a mask or other appropriate personal protective equipment (PPE) in the last 14 days with someone who is ill with Covid-19 symptoms?
5.	Have you or anyone in your household had close contact without a mask or other appropriate personal protective equipment (PPE) in the last 14 days with someone who is being investigated or confirmed to be a case of Covid-19?

If you answered "Yes" to any of the above questions, you are encouraged to stay home and DO NOT come to the Church at this time.

If you answered "No" to all the above questions, you may come to the Church.