

# FORMED®

The Catholic Faith. On Demand.

## LENTEN REFLECTIONS

Christ's love for you is bursting forth. Embrace him and let his mercy pierce your heart during this Lenten season. Join us for a 40-day journey of welcoming his tender love, beginning with these short, daily videos from Scripture scholar Dr. Tim Gray. Live in Christ's love and let him transform your life.

Sign up to receive these reflections straight to your inbox every morning:  
<https://formed.org/lent>

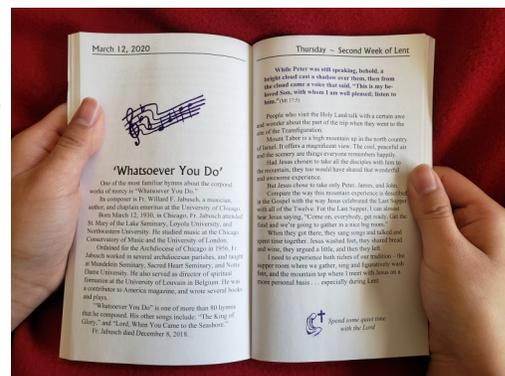
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# Lent 2020 - Weekly Focus

Use the **Little Black Book** as your companion for Lent.

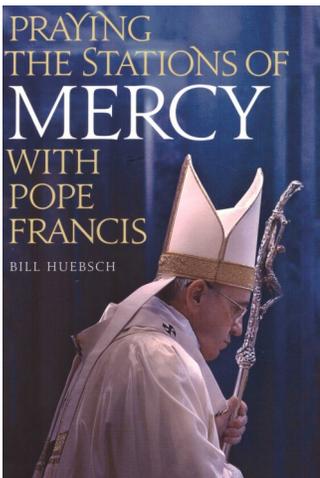
The Little Black Book travels easily in your pocket, purse or backpack. Take 6 minutes of quiet time every day to walk through the book a page at a time. Six minutes a day pays big returns. Reflect on the Gospel passages assigned for weekday Masses with explanation and reflections. The book also includes a variety of quotes, information and timely thoughts.



Pick up one in the Welcoming Area.  
Suggested donation \$2.

Attend **Ash Wednesday Mass**, February 26, 7:30 pm.  
Receive ashes on your forehead as you hear Repent, and believe in the Gospel".

A day of fasting and abstinence from meat.



**Reflect on the Stations of the Cross**  
Friday evenings, February 28 – April 3,  
6:30 – 7:15 pm.

On February 28, join the Liturgy Team as they lead  
*Praying the Stations of Mercy with Pope Francis.*

## You and Jesus

Experience the closeness of Jesus in Eucharistic Adoration. This is a beautiful experience. Just you and Jesus. There is something powerful about that.

Tuesday evenings, 7:30 - 8:30 after the 7 pm Mass.

## Sacrament of Reconciliation

- Tuesday evenings, 7:30 - 8:30 after the 7 pm Mass.
- Saturday mornings, 11 - Noon.

