



*Sharing God's gifts,  
Serving others,  
In Christ's Love*

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Pastor: Rev. Brad Fahlman Associate Pastor: Rev. John Weckend  
Office: Melita Stenhouse Caretaker: Merv Harrick

## **Twenty-eighth Sunday in Ordinary Time, October 11, 2020**

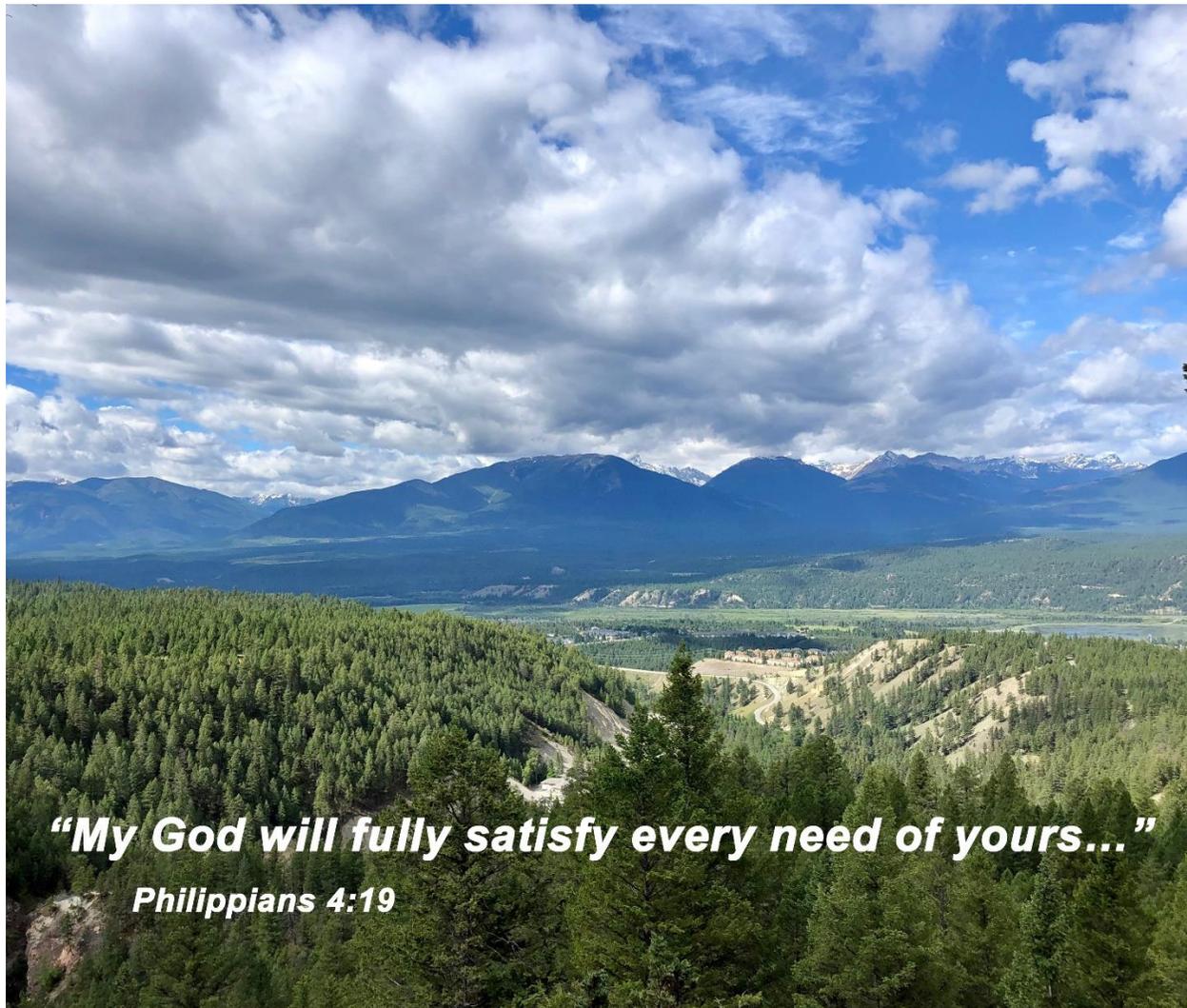


Photo: Amanda Cline

God really does provide for those who are grateful and generous. This is very difficult for people that don't live a stewardship lifestyle to believe. People are skeptical and say its just coincidence. If you are skeptical, try living a stewardship lifestyle for just one month – be generous with your gifts of time in prayer, talent in charitable works and treasure and see how God provides for your needs.

## Additional Sunday Mass

The addition of a noon Mass is an interim adjustment to accommodate the number of parishioners who wish to attend on Sunday.

Attending this Mass follows the same first-time sign-up and continuing to attend recall procedure as the other weekend Masses. [Please see the guidelines and protocols.](#)

## Signing Up to Attend Saturday or Sunday Mass

**If you wish to attend Saturday or Sunday Mass, for the first time since the reopening in June, signing-up in advance is required. Please register by Thursday before the weekend you wish to attend.**

We understand plans or situations change. If you are registered and not able to attend, please call the office. If a change happens after Friday at Noon, please call Ray at 306-545-0592 or call or text 306-536-8920. This will enable us to contact a replacement household.

After you attend once, you will be added to a recall list for your preferred Mass. People who are signing-up for the first time are assigned to the available spaces. If there are remaining spaces, people from the recall list are assigned. Melita will contact you to let you know about available openings for your preferred Mass.

[Read the guidelines and protocols for attending Mass including how to sign-up.](#)

## This Week's Readings and Mass Intentions

Monday October 12	Galatians 4.22-24, 26-27, 31-5.1; Luke 11.29-32
Tuesday October 13, 7 pm	Galatians 5.1-6; Luke 11.37-41 Intentions of Emailda Charles from the Charles family.
Wednesday October 14, 10 am	Galatians 5.18-25; Luke 11.42-46 Intentions of Florence and Henry Poirier from the family.
Thursday October 15, 10 am	St. Teresa of Jesus, Virgin, Doctor Ephesians 1.1-10; Luke 11.47-54 RIP Marcella Brodner from Alphonse and Valerie Brodner.
Friday October 16, 10 am	St. Marguerite D'Youville, Religious Ephesians 1.11-14; Luke 12.1-7 RIP Euprocina Mercado.
Saturday October 17, 7 pm	St. Ignatius of Antioch, Bishop, Martyr Ephesians 1.15-23; Luke 12.8-12
Sunday October 18, 10 am and Noon	World Mission Sunday Isaiah 45.1, 4-6; 1 Thessalonians 1.1-5ab; Matthew 22.15-21

### **Communion for Shut-ins**

If you have a family member or someone in your extended household group who is not able to attend Mass and would like to receive Holy Communion, call Melita in the parish office 306-545-4051 for more information.

### **Plastic Containers for Carmichael Lunch Program**

Carmichael Outreach Centre has resumed providing hot meals for those in need. They are serving between 150 - 200 meals a day and are very much in need of clean margarine, yogurt, sour cream, Tupperware, etc. plastic containers in which to serve the meals.

Seasonal clothing and footwear (all ages, sizes, and genders) is also being accepted.

If you can help, package the containers or clothing in bags or boxes and drop them off on the steps by the front doors of the church during regular office hours.

### **Muffins for Marian Centre**

Sandwiches, muffins, or granola bars are being handed out daily to those in need.

Donations of muffins would be very helpful.

If you can help, package the muffins in a container or bag that you do not want back and bring them to the St. Cecilia office during regular office hours. All muffins brought by Thursday at 3 pm will be delivered Friday.

If you prefer, you can take muffins directly to the Marian Centre at 1835 Halifax Street (back door in the alley). Note that the Centre is closed Thursday and Sunday.



### **Spiritual Life and Education**

Carol Anne and Ed Landgraf, Pastoral Council Spiritual Life and Education Team Leaders, select content for this feature. In this instalment, Fr. Mark-Mary and Fr. Malachy discuss "[All About Guardian Angels](#)".

### **Learning Resilience**

Here is [Learning Resilience](#), your weekly Field Hospital spiritual exercise. In these times of challenge, uncertainty and stress we all get worn down, feeling exhausted or overwhelmed or just numb. The gift of the Spirit that can help us here is resilience. With it, we learn to be supple, to bend and spring back, to weather the storms, and to receive hidden strength from the One who will never allow the flickering flame to go out.

If you know someone who needs to learn resilience, please pass this exercise on.

Receive weekly spiritual exercises by [emailing First Spiritual Exercises](#).

### **Missing DVDs and Books**

The following DVDs and books were on loan to our library from the Archdiocese Resource Centre and they are requesting the items be returned. The items were borrowed from our library in the front entrance and have not been brought back. Please check around your home and if you find one, please bring it to the office.

- Legends of the Easter Egg - Book
- Padre Pio, Between Heaven and Earth – DVD
- Running Inside Out – DVD
- Benjamin's Box – The Story of the Resurrection Eggs - Book
- Who Cares About the Saints? - DVD

## All Souls' Day - Monday, November 2

Mass will be at 7:30 pm to remember all who have gone before us marked with the sign of faith. A candle will be lit for each of the departed from our parish who passed away in the last year and recorded in our funeral register.

**Because of the Covid-19 restrictions, attendance is limited to a small group of invited friends and family.**

Parishioners who lost a loved one in the past year who was not a member of St. Cecilia are invited to participate in the memorial. If you are not able to attend the Mass, your loved one can still be included in the memorial.

For details about participating, contact Melita in the office 306-545-4051 by **October 27**.



## Archbishop's Appeal

The financial goal for our Archbishop's Appeal is \$1.6 Million. This amount will help the Archdiocese finance the different pastoral programs and invest in the future of the church through endeavors such as the youth program and the education of clergy and seminarians, deacons and lay apostles. Please prayerfully consider supporting the Archbishop's Appeal this year.

Isaiah 25:6-10a| Phil. 4:12-15, 19-20| Matt. 22:1-14

Our readings for this Sunday remind us of God's constant invitation for us to God's eternal banquet. But like the guests who were invited in today's gospel, we too sometimes decide to give more importance to our own concerns. The Lord invites us today to look at our own relationship with God. God desires to be in relationship with us and invites us time and time again to respond. We sometimes fail in our response. Like those in the parable who rejected the invitation, we get busy with our own agendas; we ignore God. Or, like the man who shows up improperly dressed, we have the wrong attitude. We may be smug, indifferent or insincere. We cast ourselves into the darkness when we refuse God's offer of friendship.

Let us ask the Holy Spirit to help us become more aware of ways to pay attention to and say our yes to God's invitation to friendship - the "eternal banquet". One of the ways is our giving to the Archbishop's Appeal which goes to further the good works God has entrusted to the church in the Archdiocese of Regina. [Source: Adapted from Living with Christ Oct 15, and from Appeal 2017 Parish Manual]

## Dr. Matt Nelson on the Significance of Hope

This week on the Thinking Faith Catholic Podcast, we are proud to feature former Archdiocese of Regina speaker, retreat leader, and writer, Dr. Matt Nelson, now Assistant Director of Bishop Robert Barron's Word On Fire Institute, and his keynote address for our 2020 Virtual Congress on "The Significance of Hope."

Show Snippet: "There are three things I've thought of that I think most of us have done that will appear foolish in the eyes of the world; we trade worldly goods, for heavenly goods; we rejoice in suffering; we believe in that which is unprovable..." [Listen to the podcast.](#)

## Archbishop Donald Bolen's Weekly Message

This week, an overview regarding the pandemic and guidelines for faith communities. [View](#) the latest video message from Archbishop Donald Bolen.

## **The Diocese Tonight Episode 3 – Everyday Saints**

The Diocese Tonight is a “virtual family gathering” that celebrates the diversity of people that make up our diocesan faith family. [Join us](#) to laugh, learn, pray, sing and celebrate on Sunday, November 1 at 7 pm.

## **Gathering God’s Harvest - An Ecumenical Stewardship Webinar Series**

You are invited to join us for our fall ecumenical series on stewardship, Thursdays, October 22 to November 19 at 3 pm and 7 pm.



See the poster included with this bulletin.

### **Source**

Open to Grade 9 - University  
Talk - Adoration – Praise and Worship -  
Confession – Fellowship  
Starts at 7 pm.  
Masks are required.  
Visit our [FaceBook page](#) for the latest updates

November 1 - Resurrection  
December 6 – Resurrection  
January 3 - St. Cecilia, February 7 - Resurrection  
March 7 - Holy Family, April 11 - Christ the King  
May 2 - St. Cecilia, June 6 - Barn night

## **Saskatchewan Provincial Election**

The organization [Catholic Conscience](#) is working with Catholic dioceses across the province to offer information and resources during the Saskatchewan provincial election. The Catholic Action campaign is a non-partisan voter education initiative, centered on educating Catholic voters about Catholic social teaching and how that teaching relates to relevant political issues; along with mobilizing the Catholic community to get out and vote. The first Catholic Action campaign was held during the 2019 federal election, and included a range of resource materials such as “Conscience Cards,” one-page briefs on themes of Catholic social teaching and its relation to relevant election issues, and party platform comparisons from the perspective of Catholic teaching. Catholic Conscience’s latest Catholic Action campaign will help Saskatchewan Catholic voters prayerfully and thoughtfully discern their vote in this provincial election. [Resources and info online.](#)

## **Helping the Cuernavaca Project**

The project can benefit from your donation of Sarcan recyclables at any Sarcan location in Regina. Use the keyword **project** when you use the Drop & Go option.

## **Development and Peace Fall Campaign**

This Fall, Development and Peace joins the Catholic Church, our partners in the Global South, and the indigenous people in the Amazonia in the collective recovery from the ravaging Covid-19 pandemic. Please join us with D&P on Saturday November 7 at 10 am in a Zoom meeting to discuss the effects of Covid-19 on the most marginalised communities and how our partners are responding in Recovering Together.

[Link to join the meeting.](#) Meeting ID: 836 6882 5284 Passcode: 170342

## **St. Joseph – The Model of Manhood and Fatherhood**

Catholic Men's Leadership Alliance (CMLA) is hosting a free virtual summit on October 17. The great speakers include Jeff Cavins, Tim Gray, and Fr. Don Calloway. All men are invited to attend to help you grow in holiness and become heroic men of Christ. For information about the summit, [visit the website](#).

## **Archdiocese Livestream Masses**

Weekday and Sunday Masses are Livestreamed at 9 am daily [at this address](#).

## **Archdiocese of Regina Weekly Report**

[Sign up](#) for our Archdiocese of Regina Weekly Report and stay up to date on Covid-19 Updates and other news, delivered to your inbox every Friday morning.

### **A Spiritual Act of Communion for those Self Isolating**

My Jesus, I believe that You are present in the Most Holy Sacrament.

I love You above all things, and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally,  
come at least spiritually into my heart.

I embrace You as if You were already there and unite myself wholly to You.

Never permit me to be separated from You.

Amen.

### **A Prayer for Inner Peace**

Lord, please put Your peace in my heart.

I'm worried and anxious.

My mind races and obsesses.

I can't help thinking about my problems.

And the more I think about them,  
the more depressed I become.

I feel like I'm sinking down in quicksand  
and can't get out.

Calm me, Lord.

Slow me down, put Your peace in my heart.

No matter what problem I have, Lord,

You are bigger,

You are more powerful than it is.

So I bring my problem to You.

I know what I want.

I know my will.

I do not know Yours.

I do not know how You will use this problem for my salvation.

I do not know what good You will work out from this evil.

But I trust You.

I trust Your goodness and Your wisdom.

So, I place myself in Your hands.

Please fill my heart with peace.

Amen.

## Gathering God's Harvest - An Ecumenical Stewardship Webinar Series

You are invited to join us for our fall ecumenical series on stewardship, Thursdays, October 22 to November 19 at 3 pm and 7 pm.



**October 22, Stewardship in the land of 'Mammon': How are we working for God?, with Joe Gunn.** Currently the executive director of the Centre Oblat - A Voice for Justice in Ottawa, Joe is the former executive director of Citizens for Public Justice and the former director of the Social Affairs Office of the Canadian Conference of Catholic Bishops. Joe will discuss how our work and vocational choices -- the what and the how - contribute to Justice, Peace and the Integrity of Creation.

**October 29, Money Talks: How to Preach Stewardship, with Rev. Dr. Herb Gale.** Former stewardship director for the Presbyterian Church in Canada, Herb invites preachers to think about the challenges of preaching stewardship within a congregation. Using relevant scripture selections, Herb offers a variety of homiletic models to integrate stewardship education within your preaching. An optional follow-up seminar will be available for preachers who wish to work with Herb developing a sermon.

**November 5, The Stewardship of Self-Care, with Archdeacon Cheryl Toth, Amanda Fontaine, and Murray Patzwald.** Join Anglican priest Cheryl Toth and social workers Amanda Fontaine and Murray Patzwald for a conversation about the why and how of self-care for ourselves and our communities in these anxious times.

**November 12, Practical Stewardship Tips for Your Congregation, with Fr. John Weckend and Ray Deis.** Fr. John is associate pastor at St. Cecilia Roman Catholic Parish in Regina. Ray Deis is a lay leader at St. Cecilia. This webinar is a case study of how stewardship was implemented at St. Cecilia Parish. Discover ideas of how to ignite a stewardship approach in your church congregation.

**November 19, "Ordinary" People doing Extraordinary Things!, with Kurtis Krug.** Join Kurtis Krug, Professional Financial Advisor, on a journey to demystify planned, legacy, and major giving. Discover how easy and affordable it is to empower yourself to enable your favourite charities to do transformational things.

Each webinar will be live on Zoom at 3 pm with presentation, break-out rooms, and Q&A. The sessions will be repeated at 7pm with the recorded presentation, new break-out sessions, and Q&A.

The series will also be posted on [YouTube](#).

One registration works for all afternoon and evening sessions. Please register by emailing [Nick Jesson](#). If you registered for the October 1 webinar, you do not need to register again. New registrants are welcome.

This series is organized in the spirit of the LAURC Covenant by the Anglican Diocese of Qu'Appelle, the Saskatchewan Synod of the ELCIC, and the Roman Catholic Archdiocese of Regina.