



*Sharing God's gifts,
Serving others,
In Christ's Love*

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Office Phone: 306-545-4051
Office Hours: Monday & Friday: 9:30 am - 12 noon, Tuesday - Thursday: 9:30 am - 5 pm
Hall Phone: 306-545-2266
Web Site: www.stcecregina.com E-mail: contact@stcecregina.com
Pastor: Rev. Brad Fahlman Associate Pastor: Rev. John Weckend
Office: Melita Stenhouse Caretaker: Merv Harrick

Twenty-fifth Sunday in Ordinary Time, September 20, 2020



Drawing: Blu May Wah Ta

“So the last will be first and the first last.” (Matthew 20:16)

You've heard the saying "It's not where you start, but how you finish." This certainly applies to this Bible passage. We have a responsibility not only for our own lives, but for the lives of others as well. We are called to generously share our gifts with others, not hoard them for our own use. Our sincere gratitude and cheerful generosity will help us live "God-centered" lives and not "self-centered" lives.

Signing Up to Attend Saturday or Sunday Mass

If you wish to attend Saturday or Sunday Mass for the first time since the reopening in June, signing-up in advance is required.

After you attend once, you will be added to a recall list for your preferred Mass. People who are signing-up for the first time are assigned to the available spaces. If there are remaining spaces, people from the recall list are assigned. Melita will contact you to let you know about available openings for your preferred Mass.

[Read the guidelines and protocols for attending Mass including how to sign-up.](#)

This Week's Readings and Mass Intentions

Monday September 21	St. Matthew, Apostle, Evangelist Ephesians 4.1-7, 11-13; Matthew 9.9-13
Tuesday September 22, 7 pm	Proverbs 21.1-6, 10-13; Luke 8.19-21 RIP Ken Gettis from Bernadette Gettis
Wednesday September 23, 10 am	St. Pius of Pietrelcina (Padre Pio), Priest Proverbs 30.5-9; Luke 9.1-6 RIP Paul Nagy from Bridgette Nagy
Thursday September 24, 10 am	Ecclesiastes 1.2-11; Luke 9.7-9 RIP John Schulz
Friday September 25, 10 am	Ecclesiastes 3.1-11; Luke 9.18-22 Intentions of the Wah Ta children
Saturday September 26, 7 pm	St. Jean De Brebeuf and St. Isaac Jogues, Priests and Companions, Martyrs (Secondary Patrons of Canada) Revelation 7.9-17; Luke 9.23-26 or John 12.24-26
Sunday September 27, 10 am	Ezekiel 18.25-28; Philippians 2.1-11; Matthew 21.28-32

Visitation House Supported Through Queen City Marathon 2020

In the past 20 years of this marathon, Fr. John has raised almost \$160,000 in support of Visitation House, an outreach centre for women in downtown Regina, under the auspices of the Archdiocese of Regina. Although Fr. John has retired from running, he still organizes a team and continues this wonderful work. This year's marathon is virtual, but the needs of Visitation House are real.



[Watch the video](#) to meet the Holey Soles Team and message from Fr. John.

Ways you can donate now:

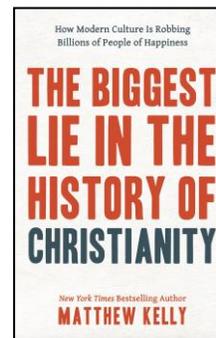
- Mail cheques (payable to Visitation House) or drop off cash or cheques at the parish office.
- Interac e-Transfer through Archdiocese of Regina, using email address visitationhouse@archregina.sk.ca
- Mail cheques to Visitation House, 900 - 11th Avenue, Regina S4N 0K7

Donations of \$10 and over receive a charitable donation receipt.

Needed – The Biggest Lie Book

The Biggest Lie in the History of Christianity book was distributed in the 2018 Christmas package. Fr. John needs 10 copies for a retreat he is leading on Friday, September 25.

If you have an extra copy or have finished reading your copy and are willing to part with it, please email contact@stcecregina.com or call Melita in the parish office at 306-545-4051.



Baptism Preparation

The second session for parents of infants and small children is Thursday, September 24 at 7:30 pm. Baptisms will be in October. If you missed the first session last week, you can still register by calling Melita in the parish office 306-545-4051.

Communion for Shut-ins

If you have a family member or someone in your extended household group who is not able to attend Mass and would like to receive Holy Communion, call Melita in the parish office 306-545-4051 for more information.

Muffins for Marian Centre

Sandwiches, muffins, or granola bars are being handed out daily to those in need.

Donations of muffins would be very helpful.

If you can help, package the muffins in a container or bag that you do not want back and bring them to the St. Cecilia office during regular office hours. All muffins brought by Thursday at 3 pm will be delivered Friday.

If you prefer, you can take muffins directly to the Marian Centre at 1835 Halifax Street (back door in the alley). Note that the Centre is closed Thursday and Sunday.



Plastic Containers for Carmichael Lunch Program

Carmichael Outreach Centre has resumed providing hot meals for those in need. They are serving between 150 - 200 meals a day and are very much in need of clean margarine, yogurt, sour cream, Tupperware, etc. plastic containers in which to serve the meals.

Seasonal clothing and footwear (all ages, sizes, and genders) is also being accepted.

If you can help, package the containers or clothing in bags or boxes and drop them off on the steps by the front doors of the church during regular office hours.

Spiritual Life and Education – New Feature

Carol Anne and Ed Landgraf, Pastoral Council Spiritual Life and Education Team Leaders, will select content for this regular feature. In this instalment, Fr. Mike Schmitz talks about [Finding God in Darkness](#).

Two Hands for You

Here is [Two Hands for You](#) your weekly Field Hospital spiritual exercise.

Receive weekly spiritual exercises by [emailing First Spiritual Exercises](#).

Carol Sheldon of our parish offered these comments about the Field Hospital Exercises. "It is a bit of a guide to pray in these times. I have found them to be helpful in my own prayer time to reflect on how God has been and is now present and how I might reach out to others through reflection and prayer.

If you have any questions, I would be glad to chat with you. [Email me](#) or call 306-545-3185."

Stewardship of Creation - An Ecumenical Stewardship Webinar for the Season of Creation

You are invited to join Dr. Volker Greifenhagen, Bishop Chris Harper, Tashia Toupin, and others for an ecumenical webinar on the Stewardship of Creation. What do the Hebrew scriptures teach us about the interconnectedness of humanity and all creation? What we can learn from Canadian Indigenous spiritual tradition, Roman Catholic social teachings, and other sources of wisdom?

Thursday, October 1, from 3 to 4:30 pm.
Register by [emailing Nick Jesson](#).
Maximum 100 participants.



Pastoral Centre Re-Opens

The Archdiocesan Pastoral Centre, including the chancery offices, is open to the public. Staff is working in the offices while following health directives re: cleaning, physical distancing and number of people gathering/meeting. To enter the Pastoral Centre, please park near the Broad Street main entrance door or the southeast parking lot door, then ring the doorbell and staff will be happy to welcome you into the building.

Archdiocese Lay Formation Program

Our mission is to provide you with a renewed missionary zeal fueled by the joy of the Gospel! One weekend per month from October until June, Catholics who want to know, love and serve Christ more deeply. During this three-year program you will;

- + Become more deeply aware of God's personal love and activity in your life.
- + Encounter Jesus Christ - discover his plan of sheer goodness for you and deepen your relationship with Christ and his Church.
- + Discover how to more intentionally integrate your faith in daily life in service to Christ.
- + Be given the Spiritual and Formation tools you need to follow Christ's commission to "Go, make disciples of all nations".

We are currently accepting applications for our Fall intake. For more information on how to register or our Covid-19 health and safety protocols, please contact Program Coordinator, Deacon Eric Gurash at 306-352-1651 extension 211 or [email](#).

On Catholic Writing with Brendan Hodge

Join Deacon Eric and Dr. Brett as they begin a three-part series with Catholic writer and blogger Brendan Hodge author of the new book "If You Can Get It" through Ignatius Press. They will discuss the book itself, what it's like publishing his first novel, and what it means to be a 'Catholic' writer.

Show Snippet: "The title is "If you can get it" it's based on the title of a George and Ira Gershwin song "Nice work if you can get it"...but the song is about love, and it's about relationships and how love and relationships are what makes life worth living. And I kind of liked it as a play on words." [Listen to the podcast](#).

Archdiocese Employment Opportunity

A position is available for the Regina Regional Marriage Tribunal office for Case Instructor / Notary / Office. This position is part-time with flexible hours. It involves compiling information for cases; conducting interviews with participants; as well as some general office duties. The candidate must be a practicing Catholic, attentive to details, a good listener, able to work on their own and have a working knowledge of Microsoft Word.

Please submit your application and resume along with a recommendation from a Roman Catholic Priest or Deacon, to Rev. Thomas Nguyen, 449 Broad St. North, S4R 2X8.

Applications must be received by September 28, 2020.

Non-credit course at Campion: A Closer Look at the Gospel of Luke

Tuesdays September 22 to November 24, from 1 to 2 pm.

Let's explore the Gospel of Luke together! We'll do a deeper dive into both the literary and historical aspects. It will be done through short lectures virtually through URCourses. You should have a University of Regina email address to log in so this is ideal for both current and former U of R and Campion students. There is no charge for the course, but there is an optional resource book for \$10.

For more information, [email](#) Campion Campus Minister Kelly Bourke or register [online](#).

September is the Season of Creation

The month of September has been set aside in some churches as the Season of Creation. In 1989, Patriarch Dimitrios of Constantinople proposed September 1 as a Day of Prayer for Creation. The feast of St. Francis of Assisi is October 4. This new liturgical season invites us to pray, reflect, and to care for creation. Visit the [Season of Creation website](#).

[For the Love of Creation](#) is a faith-based initiative for climate justice, bringing together Canadian faith communities and organizations under a unified banner to mobilize Canada-wide education, reflection, action and advocacy for climate justice.



**FOR THE LOVE
OF CREATION**

September is Climate Action Month at KAIROS

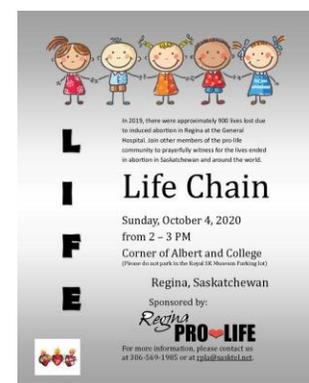
Resiliency and hope are the driving messages of KAIROS' second annual [Climate Action Month](#), beginning September 1. This month-long online event is intended to inspire and motivate collective action for climate justice. Each day in September, KAIROS will focus on an aspect of the climate crisis – sharing resources, events, stories from our members and global partners, and actions for climate justice. The calendar will focus on five weekly themes: Season of Creation, Just Transition, Indigenous Rights, Global Climate Justice, and Water.

Life Chain Sunday

Join in prayerfully witnessing to the dignity and importance of all life on Sunday, October 4, from 2 to 3 pm.

We will be meeting on the West side of Albert Street in the green space by the large grasshopper just off Leopold Crescent. We will maintain physical distancing, hold signs, and distance out along Albert Street for our hour of prayerful witness to Life. Please bring your own hand sanitizer and masks, if you wish to wear them. Due to Covid rules, we are unable to offer food or drinks this year. Please park on the West side of Albert on or around Leopold and not in the Museum parking lot.

See the poster included with this bulletin.



Drive Thru Fall Supper at Our Lady of Peace Parish

Pick-up at 425 Broad Street North.

Friday and Saturday, October 9 and 10 at 6 pm.

\$20 per meal, individually packaged.

Advance sales only, call Anita at: 306-530-2370 or Dennis at: 306-530-2370.

Archdiocese Livestream Masses

Weekday and Sunday Masses are Livestreamed at 9 am daily [at this address](#).

Archdiocese of Regina Weekly Report

[Sign up](#) for our Archdiocese of Regina Weekly Report and stay up to date on Covid-19 Updates and other news, delivered to your inbox every Friday morning.

Archbishop Donald Bolen's Weekly Message

[View](#) the latest weekly video message from Archbishop Donald Bolen.

A Spiritual Act of Communion for those Self Isolating

My Jesus, I believe that You are present in the Most Holy Sacrament.

I love You above all things, and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally,
come at least spiritually into my heart.

I embrace You as if You were already there and unite myself wholly to You.

Never permit me to be separated from You.
Amen.

A Prayer for Inner Peace

Lord, please put Your peace in my heart.

I'm worried and anxious.

My mind races and obsesses.

I can't help thinking about my problems.

And the more I think about them,
the more depressed I become.

I feel like I'm sinking down in quicksand
and can't get out.

Calm me, Lord.

Slow me down, put Your peace in my heart.

No matter what problem I have, Lord,
You are bigger,

You are more powerful than it is.

So I bring my problem to You.

I know what I want.

I know my will.

I do not know Yours.

I do not know how You will use this problem for my salvation.

I do not know what good You will work out from this evil.

But I trust You.

I trust Your goodness and Your wisdom.

So, I place myself in Your hands.

Please fill my heart with peace.

Amen.



In 2019, there were approximately 900 lives lost due to induced abortion in Regina at the General Hospital. Join other members of the pro-life community to prayerfully witness for the lives ended in abortion in Saskatchewan and around the world.

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Life Chain

Sunday, October 4, 2020

from 2 – 3 PM

Corner of Albert and College

(Please do not park in the Royal SK Museum Parking lot)

Regina, Saskatchewan

Sponsored by:

Regina
PRO♥LIFE

For more information, please contact us at 306-569-1985 or at rpla@sasktel.net.

