



*Sharing God's gifts,
Serving others,
In Christ's Love*

5020 - 7th Avenue
 Regina, Saskatchewan S4T 0S1
 Office Phone: 306-545-4051
 Office Hours: Mon. & Fri. - 9:30 am - 12 noon, Tues. - Thurs: - 9:30 am - 5 pm
 Hall Phone: 306-545-2266
 Web Site: www.stcecregina.com
 E-mail: contact@stcecregina.com
 Pastor: Rev. Brad Fahlman Associate Pastor: Rev. John Weckend
 Office: Melita Stenhouse Caretaker: Merv Harrick

5th Sunday of Lent		March 29, 2020
Monday March 30	No Mass	Daniel 13.1-9, 15-17, 19-30, 33-64, John 8.1-11
Tuesday March 31	No Mass	Numbers 21.4-9, John 8.21-30 Adoration & Reconciliation: 7:00 pm - 8:00
Wednesday April 1	No Mass	Daniel 3.13-20, 24, 49-50, 91-95, John 8.31-42
Thursday April 2	No Mass	Genesis 17.3-9, John 8.51-59
Friday April 3	No Mass	Jeremiah 20.7, 10-13, John 10.31-42 First Friday of the Month
Saturday April 4	No Mass	Ezekiel 37.21-28, John 11.45-57 Reconciliation: 11 am - Noon
Sunday April 5	No Mass	Isaiah 50.4-7, Philippians 2.6-11, Matthew 26/14-27.66 Palm Sunday of the Passion of the Lord

Stewardship Bit

“Jesus said to her, ‘Did I not tell you that if you believe you will see the glory of God?’” (John 11:40)
 Many of us say that we believe in God. But when life gets hard and the pressure is on, when things aren't going our way, do we really believe and put our trust in the Lord? When we live a life of gratitude, being thankful for the gifts we have been given, we really do see that God is providing all that we need. It opens our hearts to see God's active presence in our daily lives.

St. Cecilia Parish Update

All weekday and Sunday Masses are cancelled until further notice.

The Church will be open for private prayer during regular office hours:

- Monday 9:30 am to Noon.
- Tuesday to Thursday: 9:30 am to Noon and 1:30 to 5.
- Friday 9:30 am to Noon.

Please use the Parish Centre door.

Eucharistic Adoration and Sacrament of Reconciliation are Tuesday evening, March 31, 7 to 8.

Sacrament of Reconciliation is Saturday morning, April 3, 11 am to Noon.

Chrim Mass

To be celebrated with the Archbishop and select priests on Monday, March 30 at 3 pm. The Livestream link will be posted on the [Archdiocese website](#).

Archdiocese Weekly Report

Sign up for our Archdiocese of Regina Weekly Report and stay up to date on COVID-19 Updates and other news, delivered to your inbox every Friday morning. [Sign up now](#).

Good Samaritan Outreach Program

The Archdiocese of Regina has volunteers from all around the diocese who are willing to reach out if you are in need.

If you need groceries or essential items but are ill, immobile or quarantined and not able to leave the house at all (noting that NONE of us should be leaving more than absolutely necessary!) please contact us and we will set you up with a volunteer who can help.

Please also contact us if you live alone and are feeling lonely and isolated. We can arrange for someone to check in on you by phone.

We are committed to operating in such a way that the Health Canada Guidelines, and provincial Public Health Orders from our Chief Medical Officer and provincial government are strictly adhered to.

If you need some assistance please email outreach@archregina.sk.ca at anytime or call 306-541-3086 between 9 - 5, Tuesday - Saturday.

If you need assistance in any way, you can also call the St. Cecilia office 306-545-4051.

Prayers and Devotions

Information on the Archdiocese website about daily mass including online from Resurrection Parish, daily readings and reflections, prayers, stations of the cross and other resources that may be valuable during this time of physical distancing. [Click here](#).

Join Fr. Parker Love for Drinks, Quarantine, and Christ on Facebook Live

Grab your favourite cold or hot beverage, and join Fr. Parker on [Facebook Live](#) for a talk about: C.S. Lewis' 'The Great Divorce. Every Wednesday while the quarantine lasts. Tune in 7:15 pm, talk starts at 7:30.

Regina Pro-life

40-Hours for Life at the General Hospital is discontinued. You are encouraged to pray daily from 4:30 pm to 5:30 and imagine yourself outside the hospital on Halifax Street praying to end abortion.

Birthright could still use supplies and donations, if you feel called to help them out. They need maternity clothes and receiving blankets (gently used is fine). They still have mom's and babies needing supplies. Also, consider that with possible closures of services, they may need extra help at this time.

The **Euthanasia** presentation with Alex Schadenberg, scheduled for Thursday, April 16, is cancelled.

The **Annual Pro-Life Banquet**, scheduled for May 7 is postponed. We will be assessing on a monthly basis if it might be possible to have this at a later date this year.

Saskatchewan Pro-life is considering how to proceed with the **March for Life**. Right now, it is still set for May 9, but that could change. We will keep you updated closer to the date.

We thank you for your support of Regina Pro-Life and we ask for your continued support for life during this time. Please continue to pray for an end to abortion and euthanasia and for the protection of all life from Womb to Tomb in these extraordinary times.

Development and Peace Share Lent Collection Update

During these uncertain times because of the COVID-19 crisis, Development and Peace has cancelled or postponed all of its in-person meetings and events across Canada.

Lent is a vital time of year for the organization, and so we invite you to participate to our virtual Share Lent campaign and act in solidarity with our partners in the Global South and the most vulnerable populations that will be all the more affected by this pandemic.

This Lent, give from the heart. Donate to Development and Peace today by making a DIRECT donation:

1. Online: devp.org/give
2. By phone: 1-888 664-3387
3. By mail: 1425 Rene-Levesque Blvd W, 3rd floor, Montreal, QC, H3G 1T7.

Thank you for your generosity.

A Spiritual Act of Communion for those Self Isolating

My Jesus, I believe that You are present in the Most Holy Sacrament.

I love You above all things, and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart.

I embrace You as if You were already there and unite myself wholly to You.

Never permit me to be separated from You. Amen.

Coronavirus Prayer

Kerry Weber, CEO of American Magazine

Jesus, you traveled through the towns and villages “curing every disease and illness.”

At your command, the sick were made well.

Come to our aid now, in the midst of the global spread of the coronavirus,
that we may experience your healing love.

Heal us from our fear,
which prevents nations from working together and neighbors from helping one another.

Heal us from our pride,
which can make us claim invulnerability to a disease that knows no borders.

Jesus, healer of all, stay by our side in this time of uncertainty and sorrow.

Be with families of those who are sick or have died.
As they worry and grieve, defend them from illness and despair.
May they know your peace.

Be with the doctors, nurses, researchers and all medical professionals
who seek to heal and help those affected and
who put themselves at risk in the process.
May they know your protection and peace.

Be with the leaders of all nations.
Give them the foresight to act with charity and true concern
for the well-being of the people they are meant to serve.
Give them the wisdom to invest in long-term solutions
that will help prepare for or prevent future outbreaks.
May they know your peace, as they work together to achieve it on earth.

Whether we are home or abroad,
surrounded by many people suffering from this illness or only a few,
Jesus, stay with us as we endure and mourn, persist and prepare.
In place of our anxiety, give us your peace.

Jesus, heal us. AMEN