

# Into the Desert

## A Lenten Study on Prayer



Our Lord teaches that prayer is a relationship and a vital necessity. And yet, many of us have difficulty committing to daily prayer. Follow Jesus into the desert this Lent and discover intimacy with God in this 6-week video-based study with daily meditations in the study guide. Dr. Tim Gray masterfully uses the discipline of Lectio Divina to show you how to make prayer an effective effort of love and intimacy. This series captures the secret to opening our hearts and minds to Scripture as the means to hear from God and then respond in conversation, basking in his presence and resolving to live in and through his love.

### To start the series:

1. Go to [stcecregina.formed.org](http://stcecregina.formed.org)
2. If you are a member of FORMED, log in.

If you are not a member, click Register Now and enter your name, email address, and desired password. It's FREE. St. Cecilia Parish is pleased to give you a subscription.

3. Choose Study, Current Topics, Into the Desert and you're ready to go.

### Add to your faith experience of this series by joining Father John for sharing and discussion.

- Wednesday evenings beginning March 13.
- 7:30 to 8:30 pm in the Hogan Room.

Arranged by Spiritual Life and Education, Lorraine Nichol, Team Leader

## *Make This Lent Amazing*

Pick up a #ShareJesus card in the Welcoming Area. Starts Ash Wednesday; a new one each week.

Ways to put the weekly message into action will be on the card to help *Make This Lent Amazing*.

The focus of this series from Redeemed Online is that we can understand Lent better when we stop and understand what it means to be Catholic and the why and the what of what we do as Catholics.

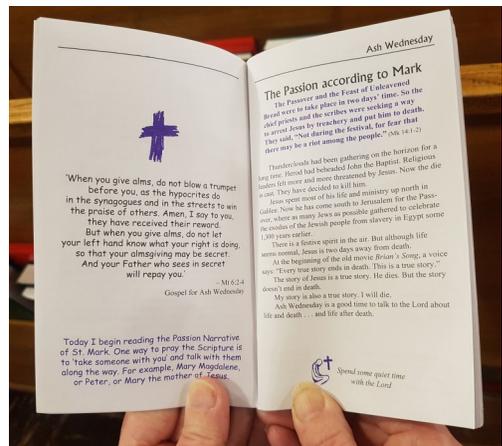
To receive more of the #ShareJesus message, sign up for a daily email of a 2 - 3 minute video at [redeemedonline.com](http://redeemedonline.com)



# Lent 2019 - Weekly Focus

Use the **Little Black Book** as your companion for Lent.

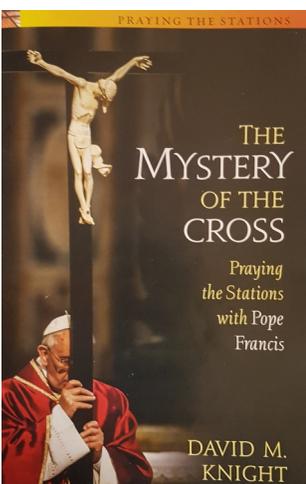
The Little Black Book travels easily in your pocket, purse or backpack. Take 6 minutes of quiet time every day to walk through the book a page at a time. Six minutes a day pays big returns. Reflect on the Gospel passages assigned for weekday Masses with explanation and reflections. The book also includes a variety of quotes, information and timely thoughts.



Pick up one in the Welcoming Area. Suggested donation \$1.

Attend **Ash Wednesday Mass**, March 6, 7:30 pm. Receive ashes on your forehead as you hear Repent, and believe in the Gospel".

A day of fasting and abstinence from meat.



**Reflect on the Stations of the Cross**  
Friday evenings, March 8 – April 12,  
6:30 – 7:15 pm.

On March 8, join the Knights of Columbus, Father Burns Council as they lead *The Mystery of the Cross - Praying the Stations with Pope Francis*.

## You and Jesus

Experience the closeness of Jesus in Eucharistic Adoration. This is a beautiful experience. Just you and Jesus. There is something powerful about that.

Tuesday evenings, 7:30 - 8:30 after the 7 pm Mass.  
(Except March 26).

Saturday mornings, 11 - Noon.

## Sacrament of Reconciliation

- Tuesday evenings, 7:30 - 8:30 after the 7 pm Mass.  
(Except March 26).
- Saturday mornings, 11 - Noon.

