



Lent 2017

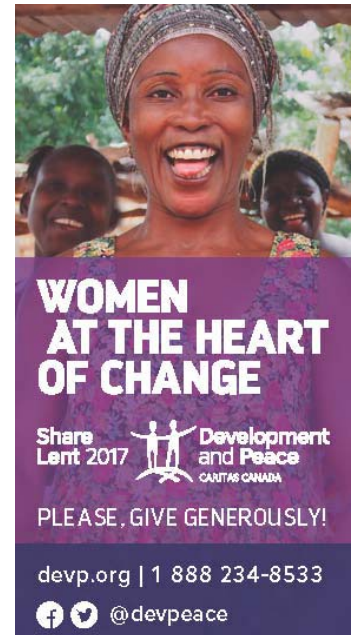
10 ways to deepen your faith and prepare your heart for the greatest feast of the year.

Only 3 Weeks to Easter

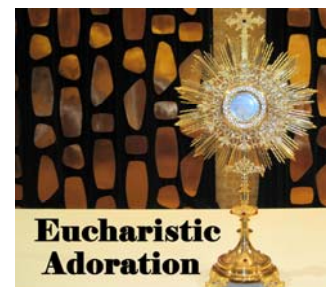
1. Contribute to the Share Lent campaign. Use the blue envelope in your box of envelopes or pick up an envelope in the Welcoming Area for the special collection on **Solidarity Sunday April 1 and 2**. Each year during Lent, Canadian Catholics are invited to stand in solidarity with communities in Africa, Asia, Latin America and the Middle East who are struggling for dignity and justice.

For Lent 2017, Development and Peace – Caritas Canada has chosen to put women at the forefront to highlight the very special importance and role they have in every aspect of development, whether it be social, environmental or economic.

This Lent, act in solidarity with and walk alongside the women and men who advocate for an equal and inclusive society, one in which women can participate hand-in-hand with men in building the world of tomorrow. Read more at www.devp.org



2. Reflect on the Stations of the Cross.
 - ✝ Friday evenings, 6:30 – 7 pm.
Join with the Youth Leadership Team as they lead the Stations on March 31.
3. Attend Morning Masses - Wednesday, Thursday and Friday at 8:30.
Note: Mass on Wednesday, March 29 is at Sacred Heart School Library.
 - ✝ Pray the Rosary before Mass at 8 on Friday.
 - ✝ Participate in Morning Prayer at 8:15 on Thursday.
4. Attend Tuesday Evening Mass at 7 pm.
 - ✝ Come early and participate in Evening Prayer at 6:45.
5. Experience the closeness of Jesus in Eucharistic Adoration:
 - ✝ Tuesday evening 7:30 – 8:30 after 7 pm Mass.
6. Receive the Sacrament of Reconciliation.
 - ✝ During all Eucharistic Adoration times.
 - ✝ Saturday, **April 1** and 8, 11 am to Noon.
7. Attend the Chrism Mass on Tuesday, April 4, 7 pm at Holy Rosary Cathedral.
No Tuesday evening Mass at St. Cecilia.



8. Pick up a **#ShareJesus** card in the Welcoming Area.
A new one each week.

A **#ShareJesus** video will be shown during Mass. Ways to put the weekly message into action will be on the card. Carry it with you to help **Make This Lent Awesome**.

To receive more of the **#ShareJesus** message, sign up for a daily email at redeemedonline.com



9. Include a creative way to add some spiritual reflection to your daily Lenten journey. Join in the Lent Photo Challenge. How to participate:

- Take a photo, or many photos, about **any or all** of the themes.
- **Text to Ray at 306-536-8920**
or email lentphoto@stcecregina.com
before Saturday of each week.

Dates and Themes

March 26 to 31

Light, Companionship, What I'm Reading, Gratitude, Stations of the Cross.
Send before April 1.

April 2 to 7

Hospitality, Spring Cleaning, Music, Blessing, Simple Supper.
Send before April 8.

April 9 to 14

Palm Cross, Prayer, Act of Service, Reflection, Passion, Rejoice!
Send before April 15.

The photos with your name will be shown before the weekend Masses.

10. Support the **Nickels for the North** initiative. A special project of the St. Cecilia Catholic Women's League in support of Catholic Missions in Canada. Please see the poster in the Welcoming Area.

Prepared by your Stewardship Team.
Melita Stenhouse, Team Leader